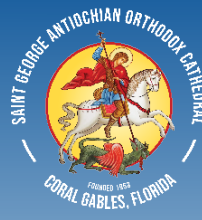


Saint George Antiochian Orthodox Cathedral

Sunday, March 26, 2023

The Weekly Bulletin



كاتدرائية القديس جاورجيوس للروم الأرثوذكس

الأحد ٢٦ آذار ٢٠٢٣

النشرة الأسبوعية



FOURTH SUNDAY OF GREAT LENT

الأحد الرابع من الصوم العظيم

"The disciples were first called Christians in Antioch." Acts 11:26

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

The Orthodox Christian Faith proclaims the **Gospel of Jesus Christ**, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the **One, Holy, Catholic (Universal), and Apostolic Church** that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in **God the Father**, through **Jesus Christ**, and sustained by the **Holy Spirit. Visitor(s)**, please feel at home in prayer and worship. Only those practicing Orthodox Christians who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

Cathedral Administrative and Organizational Body

His Beatitude John X, *Patriarch*

Antioch and All East

The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*

Diocese of Miami and the Southeast

Very Reverend Father Paul R. Solberg, *Cathedral Dean*



Brotherhood of the Noble Joseph:

V. Rev. Fr. Paul Solberg, *Pastor*

Sdn. Charles Khoury

Sdn. Elie Bardawil

Sdn. Sean Hatem

Sdn. Louis Hatem

Sdn. Hanna Soufia

Acolytes (servers)

Jackson King, *Choir Director/Lead Chanter*

Dr. Don Shalhub, *Chanter*

Yamil Zacur, *Lead Usher*

All Choir Members and Ushers

Council Stewardship Committee:

Muazzi Hatem, *Finance*

Douglas Ede, *Legal*

Jamal Habib, *Membership*

Lama Elhaj, *Property Usage*

Yamil Zacur, *Property Management*

Noura Soufia, *Public Relations/Web Master*

Nasser Soufia, *Vision and Development*

Orthodox Christian Arabic School

Reem Yazji, *Coordinator*

Cathedral Office:

Mrs. Elsa Herrmann, *Office Secretary*

Cathedral Council:

V. Rev. Fr. Paul Solberg, *Pastor*

Andrea M. Abu-Akel, *Chairlady*

Lama El Haj, *Vice-Chairlady*

Jackie Barakat-Wanna, *Secretary*

George M. Khoury, *Treasurer*

Muazzi Hatem, *Financial Secretary*

Sdn. Elie Bardawil, *Member*

Zeina Bardawil Farah, *Member*

Douglas Ede, *Member*

Jamal Habib, *Member*

Hannan Mounayyer, *Member*

Diana O'Brien, *Member*

Noura Soufia, *Member*

Basel Zacur, *Member*

Yamil Zacur, *Member*

Tony Zammar, *Member*

Council ex officio Members:

Lama El Haj, *Sunday School Principal*

Yola Hayek, *Antiochian Women*

Noura Soufia, *Young Adult Fellowship*

Emma El Haj, *SOYO*

Zeina B. Farah, *Order of Saint Ignatius*

Tony Zammar, *Antiochian Men*

SOYO Advisory Team:

Hannan Mounayyer, *Lead Advisor*

Said Elhaj

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

CHANGES IN THE DIVINE LITURGY

تغييرات في القداس

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this *Weekly Bulletin* for the changes in today's Divine Liturgy (SEE BELOW).

~ **During the Little Entrance** ~

Apolytikion of the Resurrection (Tone Eight)

From the heights Thou didst descend, O compassionate One, and Thou didst submit to the three-day burial, that Thou might deliver us from passion; Thou art our life and our Resurrection, O Lord, glory to Thee.

أَنْحَدَرْتَ مِنَ الْعُلُوِّ يَا مُتَحَنِّنَ، وَقَبِلْتَ الدَّفْنَ ذَا الثَّلَاثَةِ الْأَيَّامِ، لِكَيْ تُعْتِقَنَا مِنَ الْأَلَامِ، فَيَا حَيَاتَنَا وَقِيَامَتَنَا، يَا رَبُّ الْمَجْدُ لَكَ.

The Entrance Hymn for Ordinary Sundays (Tone Two)

O come, let us worship and fall down before Christ, our King and our God. Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.

