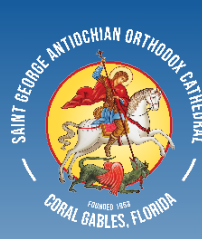


Saint George Antiochian Orthodox Cathedral

Sunday, March 5, 2023



كاتدرائية القديس جاورجيوس للروم الأرثوذكس

الأحد ٥ آذار ٢٠٢٣

النشرة الأسبوعية

The Weekly Bulletin



FIRST SUNDAY OF GREAT LENT (SUNDAY OF ORTHODOXY)

الأحد الأول من الصوم الكبير (أحد الأورثوذكسية)

"The disciples were first called Christians in Antioch." Acts 11:26

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

The Orthodox Christian Faith proclaims the **Gospel of Jesus Christ**, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the **One, Holy, Catholic (Universal), and Apostolic Church** that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in **God the Father**, through **Jesus Christ**, and sustained by the **Holy Spirit. Visitor(s)**, please feel at home in prayer and worship. Only those practicing Orthodox Christians who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

Cathedral Administrative and Organizational Body

His Beatitude John X, *Patriarch*

Antioch and All East

The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*

Diocese of Miami and the Southeast

Very Reverend Father Paul R. Solberg, *Cathedral Dean*



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Sdn. Elie Bardawil

Sdn. Sean Hatem

Sdn. Louis Hatem

Sdn. Hanna Soufia

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Dr. Don Shalhub, *Chanter*

Yamil Zacur, *Lead Usher*

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Tony Zammar, *Antiochian Men*

SOYO Advisory Team:

Hannan Mounayyer, *Lead Advisor*

Said Elhaj

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

CHANGES IN THE DIVINE LITURGY

تغييرات في القداس

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this *Weekly Bulletin* for the changes in today's Divine Liturgy (SEE BELOW).

~ During the Little Entrance ~

Apolytikion of the First Sunday of Great Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world. لِصَوْرَتِكَ الطَاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرَانَ الْخَطَايَا، أَيُّهَا الْمَسِيحُ الْهُنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ بِالْجَسَدِ عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ عُبُودِيَّةِ الْعَدُوِّ. لِذَلِكَ نَهْتَفُ إِلَيْكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الْكُلَّ فَرِحاً يَا مُخَلِّصَنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

The Entrance Hymn for Ordinary Sundays (Tone Two)

O come, let us worship and fall down before Christ, our King and our God. Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.

عِنْدَمَا انْحَدَرْتَ إِلَى الْمَوْتِ، أَيُّهَا الْحَيَاةُ الَّذِي لَا يَمُوتُ، حِينَئِذٍ أَمَّتِ الْجَحِيمَ بِبَرَقِ لَاهُوتِكَ. وَعِنْدَمَا أَقَمْتَ الْأَمْوَاتَ مِنْ تَحْتِ الثَّرَى، صَرَخَ نَحْوَكُ جَمِيعُ الْقَوَاتِ السَّمَاوِيِّينَ: أَيُّهَا الْمَسِيحُ الْإِلَهَ، مُعْطِي الْحَيَاةِ الْمَجْدُ لَكَ.

~ After the Little Entrance ~

Apolytikion of the Resurrection (Tone Five)

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

لِنُسَبِّحْ نَحْنُ الْمُؤْمِنِينَ وَنَسْجُدُ لِلْكَلِمَةِ، الْمُسَاوِي لِأَبِ وَالرُّوحِ فِي الْأَزَلِيَّةِ وَعَدَمِ الْإِبْتِدَاءِ، الْمَوْلُودِ مِنْ الْعَذْرَاءِ لِخَلَاصِنَا، لِأَنَّهُ سَرَّ بِالْجَسَدِ أَنْ يَغْلُوَ عَلَى الصَّلِيبِ، وَيَحْتَمِلَ الْمَوْتَ، وَيُنْهَضَ الْمَوْتَى بِقِيَامَتِهِ الْمَجِيدَةِ.

Apolytikion of the First Sunday of Great Lent (Tone Two)

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by Thine own will Thou didst ascend the Cross in Thy body, to save Thy creatures from the bondage of the enemy. Wherefore, with thankfulness we cry aloud to thee: Thou hast verily filled all with joy, since Thou didst come, O our Savior, to save the world.

لِصُورَتِكَ الطَّاهِرَةِ نَسْجُدُ أَيُّهَا الصَّالِحُ، طَالِبِينَ غُفْرَانَ الْخَطَايَا، أَيُّهَا الْمَسِيحُ الْهَنَا، لِأَنَّكَ قَبِلْتَ أَنْ تَرْتَفِعَ بِالْجَسَدِ عَلَى الصَّلِيبِ طَوْعاً، لِتُنَجِّيَ الَّذِينَ خَلَقْتَ مِنْ عُبُودِيَّةِ الْعَدُوِّ. لِذَلِكَ نَهْتَفُ إِلَيْكَ بِشُكْرٍ: لَقَدْ مَلَأْتَ الْكُلَّ فَرِحاً يَا مُخَلِّصَنَا، إِذْ أَتَيْتَ لِتُخَلِّصَ الْعَالَمَ.

Apolytikion of St. George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls.

بِمَا أَنَّكَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمُعْتَقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ وَعَنِ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي الشُّهَدَاءِ جَاورِجِيوسُ اللَّابِسُ الظَّفَرَ تَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِيِّ فِي خَلَاصِ نُفُوسِنَا.

Kontakion for Sundays of Great Lent (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

إني أنا عبدك يا والدة الإله * أكتبُ لكِ راياتِ الغلبة * يا جُنْدِيَّةَ مُحَامِيَّةَ * وأقدمُ لكِ الشُّكْرَ
كَمُنْقَذَةٍ مِنَ الشَّدَائِدِ * لَكِنْ مِمَّا أَنَّ لَكَ الْعِزَّةَ التي لا تُحَارَبُ * أعنِّقيني مِنْ صُنُوفِ الشَّدَائِدِ *
حَتَّى أَصْرُخَ إِلَيْكَ: إفرحي يا عروساً لا عروسَ لها.

Blessed art Thou, O Lord, the God of our fathers.
For Thou art just in all that Thou hast done for us.

The Reading from the First Epistle of St. Paul to the Hebrews. (11:24-26, 32-40)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter; choosing rather to share ill-treatment with the people of God, than to enjoy the pleasures of sin for a season; esteeming the reproach of the Christ greater riches than the treasures of Egypt; for he looked to the recompense of reward. And what more shall I say? For the time would fail me if I tell of Gideon, Barak, Sampson, Jephthah, of David and Samuel and all the prophets, who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the power of fire, escaped the edge of the sword, from weakness were made strong, became mighty in war, and turned to flight armies of the aliens. Women received their dead by resurrection, and others were tortured, not accepting their deliverance, that they might obtain a better resurrection. And others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn asunder, they were tempted, they were slain with the sword; they went about in skins of sheep and goats, being destitute, afflicted, tormented (of whom the world was not worthy), wandering in deserts and mountains, and in dens and caves of the earth. And all these, having obtained a witness through their faith, did not receive the promise, since God had foreseen something better for us, that apart from us they should not be made perfect.

مُبَارَكٌ أَنْتَ يَا رَبُّ إِلَهَ آبَائِنَا.
لَأَنَّكَ عَادِلٌ فِي كُلِّ مَا صَنَعْتَ بِنَا.
فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولْسِ الرَّسُولِ إِلَى الْعِبْرَانِيِّينَ.

يَا إِخْوَةَ، بِالْإِيمَانِ مُوسَى لَمَّا كَبُرَ أَبِي أَنْ يُدْعَى ابْنًا لِأَنَّه فِرْعَوْنُ. مُخْتَارًا الشَّقَاءَ مَعَ شَعْبِ اللَّهِ عَلَى التَّمَتُّعِ الْوَقْتِيِّ بِالْخَطِيئَةِ. وَمُعْتَبِرًا عَارَ الْمَسِيحِ غَنِيًّا أَعْظَمَ مِنْ كُنُوزِ مِصْرَ، لِأَنَّهُ تَنَظَّرَ إِلَى الثَّوَابِ. وَمَاذَا أَقُولُ أَيْضًا؟ إِنَّهُ يُضِيقُ بِي الْوَقْتُ إِنْ أَخْبَرْتُ عَنْ جِدْعُونَ وَبَارَاقِ وَشِمَشُونَ وَيَفْتَاخِ وَدَاوُدَ وَصَمُوئِيلَ وَالْأَنْبِيَاءِ. الَّذِينَ بِالْإِيمَانِ قَهَرُوا الْمَمَالِكَ، وَعَمِلُوا الْبِرَّ، وَنَالُوا الْمَوَاعِدَ، وَسَدُّوا أَفْوَاهَ الْأَسُودِ. وَأَطْفَأُوا حِدَّةَ النَّارِ، وَنَجَّوْا مِنْ حَدِّ السَّيْفِ، وَتَقَوَّوْا مِنْ ضَعْفٍ، وَصَارُوا أَشَدَّاءَ فِي الْحَرْبِ، وَكَسَرُوا مِعْسَكَرَاتِ الْأَجَانِبِ. وَأَخَذَتْ نِسَاءُ أَمْوَاتِهِنَّ بِالْقِيَامَةِ. وَعَدَّبَ آخَرُونَ بِتَوْبِيرِ الْأَعْضَاءِ وَالضَّرْبِ، وَلَمْ يَقْبَلُوا بِالنَّجَاةِ، لِيَحْصَلُوا عَلَى قِيَامَةٍ أَفْضَلَ. وَآخَرُونَ ذَاقُوا الْهَزَّةَ وَالْجَلْدَ وَالْقَيْودَ أَيْضًا وَالسَّجْنَ. وَرُجِمُوا، وَنُشِرُوا، وَامْتَحَنُوا، وَمَاتُوا بِحَدِّ السَّيْفِ، وَسَاحَوْا فِي جُلُودِ غَنَمٍ وَمِعْزٍ، وَهُمْ مُعَوَّزُونَ مُضَائِقُونَ مَجْهُودُونَ، (وَلَمْ يَكُنِ الْعَالَمُ مُسْتَحَقًّا لَهُمْ) وَكَانُوا تَائِهِينَ فِي الْبَرَارِيِّ وَالْجِبَالِ، وَالْمِغَاوِرِ وَكُهُوفِ الْأَرْضِ. فَهَؤُلَاءِ كُلُّهُمْ مَشْهُودًا لَهُمْ بِالْإِيمَانِ، لَمْ يَنَالُوا الْمَوْعِدَ. لِأَنَّ اللَّهَ سَبَقَ فَتَنَظَّرَ لَنَا شَيْئًا أَفْضَلَ، أَنْ لَا يَكْمَلُوا بَدُونِنَا.

The Reading from the Holy Gospel according to St. John (1:43-51)

At that time, Jesus decided to go to Galilee. And He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and said to him, "We have found Him of Whom Moses in the Law and also the Prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to Him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to Jesus, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered Him, "Rabbi, Thou art the Son of God! Thou art the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And Jesus said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ يُوْحَنَّا الْإِنْجِيلِيِّ الْبَشِيرِ، وَالتَّلْمِيزِ الطَّاهِرِ.

فِي ذَلِكَ الزَّمَانِ، أَرَادَ يَسُوعُ الْخُرُوجَ إِلَى الْجَلِيلِ فَوَجَدَ فِيلِبُّسَ فَقَالَ لَهُ: اتَّبِعْنِي. وَكَانَ فِيلِبُّسُ مِنْ بَيْتِ صَيْدَا مِنْ مَدِينَةِ أَنْدَرَاوَسَ وَبُطْرُسَ. فَوَجَدَ فِيلِبُّسُ نَثْنَائِيلَ، فَقَالَ لَهُ: إِنَّ الَّذِي كَتَبَ عَنْهُ مُوسَى فِي النَّامُوسِ وَالْأَنْبِيَاءِ قَدْ وَجَدْنَاهُ، وَهُوَ يَسُوعُ بْنُ يَوْسُفَ الَّذِي مِنَ النَّاصِرَةِ. فَقَالَ لَهُ نَثْنَائِيلُ: أَمِنْ النَّاصِرَةِ يُمْكِنُ أَنْ يَكُونَ شَيْءٌ صَالِحٌ؟ فَقَالَ لَهُ فِيلِبُّسُ: تَعَالَ وَأَنْظُرْ. فَرَأَى يَسُوعُ نَثْنَائِيلَ مُقْبِلًا إِلَيْهِ، فَقَالَ عَنْهُ: هُوَذَا إِسْرَائِيلِيُّ حَقًّا لَا غِشَّ فِيهِ. فَقَالَ لَهُ نَثْنَائِيلُ: مِنْ أَيْنَ تَعْرِفُنِي؟ أَجَابَ يَسُوعُ، وَقَالَ لَهُ: قَبْلَ أَنْ يَدْعُوكَ فِيلِبُّسُ وَأَنْتَ تَحْتَ التَّيْنَةِ رَأَيْتَكَ. أَجَابَ نَثْنَائِيلُ وَقَالَ لَهُ: يَا مُعَلِّمُ، أَنْتَ ابْنُ اللَّهِ، أَنْتَ مَلِكُ إِسْرَائِيلَ. أَجَابَ يَسُوعُ وَقَالَ لَهُ: لِأَنِّي قُلْتُ لَكَ إِي رَأَيْتَكَ تَحْتَ التَّيْنَةِ آمَنْتَ؟ إِنَّكَ سَتَعَايِنُ أَعْظَمَ مِنْ هَذَا. وَقَالَ لَهُ: الْحَقُّ الْحَقُّ أَقُولُ لَكُمْ، إِنَّكُمْ مِنَ الْآنَ تَرَوْنَ السَّمَاءَ مَفْتُوحَةً، وَمَلَائِكَةَ اللَّهِ يَصْعَدُونَ وَيَنْزِلُونَ عَلَى ابْنِ الْبَشَرِ.

THE SYNAXARION

On March 5 in the Holy Orthodox Church, we celebrate the **Sunday of Orthodoxy**.



The Seventh Ecumenical Council dealt predominantly with the controversy regarding icons and their place in Orthodox worship. It was convened in Nicaea in 787 by Empress Irene at the request of Tarasios, Patriarch of Constantinople. The Council was attended by 367 bishops.

Almost a century before this, the iconoclastic controversy had once more shaken the foundations of both Church and State in the Byzantine empire. Excessive religious respect and the ascribed miracles to icons by some members of society, approached the point of worship (due only to God) and idolatry.

This instigated excesses at the other extreme by which icons were completely taken out of the liturgical life of the Church by the Iconoclasts. The Iconophiles, on the other-hand, believed that icons served to preserve the doctrinal teachings of the Church; they considered icons to be man's dynamic way of expressing the divine through art and beauty.

The Council decided on a doctrine by which icons should be venerated but not worshipped. In answering the Empress' invitation to the Council, Pope Hadrian replied with a letter in which he also held the position of extending veneration to icons but not worship, the last befitting only God.

The decree of the Council for restoring icons to churches added an important clause which still stands at the foundation of the rationale for using and venerating icons in the Orthodox Church to this very day: "We define that the holy icons, whether in colour, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Saviour Jesus Christ, that of our Lady the Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love their prototype. We define also that they should be kissed and that they are an object of veneration and honour (timitiki proskynisis), but not of real worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature. The veneration accorded to an icon is in effect transmitted to the prototype; he who venerates the icon, venerated in it the reality for which it stands".

An Endemousa (Regional) Synod was called in Constantinople in 843. Under Empress Theodora. The veneration of icons was solemnly proclaimed at the Hagia Sophia Cathedral. The Empress, her son Michael III, Patriarch Methodios, and monks and clergy came in procession and restored the icons in their rightful place. The day was called "Triumph of Orthodoxy." Since that time, this event is commemorated yearly with a special service on the first Sunday of Lent, the "Sunday of Orthodoxy".

Orthodox teaching about icons, as defined at the Seventh Ecumenical Council of 787, is embodied in the texts sung on this Sunday.