عِنْدَمَا أَنْحَدَرْتَ إِلَى الْمَوْتِ، أَيُّهَا الْحَيَاةُ الَّذِي لَا يَمُوتُ، حِينَئِذٍ أَمَتَّ الْجَحِيمَ بِبَرَقِ لَاهُوتِكَ. وَعِنْدَمَا أَقَمْتَ الْأَمْوَاتَ مِنْ تَحْتِ الثَّرَى، صَرَخَ نَحْوَكَ جَمِيعُ الْقُوَّاتِ السَّمَاوِيِّينَ: أَيُّهَا الْمَسِيحُ الْإِلَهَ، مُعْطِي الْحَيَاةِ الْمَجْدُ لَكَ.

~ **After the Little Entrance** ~

Apolytikion of the Resurrection (Tone Eight)

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Apolytikion of the Archangel Gabriel (Tone Four)

Supreme Commander of the Hosts of the Heavens, * we, the unworthy, importune and beseech thee * that by thy supplications thou encircle us * in the shelter of the wings * of thine immaterial glory; * guarding us who now fall down * and cry to thee with fervor: * Deliver us from dangers of all kinds, * as the great marshal of the heavenly hosts on high.

أَيُّهَا الْمُتَقَدِّمُ عَلَى الْجُنْدِ السَّمَاوِيِّينَ، نَتَوَسَّلُ إِلَيْكَ نَحْنُ غَيْرِ الْمُسْتَحِقِّينَ، حَتَّى إِنَّكَ بِطَلِبَاتِكَ تَكْتَنِفُنَا بِظِلِّ أَجْنَحَةِ مَجْدِكَ اللاهِيُولِي، حَافِظًا إِيَّانَا نَحْنُ الْجَائِئِينَ وَالصَّارِحِينَ بِغَيْرِ فُتُورٍ: أَنْقِذْنَا مِنَ الشَّدَائِدِ، بِمَا أَنَّكَ رُئِيسُ مَرَاتِبِ الْقُوَاتِ الْعُلُويَّةِ.

Apolytikion of St. George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls.

بِمَا أَنَّكَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمُعْتَقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ وَلِلْمَرَضَى طَبِيبٌ وَشَافٍ وَعَنِ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي الشُّهَدَاءِ جَاورِجِيوسُ اللَّابِسُ الظَّفَرَ تَشَفَّعْ إِلَى الْمَسِيحِ الْإِلَهِ فِي خَلَاصِ نُفُوسِنَا.

Kontakion for Sundays of Great Lent (Tone Eight)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

إِنِّي أَنَا عَبْدُكَ يَا وَالِدَةَ الْإِلَهِ * أَكْتُبُ لِكَ رَايَاتِ الْغَلْبَةِ * يَا جُنْدِيَّةَ مُحَامِيَّةً * وَأَقْدِمُ لِكَ الشُّكْرَ كَمَنْقِذَةٍ مِنَ الشَّدَائِدِ * لَكِنْ بِمَا أَنَّ لِكَ الْعِزَّةَ الَّتِي لَا تُحَارَبُ * أَعْنِقِينِي مِنْ صُنُوفِ الشَّدَائِدِ * حَتَّى أَصْرُخَ إِلَيْكَ: إِفْرَحِي يَا عَرُوسًا لَا عَرُوسَ لَهَا.

The Lord will give strength to His people.

Bring unto the Lord, ye sons of God, bring unto the Lord glory and honor.

The Reading from the Epistle of St. Paul to the Hebrews. (6:13-20)

Brethren, when God made a promise to Abraham, since He could swear by no one greater, He swore by Himself, saying, "Surely blessing I will bless thee, and multiplying I will multiply thee." And thus, having patiently endured, he obtained the promise. For people indeed swear by what is greater, and in every dispute of theirs the oath is final for confirmation. So when God, being minded to show more abundantly to the heirs of the promise the immutability of His counsel, He interposed it with an oath, that by two immutable things—in which it is impossible for God to lie—we might have a strong consolation, we, who have fled for refuge to lay hold of the hope that is set before us; a hope, which we have as an anchor of the soul, both sure and steadfast, and entering into "that which is within the veil," where Jesus entered as a Forerunner on our behalf, having become a High Priest "forever according to the order of Melchizedek."