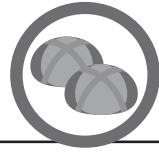
TODAY

March 5, 2023

EPISTLE READER

English: Jackie Barakat-Wanna

Arabic: Yolla Hayek



HOLY BREAD OFFERING

<p>TODAY March 5</p>	<p>Suhel and Najwa Turjman For the good health of their family Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families In Memory of their mother Sally (Salwa) Mobayed</p>
<p>March 12</p>	<p>Suhel and Najwa Turjman For the good health of their family Zeina Bardawil Farah For the good health of Paula and Rima Bardawil on the occasion of their birthdays and In memory of Daisy & Elias Bardawil, WG and Nellie Bardowell, Emile Farah and Marie Farah</p>
<p>March 19</p>	<p>Suhel and Najwa Turjman For the good health of their family</p>
<p>March 26</p>	<p>Salem and Hannan Mounayyer in Memory of +Naife Mounayyer Hakim Suhel and Najwa Turjman For the good health of their family Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families 40 days memorial Service for their mother Sally (Salwa) Mobayed The Cathedral Council For the good health of Fr. Ayman, Kh. Elaina, Maya, Layla and Stella Kfouf</p>

COFFEE HOUR SPONSOR

<p>TODAY March 5</p>	<p>Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families In Memory of their mother Sally (Salwa) Mobayed</p>
<p>March 12</p>	<p>OPEN</p>
<p>March 19</p>	<p>OPEN</p>
<p>March 26</p>	<p>Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families In Memory of their mother Sally (Salwa) Mobayed</p>

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.



ALTAR VIGIL CANDLE

The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).

March

Mouna Dahlan & Family, Mabardi Family
Shamasseh Pat Nimer
In memory of +Archdeacon David Nimer
Zeina Bardawil & Family

PRAYER LIST

Prayer List of the Living

Suhel and Najwa Turjman and family; Zeina Bardawil Farah; Raymond Mobayed, Jennifer Mobayed and Janine Hensley; Mouna and Laura Dahlan; Wadia, Maha, Nicholas, Nicole Mabardi; Shammaseh Pat Nimer and the Nimer & Ameen Families; Matilda Rubeiz; Carol Bardawil: Hala Massini; Dr. Elias Shaheen; Fr. Ayman, Kh. Elaina, Maya, Layla and Stella Kfouf; Munir Genineh; Naya Sesein; Cathy and Logan Ruff; Tabte, Jamal, and Mona Habib; Souad Nahas; Laila Soufia; Jeanette Haddad-Stern; Elsa Merino; Roger Nimer, The Entire Sayfie Family; Aregash Gebriel, Susan Panayotti Elias, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Jean Joseph, Martha Alfonso, Kiwan Khoury; Najat Zacur, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan; Amal Jumean; Tony Bikhazi; Basna Family; Rima Bardawil

Prayer List of the +Departed

+Metropolitan PHILIP Saliba of Thrice Blessed Memory
+Archdeacon David Nimer
+Sally (Salwa) Mobayed
+Elia Bikhazi
+Alice Soudah
+Ibrahim Khoury
+Salma Newman
+Dr. Eugene Sayfie
+Dr. Maurice Bardawil
+Kareem Zakharia
+William Bardawil
+Sean Nicholas O'Brien
+Emile Farah
+Michel Husson
+Michael Dahlan
+Samira Abou Rjaily
+George Chukrallah Habib
+Jorge Diab Zacur
+Ghassan Basna
+Lilly Ajouz-Jahho
+Lourdy Youssef



Cathedral Calendar



Today	Orthros (Matins)	9:15 a.m.
	Divine Liturgy	10:30 a.m.
Today	Sunday School Classes	following Divine Liturgy
Today	Sunday of Orthodoxy Procession	following Divine Liturgy

Save the Date!

Palm Sunday	April 9
Great and Holy PASCHA (Easter)	April 16
Patronal Feast of Saint George	April 23
OSIA Annual Golf Tournament	April 29
Diocese of Miami Parish Life Conference, Miami, FL	June 14-17
Saint George Cathedral's 70th Anniversary Celebration	June 17
2023 Archdiocese Convention Phoenix, AZ	July 23-30

ANNOUNCEMENTS

Today. There will be a second collection, to support our Antiochian Seminarians in their studies. Please see Metropolitan ANTONIOS letter enclosed. Thank you for your generous support.

Today. Sunday of Orthodoxy / Procession of Icons.

On the first Sunday in Lent, we commemorate the decision of the Seventh Ecumenical Council in 787 A.D. upholding the use of holy icons in Orthodox worship. We also commemorate today the unity of Orthodox belief and the oneness of our Faith—across languages, continents, and centuries.

All Sunday School students and anyone wishing to process carrying an icon are encouraged to do so. Please bring your favorite icon as we commemorate this historical day in the life of the church!



**Registration is NOW OPEN for the 2023 Parish Life Conference (PLC)
June 14-17, 2023**

Register at www.miamiplc.org

Please see Hannan Mounayyer or Jackie Barakat-Wanna for sponsorship opportunities.



**METROPOLITAN SABA CHOSEN BY GOD AND THE HOLY SYNOD OF THE CHURCH OF ANTIOCH
METROPOLITAN OF THE ARCHDIOCESE OF NEW YORK AND ALL NORTH AMERICA**

By: Bishop John

Bishop Nicholas and I were blessed to be the first of the Archdiocese of North America to welcome our new Metropolitan. We were there as all of the Antiochian Bishops from around the world of the Antiochian Patriarchate gathered at the Balamand to do God's work in this election. We were there as the Holy Spirit was invoked and God accomplished His work. I am personally pleased and at peace with this selection and assured of the stability and future of our Church in America.

Tradition in the Church is often defined as God's action in salvation history. The scriptures, worship, icons and canons of the Church express God's inspiration and work in our lives. I remember the election of Metropolitan Philip. I also remember the elections of my parish priest Ilyas Kurban, and other North American priests Elias Audi, Gibran Ramlawey and Paul Saliba who were elected metropolitans for other churches of the Patriarchate. The same or similar nomination and election processes were followed as is the Tradition of our Orthodox Church.

Patriarch John X 's assertion that the Archdiocese of North America and all of the other Archdioceses of the Patriarchate are one was made manifest as the Holy Fathers of the Patriarchate arrived and interacted with us. They knew our concerns, studied the reports and met for a night and a day to discern God's will. These men asked about our families, and even know about the weather in our regions. They understood and felt our challenges and pains because they naturally took them on as their own. Each has families in America or have families in their dioceses that have families in America. They read *The WORD* and know how our parishes function. It is obvious to me that they don't just know about us, they love us and care for us as their own. Patriarch John is correct, we are one Antiochian family and America belongs to Antioch and Antioch to America.

Metropolitan Saba's reputation is that he is an enthusiastic and learned teacher of our faith, prayerful and loving. He is a man who is humble and eminent at the same time. He is able to be firm in his leadership and empathetic to the suffering of his clergy and flock. He lives the simple life of a monk while guiding his flock who are in the world. He listens and he understands. I was totally won over by his demeanor and the love that naturally flows from his person.

Following the election, the bishops all gathered for a meal. Bishop Nicholas and I thanked Patriarch John and each of the bishops personally for gathering for us. Beside a short report about the relief efforts for those in Turkey and Syria, the American Church was the only agenda item for this gathering. Some Metropolitans traveled for days to get to the meeting from places like Australia, Mexico and Europe at considerable personal expense. We in America are or should be appreciative for their love and sacrifice.

We are also grateful to Patriarch John and those Metropolitans who listened to our delegations from our Archdiocese both before and after our nominating convention in Dallas. Fawaz and Salim took time from their busy lives for both of these meetings. We are grateful to them and all of those who went from America to meet with the Patriarch. All that was discussed was considered as well as all of the comments made to Patriarchal Vicar Metropolitan Antonios, during his investigative stay in America. We are grateful to Metropolitan Antonios who spent months away from his Archdiocese to care for us and kept us together and focused on our mission by his love and gentleness.

I believe that God has acted for His Church in America through this election. It is now up to us to follow our new Metropolitan Saba, Archbishop of New York and Metropolitan of all North America to continue the good legacy of this Archdiocese. In the words of St. Gregory of Nyssa, may Metropolitan Saba lead us *from glory to glory*.



**ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA**

Prot. no.: PV075/2023

The Sunday of Orthodoxy, March 5, 2023

To be read from the pulpit and printed in the bulletin.

Beloved Brother Hierarchs, reverend Clergy, and Christ-loving Faithful,

Greetings to you in the Name of our Lord, God, and Savior Jesus Christ.

Each year we ask for your support of our archdiocesan seminarians on the Sunday of Orthodoxy, as we celebrate those who have defended and preserved the Orthodox Faith over the centuries. The Church continues and prospers from generation to generation because of those who answer God's call and dedicate their lives to His service. In particular, its life and growth depend on men and their families responding when God calls them to the holy priesthood, so that they might care for the souls of the faithful and lead our parishes in worship and outreach.

The ability of these men to fulfill their calling depends on their being properly prepared. In the sacred scriptures, the Prophet Samuel needed Eli's help to recognize the Lord's voice calling him. The Prophets Isaiah and Jeremiah needed to experience divine grace touching their lips before they could proclaim the word of God. The holy apostles needed to spend years with our Lord Jesus Christ—following Him, listening to Him, and observing Him—before they received the Spirit and went forth to preach. Likewise, those called to the priesthood need an opportunity to step away from worldly responsibilities and immerse themselves in the Church's worship, ethos, and teaching at seminary.

To do this, they need your financial help. When they come to seminary in order to prepare to serve you—to bring the grace of God into your parish, your family, and your soul—they leave behind the secular work that supports them and their families. As an archdiocese, we have always come together to shoulder the financial burden of this preparation by providing scholarships and housing aid. Your generous gifts today will thus make their future service possible.

With prayers for all of you as we continue along the life-giving path of the Great Fast toward the glorious day of Pascha, I remain,

Yours in Christ,

✠Metropolitan ANTONIOS

Metropolitan of Zahle, Baalbek, and Dependencies
Patriarchal Vicar of New York and All North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

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ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Prot. no.: PV046/2023

March 2023

Beloved Antiochian Women throughout our God-protected Archdiocese,

Greetings and blessings to you in this holy Lenten season of repentance and renewal.

Each year, March is a special time for us to recognize the essential contribution of women in our archdiocese. This month is so appropriate for such a reminder because it includes the Feast of the Annunciation and the singing of the Akathist Hymn, both of which celebrate the essential role of the Most Holy Theotokos in the economy of God for our salvation. This is, therefore, a time to reflect on her exemplary womanhood and to appreciate how the women of our archdiocese continue her legacy today.

At the Annunciation, Mary the Theotokos encountered Archangel Gabriel, who informed her that she, as a virgin, would give birth to the Son of God for the salvation of mankind (Luke 1:26–38). Imagine her shock and surprise! Consider what thoughts went through her mind! Yet none of this shook her faith in the sureness of the word of God sent to her. By accepting this word, she accepted God the Word into her womb; through her faith, she received the promised blessing, as the Only-Begotten Son of God took flesh within her. While remaining ever virgin, she thus became the Mother of God (the Theotokos), as well as an icon of obedience to the Lord. She said, “I am the handmaiden of the Lord; let it be to me according to your word” (Luke 1:38), and by this example she has inspired Christian women throughout the centuries to follow in her footsteps, bringing Christ into the world by faithfully and courageously embracing the word of God in their lives.

Dear sisters, this is the courageous faith we all need when God calls us to serve Him, in ways large and small. Setting aside doubts, fears, and any other distraction, let us embrace the word of God to us, the cosmic work of salvation that God even now calls us to participate in.

Antiochian Women across this archdiocese support the Church in so many ways. In particular, each year you work hard to raise funds for crucial needs in our archdiocese, through your annual project. In light of the recent devastation caused by the powerful earthquake in Syria and Turkey—including in the historical center of our patriarchate, Antakya—we have decided to shift this year’s fundraising to support “Disaster Relief.” I encourage you to redouble your efforts so that those suffering from unthinkable tragedy might receive the fruits of your labor as a life-sustaining support and a gesture of love.

Wishing you and your families—in the name of His Beatitude Patriarch John X and on my own behalf—a blessed remainder of the Great Fast and a most joyous Pascha, I remain,

Yours in Christ,

✠Metropolitan ANTONIOS

Metropolitan of Zahle, Baalbek, and Dependencies
Patriarchal Vicar of New York and All North America

“The disciples were first called Christians in Antioch” (Acts 11: 26)

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Saint George Antiochian Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Miami and the Southeast
V. Rev. Fr. Paul R. Solberg, Dean

March 2023

Beloved in Christ,

The following are fasting suggestions from “Morning Offering”.

- FAST from self-concern and FEAST on compassion for others.
- FAST from discouragement and FEAST on hope.
- FAST from lethargy and FEAST on enthusiasm.
- FAST from suspicion and FEAST on truth.
- FAST from thoughts that weaken and FEAST on promises that inspire.
- FAST from shadows of sorrow and FEAST on the sunlight of serenity.
- FAST from idle gossip and FEAST on purposeful silence.
- FAST from problems that overwhelm you and FEAST on prayer that sustains.
- FAST from criticism and FEAST on praise.
- FAST from self-pity and FEAST on joy.
- FAST from ill-temper and FEAST on peace.
- FAST from resentment and FEAST on contentment.
- FAST from jealousy and FEAST on love.
- FAST from pride and FEAST on humility.
- FAST from selfishness and FEAST on service.

Chapter 3 of The Book of Proverbs is one of the passages assigned for today in our Cathedral Calendar. You will be blessed to read and take to heart this beautiful passage entitled: “**Wisdom Bestows Well-Being**”.

³ My son, do not forget my teaching, but keep my commands in your heart, ² for they will prolong your life many years and bring you peace and prosperity.

³ Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. ⁴ Then you will win favor and a good name in the sight of God and man.

⁵ Trust in the Lord with all your heart and lean not on your own understanding; ⁶ in all your ways submit to him, and he will make your paths straight.^[a]

⁷ Do not be wise in your own eyes; fear the Lord and shun evil. ⁸ This will bring health to your body and nourishment to your bones.

⁹ Honor the Lord with your wealth, with the first fruits of all your crops; ¹⁰ then your barns will be filled to overflowing, and your vats will brim over with new wine.

¹¹ My son, do not despise the Lord's discipline, and do not resent his rebuke, ¹² because the Lord disciplines those he loves, as a father the son he delights in.^[b]

¹³ Blessed are those who find wisdom, those who gain understanding, ¹⁴ for she is more profitable than silver and yields better returns than gold. ¹⁵ She is more precious than rubies; nothing you desire can compare with her. ¹⁶ Long life is in her right hand; in her left hand are riches and honor. ¹⁷ Her ways are pleasant ways, and all her paths are peace. ¹⁸ She is a tree of life to those who take hold of her those who hold her fast will be blessed.

May your journey to celebrate Holy Pascha be filled with the Lord's peace and presence.

+Father Paul
Cathedral Dean



Saint George Antiochian Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Miami and the Southeast
V. Rev. Fr. Paul R. Solberg

GREAT LENT AND HOLY WEEK 2023 (February 27 – April 15)

The Lenten fasting discipline commences after Forgiveness Vespers on March 6 and concludes with the breaking of the fast at Pascha on April 16. In general, the fasting rules during Great Lent and Holy Week are as follows:

WEEKDAYS (Monday – Friday) are observed as *Strict Fast Days*. On these days we abstain from meat, dairy, fish with backbones, fowl, wine and oil.

WEEKENDS (Saturday and Sunday) are observed as *Wine and Oil Days*. On these days the fast is relaxed to permit wine and olive oil.

In addition, two special feast days that fall during this period – **Annunciation (March 25)** and **Palm Sunday (April 9, this year)** – are kept as *Fish, Wine, and Oil Days*. On these days the fast is relaxed to permit fish with backbones, in addition to wine and olive oil.

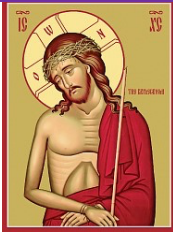
There are certain days of the Holy Week cycle that have special fasting rules.

- **Great and Holy Thursday (April 13, this year)** is observed as a *Wine and Oil Day* due to the commemoration of the institution of the Eucharist.
- **Great and Holy Saturday (April 15, this year)** is observed as a *Strict Fast Day* – the only Saturday of the year kept as a strict fast; however, wine (but not oil) is permitted.

Additional Notes:

1. Meals portions should be smaller than usual.
2. Fasting on the weekdays of the first week of Great Lent is especially severe. The strictest observance would be to take only 2 meals during this week – 1 on Wednesday evening and 1 on Friday evening after the services scheduled for those nights – keeping Clean Monday, Tuesday, and Thursday as absolute fasts (i.e., no food whatsoever). **For many this is impracticable.** A good starting place to work towards the strict observance is to keep the first day of Great Lent, Clean Monday, as an absolute fast and to limit meals on the other days.
3. It is a pious practice to observe Great and Holy Friday as an absolute fast. If one does not have the strength to do this, it is good to abstain from food until after venerating the epitaphios (winding sheet) during Vespers on this day.
4. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
5. Generally speaking, beginners plus children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

Please consult me before you attempt to strictly follow the fasting guidelines. Fasting is an ideal for which we should strive, but it is not end in itself. Becoming like Jesus is our ultimate goal.



2023 Great Lent and Holy Week Services

٢٠٢٣ الصيام العظيم وخدمات الأسبوع المقدس

Feb. 19	١٩ شباط	Sunday: Orthros and Divine Liturgy – Meat Fare. الخدمة السحرية والقداس الإلهي - مرفع اللحم	9:15am صباحا
Feb. 25	٢٥ شباط	Saturday: Orthros and Divine Liturgy – Saturday of Souls and Blessing of the Graves سبت الأموات و زياره القبور. Great Vespers Service صلاة الغروب	9:15am صباحا 5:00pm مساء
Feb. 26	٢٦ شباط	Sunday: Orthros and Divine Liturgy - Cheese-Fare Forgiveness Sunday الاحد: مرفع الجبن و أحد الغفران	9:15am صباحا
Feb. 27	٢٧ شباط	Clean Monday: Great Compline Service بدء الصوم المقدس: صلاة النوم الكبرى	7:00pm مساء
Feb. 28	٢٨ شباط	Tuesday: Great Compline Service صلاة النوم الكبرى	7:00pm مساء
March 1	١ اذار	Wednesday: Presanctified Liturgy الاربعاء: قداس القديسات السابق تقديسها.	7:00pm مساء
March 2	٢ اذار	Thursday: Great Compline Service الخميس: صلاة النوم الكبرى.	7:00pm مساء
March 3	٣ اذار	Friday: 1st Akathist (Madayeh) w/Potluck Dinner خدمه مديح والدة الاله الأولى	7:00pm مساء
March 4	٤ اذار	Saturday: Orthros and Divine Liturgy – Saturday of Souls and Blessing of the Graves السبت: سبت الأموات و زياره القبور. Great Vespers Service صلاة الغروب	9:15am صباحا 5:00pm مساء
March 5	٥ اذار	Sunday: Orthros and Divine Liturgy – Sunday of Orthodoxy and Procession of the Icons احد الأرثوذكسية و موكب الايقونات.	9:15am صباحا
March 6	٦ اذار	Monday: Great Compline Service الاثنين: صلاة النوم الكبرى.	7:00pm مساء
March 8	٨ اذار	Wednesday: Presanctified Liturgy الأربعاء: خدمه القداس السابق تقديسه	7:00pm مساء
March 10	١٠ اذار	Friday: 2nd Akathist (Madayeh) w/Potluck Dinner الجمعة: خدمه مديح والدة الاله الثانية	7:00pm مساء
March 11	١١ اذار	Saturday: Divine Liturgy of St. John Chrysostom قداس القديس يوحنا ذهبي الفم. Great Vespers Service صلاة النوم الكبرى	9:15am صباحا 5:00pm مساء
March 12	١٢ اذار	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداس الإلهي.	9:15am صباحا
March 13	١٣ اذار	Monday: Great Compline Service. الاثنين: صلاة النوم الكبر	7:00pm مساء
March 15	١٥ اذار	Wednesday: Presanctified Liturgy الأربعاء: خدمه القداس السابق تقديس	7:00pm مساء
March 17	١٧ اذار	Friday: 3rd Akathist (Madayeh) w/Potluck Dinner. الجمعة: خدمه مديح والدة الاله الثالثة	7:00pm مساء
March 18	١٨ اذار	Saturday: Orthros and Divine Liturgy of St. John Chrysostom الخدمة السحرية والقداس الإلهي للقديس يوحنا ذهبي الفم Great Vespers Service صلاة الغروب	9:15am صباحا 5:00pm مساء
March 19	١٩ اذار	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداس الإلهي	9:15am صباحا
March 20	٢٠ اذار	Monday: Great Compline Service الاثنين: صلاة النوم الكبرى	7:00pm مساء
March 22	٢٢ اذار	Wednesday: Presanctified Liturgy الأربعاء: خدمه القداس السابق تقديسه	7:00pm مساء

March 24	٢٤ اذار	Friday: Great Vespers with Forth Stasis of Akathist Hymn w/Potluck Dinner and Lenten Retreat صلاة الغروب مع مديح الركود الرابع – اعتزال روحي.	7:00pm	مساء
March 25	٢٥ اذار	Saturday: Festal Orthros and Festival Divine Liturgy. (Annunciation to the Most Holy Theotokos) followed by Lenten Retreat Great Vespers Service followed by Lenten Retreat. صلاة الغروب – اعتزال روحي	9:15 am 5:00pm	صباحا مساء
March 26	٢٦ اذار	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداش الإلهي	9:15am	صباحا
March 27	٢٧ اذار	Monday: Great Compline Service الاثنين: صلاة النوم الكبرى	7:00pm	مساء
March 29	٢٩ اذار	Wednesday: Little Compline with Full Great Canon of Repentance by St. Andrew of Crete and the Life of St. Mary of Egypt صلاة النوم الصغرى مع القديس اندراوس الكريتي و القديسة مريم المصرية.	7:00pm	مساء
March 31	٣١ اذار	Friday: 5th Akathist (Madayeh) w/Potluck Dinner صلاة المديح الخامسة.	7:00pm	مساء
April 1	١ نيسان	Saturday: Great Vespers Service صلاة الغروب	5:00pm	مساء
April 2	٢ نيسان	Sunday: Orthros and Divine Liturgy الاحد: الخدمة السحرية و القداش الإلهي	9:15am	صباحا
April 3	٣ نيسان	Monday: Great Compline Service الاثنين: صلاة النوم الكبرى	7:00pm	مساء
April 5	٥ نيسان	Wednesday: Presanctified Liturgy خدمه القداش السابق تقديس	7:00pm	مساء
April 7	٧ نيسان	Friday: Little Compline with Canon of the Raising of Lazarus صلاة النوم وكانون اليعازر.	7:00pm	مساء
April 8	٨ نيسان	Saturday: Divine Liturgy for Lazarus Great Vespers Service سبت اليعازر. صلاة الغروب	9:15am 5:00pm	صباحا مساء
April 9	٩ نيسان	Sunday: Divine Services for Palm Sunday احد الشعانين.	9:15am	صباحا
April 9	٩ نيسان	Sunday: 1st Bridegroom Service صلاة الختن الأولى.	7:00pm	مساء
April 10	١٠ نيسان	Great Monday: 2nd Bridegroom Service صلاة الختن الثانية	7:00pm	مساء
April 11	١١ نيسان	Great Tuesday: 3rd Bridegroom Service صلاة الختن الثالثة	7:00pm	مساء
April 12	١٢ نيسان	Great Wednesday: Holy Unction Service صلاة الزيت المقدس	7:00pm	مساء
April 13	١٣ نيسان	Great Thursday: Divine Liturgy of St. Basil the Great followed by the Rite of the Washing of the Feet قداش القديس باسيليوس العظيم ويتبع طقوس غسل الارجل Great Thursday: 12 Passion Gospels صلاة الاثني عشر انجيل	10:00am 7:00pm	صباحا مساء
April 14	١٤ نيسان	Great and Holy Friday: Royal Hours خدمه الساعات الملكية الكبرى Great Friday: Taking Down of Body from the Cross إزالة المصلوب عن الصليب Great and Holy Friday: Lamentations. سهرانيه الجمعة العظيم (GREAT FRIDAY SOYO/YAF All-Night Vigil to Follow)	10:00am 3:00pm 7:00pm	صباحا مساء مساء
April 15	١٥ نيسان	Great and Holy Saturday: Vesperal Liturgy of Saint Basil قداش باسيليوس العظيم Great and Holy Saturday: Rush Procession and Orthros followed. By Paschal Liturgy سبت النور، سحرية العيد، الهجمة وقداش القيامة	9:00am 10:00p m	صباحا مساء
April 16	١٦ نيسان	GREAT AND HOLY PASCHA Sunday: Agape Vespers Service (followed by Annual Egg Hunt) عيد الفصح المجيد صلاة الياعوث	1:00pm	ظهرا