الرَّبُّ يُعْطِي قُوَّةً لِسَعْيِهِ.
قَدِّمُوا لِلرَّبِّ يَا أَبْنَاءَ اللَّهِ، قَدِّمُوا لِلرَّبِّ مَجْدًا وَكَرَامَةً.
فَصَلُّ مِنْ رِسَالَةِ الْقَدِيسِ بُولْسِ الرَّسُولِ إِلَى الْعِبْرَانِيِّينَ.

يَا إِخْوَةُ، إِنَّ اللَّهَ لَمَّا وَعَدَ إِبْرَاهِيمَ، إِذْ لَمْ يُمْكِنَ أَنْ يُقْسِمَ بِمَا هُوَ أَعْظَمُ مِنْهُ، أَقْسَمَ بِنَفْسِهِ. قَائِلًا: لِأُبَارِكَنَّكَ بِرَكَّةٍ وَأَكْثَرَنَّكَ تَكْثِيرًا. وَذَلِكَ إِذْ تَأْتِي، نَالَ الْمَوْعِدَ. وَإِنَّمَا النَّاسُ يُقْسِمُونَ بِمَا هُوَ أَعْظَمُ مِنْهُمْ، وَتَنْقِضِي كُلَّ مُشَاجِرَةٍ بَيْنَهُمْ بِالْقَسَمِ لِلتَّثْبِيثِ. فَلِذَلِكَ، لَمَّا شَاءَ اللَّهُ أَنْ يَزِيدَ وَرَثَةَ الْمَوْعِدِ بَيَانًا لِعَدَمِ تَحَوُّلِ عَزْمِهِ، تَوَسَّطَ بِالْقَسَمِ. حَتَّى نَحْصَلَ بِأَمْرَيْنِ لَا يَتَحَوَّلَانِ وَلَا يُمْكِنُ أَنْ يُخْلَفَ اللَّهُ فِيهِمَا عَلَى تَعَزُّيَةٍ قَوِيَّةٍ، نَحْنُ الَّذِينَ التَّجَأْنَا إِلَى التَّمَسُّكِ بِالرَّجَاءِ الْمَوْضُوعِ أَمَامَنَا. الَّذِي هُوَ لَنَا كَمِرْسَاةٍ لِلنَّفْسِ أَمِينَةٍ رَاسِخَةٍ تَدْخُلُ إِلَى دَاخِلِ الْحِجَابِ، حَيْثُ دَخَلَ يَسُوعُ كَسَابِقِ لَنَا وَقَدْ صَارَ عَلَى رُتْبَةِ مَلِكِيصَادَقَ، رَئِيسَ كَهَنَةٍ إِلَى الْأَبَدِ.

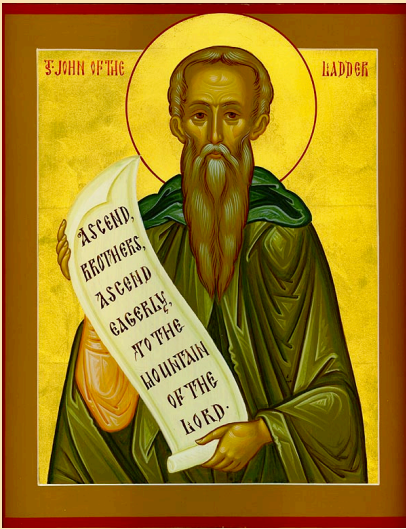
The Reading from the Holy Gospel according to St. Mark (9:17-31)

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقِدِّيسِ مَرْقَسِ الْإِنْجِيلِيِّ الْبَشِيرِ.