OUR JOURNEY TO PASCHA! 2023

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 5th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Trust in God, not yourself! Ask for His help before every task this week!
Normal Fast Week FEBRUARY 12th	 The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Use up/freeze meats this week.
The Last Judgment FEBRUARY 19th	 The Last Judgment (Meatfare) Reading: 1 Corinthians 8: 8-9; 2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Forgiveness Sunday FEBRUARY 26th	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY (Cheesefare)</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 5th	 <i>GREAT FAST BEGINS with FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 12th	 SAINT GREGORY PALAMAS Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 19th	 VENERATION OF THE HOLY CROSS <i>HALFWAY TO PASCHA!</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	Kneel in front of the cross every day, and remember that there is no resurrection without a cross!
4th Sunday of Lent MARCH 26th	 SAINT JOHN of the LADDER Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask Saint John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 2nd	 SAINT MARY of EGYPT Reading: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
PALM SUNDAY! APRIL 9th GREAT WEEK BEGINS	 <i>GREAT and HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 14th	 GREAT and HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE <i>BRIGHT WEEK</i>	Refrain from TV, Internet, and Phones to honor Christ's Death.
Feast of Feasts! APRIL 16th NO FASTING!	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1: 1-8 Gospel: John 1: 1-17	Greet everyone with "CHRIST IS RISEN!" and say it before good morning and goodnight!

طريقنا إلى الفصح! 2023

الأحد	الموضوع / الإنجيل	كيفية المشاركة
لا صيام هذا الأسبوع 5 شباط	أسابيع التريودي الفريسي والعشار الرسالة: 2 تيم 10:3-15 الإنجيل: لوقا 14:10-18	ثَقُوا بالله، لا بأنفسكم! أصرخوا مع العشار طالبين من الله الرحمة.
صيام عادي هذا الأسبوع 12 شباط	أحد الإبن الشاطر! الرسالة: 1 كور 12:6-20 الإنجيل: لوقا 11:32-15	أذهبوا إلى الاعتراف. إستنفذوا اللحم من بيتكم خلال هذا الأسبوع.
يوم الدينونة 19 شباط	يوم الدينونة (مرقع اللحم) الرسالة: 1 كور 8:8-9:2 الإنجيل: متى 25:31-46	صلي مواجهة الشرق هذا الأسبوع. المسيح يعود من المشرق وسوف ننظره! إستنفذوا البيض من بيتكم خلال هذا الأسبوع.
يوم الغفران 26 شباط	طرده آدم وحواء من الفردوس يوم الغفران (مرقع الجبن) الرسالة: رومية 13:11-14، 14:1-6 الإنجيل: متى 21:14-6	أطلوا المَغْفِرَةَ مِنْ بَعْضِكُم البعض هذا الأحد قبل الخلود إلى النوم.
الأحد الأول من الصوم 5 آذار	أحد الأرثوذكسية الرسالة: عب 24:11-26، 32:12-32 الإنجيل: يوحنا 1:43-51	إجلبوا أيقونة إلى الكنيسة للمشاركة في زياح الأيقونات.
الأحد الثاني من الصوم 12 آذار	القديس غريغوريوس بالاماس الرسالة: عب 1:2-10:3 الإنجيل: مرقس 2:1-12	إجلبوا مسيحة صلاة أرثوذكسية لتبريكها في الكنيسة! إستعملوها وصلوا صلاة يسوع يومياً في هذا الأسبوع.
الأحد الثالث من الصوم 19 آذار	السجود للصليب المقدس نصف الطريق الى الفصح! الرسالة: عب 4:14-5:6 الإنجيل: مرقس 8:34-9:1	أسجدوا للصليب كل يوم متذكرين أن لا قيامة من دون صليب!
الأحد الرابع من الصوم 26 آذار	القديس يوحنا السلمي الرسالة: عب 6:13-20 الإنجيل: مرقس 9:17-31	فيما تتسَلَقون سلمَ الفَضَائِلِ، أطلبوا من القديس يوحنا المُسَاعِدَةَ لبلوغ الفردوس، وأنتم تَرسُمون إشارة الصليب!
الأحد الخامس من الصوم 2 نيسان	القديسة مريم المصرية الرسالة: عب 9:11-14 الإنجيل: مرقس 10:32-45	أطلبوا من العذراء والدة الإله أن تمنحك وتمنح العالم أفكاراً طاهرة.
أحد الشعانين 9 نيسان	بدء الأسبوع العظيم المقدس دخول السيد إلى اورشليم الرسالة: قليبي 4:4-9 الإنجيل: يوحنا 12:1-18	زِينُوا الأيقونات بسعف النخل في بيتكم وسياراتكم!
الجمعة العظيمة 14 نيسان	الجمعة العظيمة موت المسيح على الصليب تحقق من أوقات الصلوات في هذه الأيام المقدسة سبت النور	إمتنعوا عن التلفزيون والإنترنت وعن استخدام هواتفكم.
عيد الأعياد 16 نيسان	الفصح المقدس! (المسيح قام!) الرسالة: اعمال 1:1-8 الإنجيل: يوحنا 1:1-17	القوا التحية قائلين "المسيح قام" عوضاً عن صباح الخير أو مساء الخير!



Saint George Antiochian Orthodox Cathedral

320 Palermo Avenue, Coral Gables, FL 33134

Phone: (305) 444-6541 Fax: (305) 445-6530

Email: Office@StGMiami.org Website: www.StGMiami.org



2023 Stewardship Commitment Form

"So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver." (II Corinthians 9:7)

Step 1: Family Name: _____

Step 2: If any changes, please use Membership Information Form to update all personal information.

Membership Information Form located at the church front entrance / or ask for a Stewardship Committee member

Step 3: Know your Membership Number: _____

Step 4: Be a Steward! – Share your Time and Talent by volunteering for a ministry! (Visit Website)

Step 5: Be a Steward! – Share your Treasure by making your Stewardship Commitment TODAY!

Please consider "prayerfully and sincerely" about your 2023 Stewardship Commitment.

In gratitude for God's blessings, I/we offer the following 2023 'WEEKLY' Stewardship Commitment

(Please Select):

\$20/Week (\$1,040 Annually) \$30/Week (\$1,560 Annually) \$50/Week (\$2,600 Annually) \$100/Week (\$5,200 Annually) Other \$____/Week (\$____ Annually)

Step 6: Please complete Payment Information below

Payment Options: (please select option A, B, or C)

(A) - Credit Card (please complete the following credit card information)

VISA MasterCard Discover

Name on Credit Card (Please Print): _____

Credit card number: _____ **Expiration Date:** ____/____

CSC code (back of card): _____ **Zip Code of billing address:** _____

Email address of credit card holder (used to send credit card receipt): _____

Authorization: By completing and signing this Credit Card Authorization form, I authorize *Saint George Cathedral* to charge my Credit Card the amount stated below for my 2023 Stewardship Pledge unless I provide a written cancellation.

Please select:

\$ _____ monthly (recurring donation)

\$ _____ one-time donation

Credit Card Authorization Signature: _____ **Date:** _____

(B) - Check/Cash (check is safer and better for your records and the Church records)

(C) - One-time check enclosed

Step 7: Please sign below

By signing this form, I commit myself / family as a Steward of Saint George Cathedral.

Signature: _____ **Print Name:** _____ **Date:** _____

Please note: For the General Assembly voting privilege in 2024, this form must be completed and 2023 pledge fulfilled.