في ذلك الزمان، دنا إلى يسوع إنساناً وسجد له قائلاً: "يا معلّم، قد أتيتك بابني، به روحٌ أبكمٌ. وحيثما أخذه يصرعه، فيزيد ويصرف بأسنانه ويبيس، وقد سألت تلاميذك أن يخرجوه فلم يقدروا." فأجابته قائلاً: "أيها الجيل غير المؤمن، إلى متى أكون عندكم؟ حتى متى احتملكم؟ هلّم به إليّ." فأتوه به. فلما رآه للوقت صرعه الروح، فسقط على الأرض يتمرغ ويزيد. فسأل أباه: "منذ كم من الزمان أصابه هذا؟" فقال: "منذ صباه. وكثيراً ما ألقاه في النار وفي المياه ليهلكه. لكن إن استطعت شيئاً، فتحنّ علينا وأغننا." فقال له يسوع: "إن استطعت أن تؤمن، فكل شيءٍ مستطاع للمؤمن." فصاح أبو الصبي من ساعته بدموع وقال: "إي أومن يا سيّد، فأغث عدم إيماني." فلما رأى يسوع أن الجمع يتبادرون إليه، انتهر الروح النجس قائلاً له: "أيها الروح الأبكم الأصم، أنا أمرك أن اخرج منه ولا تعدّ تدخل فيه." فصرخ وخبطه كثيراً وخرج منه، فصار كالميت، حتى قال كثيرون إنّه قد مات. فأخذ يسوع بيده وأنهضه، فقام. ولما دخل بيتاً، سأله تلاميذه على انفراد: "لماذا لم نستطع نحن أن نخرجه؟" فقال لهم: "إن هذا الجنس لا يمكن أن يخرج بشيءٍ إلا بالصلاة والصوم." ولما خرجوا من هناك، اجتازوا في الجليل، ولم يرد أن يدري أحد. فإنه كان يعلم تلاميذه ويقول لهم: "إن ابن البشر يسلم إلى أيدي الناس، فيقتلونه، وبعد أن يقتل، يقوم في اليوم الثالث."

THE SYNAXARION



On March 26 in the Holy Orthodox Church, we celebrate **St. John Climacus.**

Today we commemorate St. John Climacus and his work "The Ladder of Divine Ascent," both of which have had a great impact on the Holy Orthodox Church through their influence on the monastic community and on the Church at large.

St. John was given the name "Climacus" because of his writings. "Climacus" means "ladder" and thus his name is a nod to the work by that name. From a very young age, John desired to serve God with all of his heart. He became a monk at the Mt. Sinai Monastery when he was only 16 years old, and he served there faithfully for years before going into the desert to live a hermit's life.

The fight against the devil and his passions was difficult, but John faithfully prayed and focused on Christ, and over time he became holier because of his refusal to give in to those passions. His holiness drew people to John, and even monks would come to him to ask for advice. God gave him the gift to be able to help people who were severely tempted and/or upset to be at peace.

God used John to work some miracles during his lifetime. For example, one time his disciple Moses was far from their dwelling, searching for dirt for their garden, when he got very hot and tired, so he took a rest under a big rock. As this was happening, John was back at his cell, praying, when he had a revelation that Moses was in danger. John began to pray fervently for his disciple. Later in the evening, when Moses returned home, he told John that while he had been sleeping under the rock, he heard John calling him, so he woke up and moved quickly, just as the huge rock crashed down right where he had been sleeping! God had heard John's prayers and saved Moses with this miracle.

Many years passed, and John continued to faithfully pray and read from the lives of the saints. He continued to live a holy life. At age 74, he was made the abbot at the Mt. Sinai Monastery. The monks there asked him to write down all of the rules that he'd followed for his whole life, so that they could follow his example. He wrote about thirty steps that can lead monks (and any Orthodox Christian) closer to God. He called the steps "The Ladder of Divine Ascent." Although this book was written about 1,400 years ago, it is still considered the ultimate guide to the Christian ascetic life.



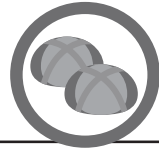
TODAY

March 26, 2023

EPISTLE READER

English: Zeina Bardawil Farah

Arabic: Lama El Haj



HOLY BREAD OFFERING

<p>TODAY March 26</p>	<p>Salem and Hannan Mounayyer in Memory of +Naife Mounayyer Hakim Suhel and Najwa Turjman For the good health of their family Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families 40 days memorial Service for their mother Sally (Salwa) Mobayed The Cathedral Council For the good health of Fr. Ayman, Kh. Elaina, Maya, Layla and Stella Kfouf</p>
<p>April 2</p>	<p>Suhel and Najwa Turjman For the good health of their family</p>
<p>April 9 Palm Sunday</p>	<p>Suhel and Najwa Turjman For the good health of their family George and Widaa Khoury For the good health of their family</p>
<p>April 16 Easter</p>	<p>Nasser & Tania Soufia and Family, Joudeh & Muna Ghawali and family, & Jackie Barakat-Wanna and Family In Loving Memory of Maurice and Joan Barakat Suhel and Najwa Turjman For the good health of their family</p>

COFFEE HOUR SPONSOR

<p>TODAY March 26</p>	<p>Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families In Memory of their mother Sally (Salwa) Mobayed</p>
<p>April 2</p>	<p>AMEN Luncheon</p>
<p>April 9 Palm Sunday</p>	<p>OPEN</p>
<p>April 16 Easter</p>	<p>Nasser & Tania Soufia and Family, Joudeh & Muna Ghawali and family, & Jackie Barakat-Wanna and Family In Loving Memory of Maurice and Joan Barakat</p>

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.