CONFIDENTIAL: May not be distributed or reproduced / For Authorized Parish Personnel only

Please return your completed form to the Cathedral Office promptly.

For office use only

Received by: _____ **Date entered:** _____



Saint George Antiochian Orthodox Cathedral, Coral Gables, FL

78 Stewardship Commitments received as of February 28, 2023

Thank you for your generous support and growing the Saint George Cathedral Family!!!

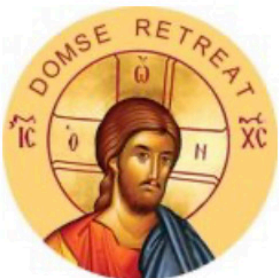
V. Rev. Father Paul and Khourieh Jane Solberg	Mrs. Tabte Habib	Mr. & Mrs. Mike and Mary Nasr
Mr. Alex Abu-Akel	Mr. & Mrs. John and Lisa Nasr Haddy	Shamasseh Pat Nimer
Mr. & Mrs. Atalla and Andrea Abu-Akel	Mr. Amal Hakim	Mr. Roger Nimer
Mrs. Ghada Al-Rahib	Mr. & Mrs. Muazzi and Michelle Hatem	Mr. & Mrs. Charles & Diana O'Brien
Mrs. Veronica Assaf	Mr. & Mrs. Mikhael and Yolla Hayek	Mr. & Mrs. Richard and Karen Razook
Mr. & Mrs. Elie and Mela Attie	Mr. & Mrs. Fadi and Belgica Hernandez Mourad	Mr. & Mrs. George and Zakieh Samaan
Mr. & Mrs. Marcos Aguiar and Jennifer Bandi	Mr. Bassem Jadon	Mrs. Judy Sayfie
Mr. George Barakat	Mr. Farid Jahjah	Mr. Justin Sayfie
Mrs. Jacqueline Barakat-Wanna	Mr. & Mrs. Osama and Nadia Jahjah	Dr. Don Shalhub
Sdn. & Mrs. Eile and Theresa Bardawil	Mr. Marwan Michael Jarrouge	Dr. & Mrs. Waleed and Marie Snejj
Mr. & Mrs. Majed and Mary Barjoud	Dr. Hani and Ferial Jumean	Mr. & Mrs. Nasser and Tania Soufia
Mr. Christopher Barker	Mr. & Mrs. George and Myrna Khouri	Ms. Noura Soufia
Mr. Christopher Buzzetta	Mr. & Mrs. George & Widaa Khoury	Mr. Amleset Tekle
Mr. James Calder	Mr. George Mayez Khoury	Mr. & Mrs. Suhel and Najwa Turjman
Mrs. Mouna Dahlan	Mr. Waseem Khoury	Ms. Amani Wanna
Mr. Abdallah Daiha	Mr. & Mrs. Vladimir and Carmen Kostik	Mr. & Mrs. Salah and Soraya Wassef
Ms. Denise Ede-Aloise	Mr. & Mrs. Eddie and Maha Mabardi	Mr. & Mrs. Youssef and Reem Yazji
Dr. Diane Ede-Nichols	Dr. Nicholas Mabardi	Mr. & Mrs. Basel and Hiba Zacur
Mr. Douglas Ede	Mr. & Mrs. Michael and Tatiana Malouf	Mrs. Najat Zacur
Mr. and Mrs. Elias and Ernestine Ede	Mr. & Mrs. Samir and Theresa Mekhal	Mr. & Mrs. Yamil and Salma Zacur
Mr. & Mrs. Said and Lama El-Haj	Mrs. Sally (Salwa) Mobayed	Mr. Castan Georges Zaineh
Mr. & Mrs. David and Dannie Esper	Mr. Sebastian Moreno	Mr. & Mrs. Bassam and Xiomara Zammar
Mr. Waжды Fahel	Mr. Christian Mounayyer	Mr. & Mrs. Antoine and Vivian Zammar
Mrs. Zeina Farah	Mr. & Mrs. Salem and Haman Mounayyer	Mr. & Mrs. George and Naife Zammar
Mr. & Mrs. Judeh and Muna Ghawali	Mr. Sammy Mounayyer	Ms. Lillian Zammar
Ms. Jamal Habib	Prof. & Mrs. Antoin and Hiam Nahas	Mr. & Mrs. Michael and Edilia Zammar

If you have not already done so, please complete and submit a 2023 Stewardship Form- keeping our records accurate is important to us.
Any errors above, please contact the Church Office.



With the direction of His Grace Bishop NICHOLAS

ANNOUNCING DOMSE LENTEN RETREATS 2023



HOW TO PARTICIPATE IN THE UPCOMING DOMSE LENTEN RETREATS:

Young Adults – March 4 (In person & Zoom)

REGISTER: <https://domse.org/event/yaf-lenten-retreat-2023/>

Questions? Contact: Rebekah Meese

Teen SOYO – March 11 (Zoom)

Register: <https://oliviabaca.typeform.com/to/cTeJJK5d>

Questions? Contact: Olivia Bacca

AMEN – March 18 (Zoom)

Join our email list: AntiochianMen.org

Questions? Contact: Michael Baclig

Antiochian Women – April 1 (Zoom – Hub & Spoke)

Zoom link sent to Chapter Leaders

Questions? Contact: Sh. Shell Keim



Saint George Cathedral

Lenten Retreat



Special Guest Speaker
V. Rev. Fr. Ayman Kfouf

Soon-to-be pastor at
Saint George Cathedral

Friday, March 24th, 2023
Akathist Service @ 7:00PM
Teen SOYO Retreat to Follow

Saturday, March 25th, 2023
Orthros & Divine Liturgy Starting @ 9:15AM
Potluck Brunch + Antiochian Women & Men Retreat to Follow
Vespers @ 5PM
Young Adult Fellowship (YAF) Retreat to Follow

Sunday, March 26th, 2023
Orthros & Divine Liturgy Starting @ 9:15AM

320 Palermo Avenue, Coral Gables, FL 33134 - 305.444.6541 - Office@StGMiami.org







2023 Saint George Cathedral Paschal (Easter) Bake Sale
 Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida
 Delicious Middle Eastern Pastries

ADVANCE ORDER FORM

ORDERING DEADLINE: Sunday, April 2, 2023

PICK-UP DATE: Saturday night, April 15, 2023 (after Paschal Service)

Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total
 Paschal Basket	\$60		
 Mammoul Dates Delectable date stuffed buttery cookie.	\$25		
 Mammoul Nuts Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	\$25		
 Ka'ak Bihaleeb Traditional Shortbread cookie flavored with a hint of Anise	\$20		
			\$

Ordering Deadline: will be Sunday, April 2, 2023

ALL PASTRIES ITEMS FREEZE WELL!

TO ORDER: Please mail check payable to "Saint George Cathedral" with order form to:
 Saint George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name: _____

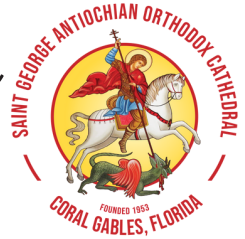
Phone: (_____) Email Address: _____

PICK- Up Date: Saturday Night April 15, 2023(after Paschal Service)

For more information, please contact Amal Hakim | 320 Palermo Ave, coral Gable, Fl. 33134| 305 – 444 - 6541.



Saint George Antiochian Orthodox Cathedral



2023 Creative Arts Festival

**Theme: "Let us make man in our image,
according to Our likeness." Genesis 1:26**

Our Sunday School Students will express themselves
artistically

Through these 5 categories
each student can submit in:

Arts
Photography
Digital Art
Writing
Poetry

Deadline to submit is April 1st, 2023

for any questions please contact: Lama Elhaj (305)7725904 or
email at sundayschool@stgmiami.org

2023 BIBLE BOWL

The Book of Genesis

ALL QUESTIONS WILL COME FROM THE BOOK OF **GENESIS AS FOUND IN THE ORTHODOX STUDY BIBLE.**

The WHOLE book? No!