ALTAR VIGIL CANDLE

The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).

March

Mouna Dahlan & Family, Mabardi Family
Shamasseh Pat Nimer

In memory of +Archdeacon David Nimer
Zeina Bardawil Farah & Family

For the good health of her family and In memory of her departed loved ones

PRAYER LIST

Prayer List of the Living

Suhel and Najwa Turjman and family; Salem, Hannan, Sammy and Christian Mounayyer; George, Naife and Reem Zammar; Raymond Mobayed, Jennifer Mobayed, Janine Hensley and their families; Fr. Ayman, Kh. Elaina, Maya, Layla and Stella Kfouf; Mouna and Laura Dahlan; Wadia, Maha, Nicholas, Nicole Mabardi; Shammaseh Pat Nimer and the Nimer & Ameen Families; Paula Bardawil; Zeina Bardawil Farah and family; Nelly; Matilda Rubeiz; Carol Bardawil: Hala Massini; Dr. Elias Shaheen; Naya Sesin; Cathy and Logan Ruff; Tabte, Jamal, and Mona Habib; Souad Nahas; Laila Soufia; Jeanette Haddad-Stern; Elsa Merino; Roger Nimer, The Entire Sayfie Family; Aregash Gabriel, Susan Panayotti Elias, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Jean Joseph, Martha Alfonso, Kiwan Houry; Najat Zacur, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan; Amal Jumean; Basna Family; Dr. George Bikhazi; Linda Bikhazi

Prayer List of the +Departed

+Metropolitan PHILIP Saliba of Thrice Blessed Memory
+Archdeacon David Nimer
+Naife Mounayyer Hakim
+Ibrahim Khalil Ganim
+Sally (Salwa) Mobayed
+Donna Nimer
+Alice Soudah
+Ibrahim Khoury
+Dr. Eugene Sayfie
+Dr. Maurice Bardawil
+Emile Farah
+Kareem Zakharia
+William Bardawil
+Sean Nicholas O'Brien
+Michel Husson
+Michael Dahlan
+Samira Abou Rjaily
+George Chukrallah Habib
+Jorge Diab Zacur
+Ghassan Basna
+Mary Bikhazi
+Bishara Bikhazi



Cathedral Calendar



Today	Orthros (Matins)	9:15 a.m.
	Divine Liturgy	10:30 a.m.
Today	Sunday School Classes	following Divine Liturgy
Today	Parish Picture	following Divine Liturgy
Today	Sunday School Staff Meeting	1:00 p.m.

Save the Date!

AMEN Luncheon for All	April 2
AW Baking	April 8
Palm Sunday	April 9
Great and Holy PASCHA (Easter)	April 16
Patronal Feast of Saint George	April 23
OSIA Annual Golf Outing	April 29
Diocese of Miami Parish Life Conference, Miami, FL	June 14-17
Saint George Cathedral's 70th Anniversary Celebration	June 17
2023 Archdiocese Convention Phoenix, AZ	July 23-30

Today we welcome V. Rev. Fr. Ayman, Kh. Elaina and Maya Kfouf to the Cathedral. We all look forward to your ministry to the Cathedral in July! May Grant you all many years.

70TH ANNIVERSARY CELEBRATION – June 17 - Embassy Suites Hotel, Miami
Coming Soon - Exciting information about this amazing milestone in the life of the Cathedral!

CONGRATULATIONS!

"For as many of you as were baptized into Christ have put on Christ." Galatians 3:28



Please join us in congratulating Michael and Tatiana Malouf and godparents Bashir and Razan Malouf on the baptism of Ameer Malouf, which took place Sunday, March 12.

May God grant Ameer health and long days!

Saint Peter and Paul Church
Member, Orthodox Church of America (OCA)
Miami, Florida

Subject: Fund raiser for Ukrainian woman

[GiveSendGo - Support Mother of 3 Disabled Children: The #1 Free Christian Fundraising Site.](#)

Please see the plea below from our sister church, Saint Peter and Paul, here in Miami.

As you will read below, one of their parishioners is in desperate need for financial assistance.

A second collection will be taken today to help this fellow orthodox. We thank you in advance for your generosity in helping this family.