WE WILL ONLY ASK QUESTIONS FROM CHAPTERS: 1-4, 6-9, 12-18, 21-22:19, 24, 27-29, 32, 37, 42-45, 48-50

- PRACTICE QUESTIONS WILL BE AVAILABLE IN EARLY 2023

- RULES CAN BE FOUND AT WWW.TEENSOYO.ORG/BIBLE-BOWL



2023 ORATORICAL FESTIVAL THEME

"Then God said, "Let Us make man in Our image, according to Our likeness" – Genesis 1:26a

THIS YEAR'S THEME FROM THE BOOK OF GENESIS CALLS OUR ATTENTION TO MANY THEOLOGICAL TRUTHS. IN WRITING YOUR ORATION, YOU DO NOT NEED TO REFERENCE ALL OF THESE POINTS, BUT SOME ARE PRESENTED BELOW SO THAT YOU HAVE AN IDEA OF THE IMPORTANCE OF THIS ONE, SEEMINGLY SIMPLE VERSE.

FIRST, THERE IS SOMETHING SPECIAL ABOUT WHAT IT MEANS TO BE HUMAN. OF EVERYTHING THAT GOD CREATED, IT IS ONLY HUMAN BEINGS THAT ARE SAID TO BE CREATED IN THE IMAGE AND LIKENESS OF GOD. WHAT DOES THIS MEAN? WHY OR HOW ARE WE UNIQUE?

SECOND, THIS VERSE OPENS US UP TO REFLECTING ON THE DOGMA OF THE HOLY TRINITY. IT IS VERY SUBTLE, BUT THE USE OF THE WORDS 'US' AND 'OUR' IS CONSIDERED TO BE A FORESHADOWING OF THE FULL REVELATION OF THE HOLY TRINITY IN THE NEW TESTAMENT. UPON REFLECTING ON THE DOGMA OF THE HOLY TRINITY, WHAT ARE WAYS WE CAN MORE FULLY UNDERSTAND WHAT IT MEANS TO BE TRULY HUMAN IN RELATIONSHIP WITH GOD AND OTHERS?

THIRD, ALL OF THIS TOGETHER CAN HELP US TO KNOW THAT EACH PERSON IS CHALLENGED TO CARRY THE IMAGE OF GOD AND RESTORE HIS/HER OWN HUMANITY TO THE TRUE LIKENESS OF GOD. WHILE WE ALL SHARE THIS HIGH CALLING, WE WERE CREATED AS UNIQUE PERSONS WITH VARYING GIFTS AND TALENTS AND LIFE CIRCUMSTANCES, MEANING OUR WAY OF WORKING OUT THIS CALLING IN OUR LIVES WILL BE UNIQUE. IT IS FOR THIS REASON THE ARCHDIOCESE CHOSE THE THEME OF "VOCATIONS" FOR THE ECCLESIASTICAL YEAR. WHILE REFLECTING ON THE TRINITY AND OUR CREATION, YOU MAY CHOOSE TO TOUCH ON WHAT IT MEANS TO CONSIDER VOCATIONAL CALLINGS AS A YOUNG PERSON IN THE CHURCH.

Keep in Mind:

-You can/should consider using direct quotes from the Church Fathers and other Orthodox theologians in your oration. Many Church Fathers reference the creation account and this verse. Research what they share and teach and offer applications to the lives of young people journeying toward unity with God.

-A few verses later in Genesis we read about the Fall of mankind. Many of the fathers differentiate that the Fall does not remove the image of God in us but our participation in the corruption of the fallen world tarnishes the likeness of God in us. In this light, explore how the Incarnation of the Son and Word of God perfectly reveals to us what it means to be in the image of God and restores to us the means of attaining once again to His likeness.

-The icon chosen to represent this theme is "All Saints." Consider examples of saints and other holy people who shine forth with the brightness of God's image and whose lives demonstrate the path to attaining His likeness.



for more information & registration

WWW.TEENSOYO.ORG/ORATORICAL



SAINT GEORGE CATHEDRAL

THE SUNDAY SCHOOL AND THE ANTIOCHIAN WOMEN

Lenten Humanitarian Drive

Toiletries Kit

- Deodorant
- Soap
- Shampoo & Conditioner
- Razor (Men's/Women's)
- Nail clippers
- Foot powder
- Lotion

Women's Hygiene Kit

- Sanitary napkins
- Tampons
- Moist towelettes

Dental Care Kit

- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash

**PILLOWS and
BLANKETS**

All items must be travel size

Deadline to donate will be

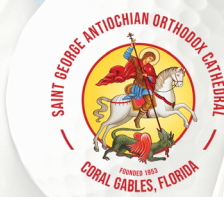
April 9, 2023

320 Palermo Ave, Coral Gables | 305 444 6541 | sundayschool@stgmiami.org

The Order of Saint Ignatius

SAINT GEORGE CATHEDRAL

Saturday, April 29, 2023



ANNUAL GOLF TOURNAMENT

Save the Date



ALL PROCEEDS WILL BENEFIT
the Dr. Ernest Sayfie Camp Scholarship Fund,
the Dr. Eugene Sayfie Educational Scholarship Fund,
and the Saint Ignatius Educational Scholarship Fund

20
23

SPONSORSHIPS AVAILABLE



Miccosukee Golf & Country Club

6401 Kendale Lakes Dr, Miami, FL
33183

320 Palermo Avenue | Coral Gables, FL 33134
Tel: (305) 444-6541 Email: TheOrder@STGMiami.org

Saint George Antiochian Orthodox Cathedral

The Order of Saint Ignatius of Antioch

Third Annual Golf Outing

All Proceeds will benefit the Dr. Ernest Sayfie Camp Scholarship Fund,
the Dr. Eugene Sayfie Educational Scholarship Fund, and
the Saint Ignatius Educational Scholarship Fund

Sat April 29th, 2022 | Miccosukee Golf & Country Club

REGISTRATION | 12:00pm

SHOTGUN START | 1:00pm

Dinner & Awards to Follow

Sponsorship Levels

DIAMOND SPONSOR - \$2,500

- Includes free registration for 4 golfers
- EXCLUSIVE advertising at a single hole of your choice
- "Longest Drive" - hole prize sponsorship
- Corporate specialty plaque
- Listing as a major sponsor on literature
- Acknowledgments will be given throughout the day

PLATINUM SPONSOR - \$1,000 (\$1,500 Includes one foursome)

- "Closest to the Pin" - hole prize sponsorship
- Platinum Specialty Plaque
- Hole (Tee) Sponsor Signs on 6 holes
- Acknowledgments will be given throughout the event

GOLD SPONSOR- \$500 (\$1,000 Includes one foursome)

- Gold Specialty Plaque
- Hole (Tee) Sponsor Signs on 3 holes

SILVER SPONSOR - \$300 (\$800 Includes one foursome)

- Silver Specialty Plaque
- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin

DRINK CART SPONSOR - \$500 (\$1,000 Includes one foursome)

- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin name insert
- Appreciation Plaque
- Hole (Tee) Sponsor Sign

BOXED LUNCH SPONSOR - \$500 (\$1,000 Includes one foursome)

- Hole (Tee) Sponsor Signs on 3 holes
- Includes Cathedral Bulletin name insert
- Appreciation Plaque

SWAG BAG SPONSOR (100 items) - \$250

- Includes Cathedral Bulletin name insert
- Appreciation Plaque

FOURSOME \$600

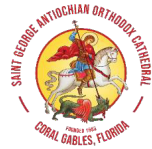
SINGLE GOLFER \$175

50/50 RAFFLE TICKETS - 1 for \$5 OR 5 for \$20

Tee Box Sign Sponsor - \$100 each

- One (1) tee sign with company logo displayed

❖ All Sponsorship Levels have the option of adding a foursome for \$500



SPONSOR INFORMATION

Company _____

Name _____

Address _____

City, State, Zip _____

(____) _____

Phone _____

Email Address _____

SPONSORSHIP SELECTIONS

(Check all that apply)

Corporate Sponsor Platinum Gold Silver

Drink Cart Boxed Lunch Swag Bag

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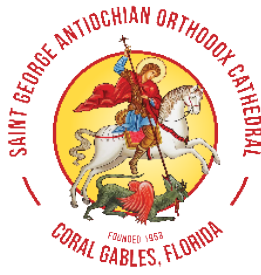
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For more information visit us at

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