Give

Share

Pray



The funds from this campaign will be received by Saints Peter And Paul Orthodox Church.

Goal: **USD \$10,000**

Raised: **USD \$ 5,850**

Ss Peter and Paul Church in Miami is helping one of our parishioners who is in desperate need. She is a single mother with 3 disabled children. She is about to be removed from her apartment, and is waiting for government-funded housing to begin. We need pay for temporary housing in the meantime, to avoid having them live on the streets.

Here children are ages 12,13 & 17. The girl, who is 13-year-old, is severely autistic. The 17-year-old boy recently had a kidney transplant and requires numerous medications. Her current landlord doubled the rent, making it impossible for her to extend her lease as of April 1. The court has determined she must leave that apartment by the end of this month; but she cannot move into the low-income housing until June.

Recent Donations

USD \$
50

Anonymous Donor

2 days ago



USD \$
100

Anonymous Donor

4 days ago





Saint George Antiochian Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Miami and the Southeast
V. Rev. Fr. Paul R. Solberg, Dean

March 2023

Beloved in Christ,

The following are fasting suggestions from “Morning Offering”.

- FAST from self-concern and FEAST on compassion for others.
- FAST from discouragement and FEAST on hope.
- FAST from lethargy and FEAST on enthusiasm.
- FAST from suspicion and FEAST on truth.
- FAST from thoughts that weaken and FEAST on promises that inspire.
- FAST from shadows of sorrow and FEAST on the sunlight of serenity.
- FAST from idle gossip and FEAST on purposeful silence.
- FAST from problems that overwhelm you and FEAST on prayer that sustains.
- FAST from criticism and FEAST on praise.
- FAST from self-pity and FEAST on joy.
- FAST from ill-temper and FEAST on peace.
- FAST from resentment and FEAST on contentment.
- FAST from jealousy and FEAST on love.
- FAST from pride and FEAST on humility.
- FAST from selfishness and FEAST on service.

Chapter 3 of The Book of Proverbs is one of the passages assigned for today in our Cathedral Calendar. You will be blessed to read and take to heart this beautiful passage entitled: “**Wisdom Bestows Well-Being**”.

³ My son, do not forget my teaching, but keep my commands in your heart, ² for they will prolong your life many years and bring you peace and prosperity.

³ Let love and faithfulness never leave you; bind them around your neck, write them on the tablet of your heart. ⁴ Then you will win favor and a good name in the sight of God and man.

⁵ Trust in the Lord with all your heart and lean not on your own understanding; ⁶ in all your ways submit to him, and he will make your paths straight.^[a]

⁷ Do not be wise in your own eyes; fear the Lord and shun evil. ⁸ This will bring health to your body and nourishment to your bones.

⁹ Honor the Lord with your wealth, with the first fruits of all your crops; ¹⁰ then your barns will be filled to overflowing, and your vats will brim over with new wine.

¹¹ My son, do not despise the Lord's discipline, and do not resent his rebuke, ¹² because the Lord disciplines those he loves, as a father the son he delights in.^[b]

¹³ Blessed are those who find wisdom, those who gain understanding, ¹⁴ for she is more profitable than silver and yields better returns than gold. ¹⁵ She is more precious than rubies; nothing you desire can compare with her. ¹⁶ Long life is in her right hand; in her left hand are riches and honor. ¹⁷ Her ways are pleasant ways, and all her paths are peace. ¹⁸ She is a tree of life to those who take hold of her those who hold her fast will be blessed.

May your journey to celebrate Holy Pascha be filled with the Lord's peace and presence.

+Father Paul
Cathedral Dean



Saint George Antiochian Orthodox Cathedral

Antiochian Orthodox Christian Archdiocese of North America
Diocese of Miami and the Southeast
V. Rev. Fr. Paul R. Solberg

GREAT LENT AND HOLY WEEK 2023 (February 27 – April 15)

The Lenten fasting discipline commences after Forgiveness Vespers on March 6 and concludes with the breaking of the fast at Pascha on April 16. In general, the fasting rules during Great Lent and Holy Week are as follows:

WEEKDAYS (Monday – Friday) are observed as *Strict Fast Days*. On these days we abstain from meat, dairy, fish with backbones, fowl, wine and oil.

WEEKENDS (Saturday and Sunday) are observed as *Wine and Oil Days*. On these days the fast is relaxed to permit wine and olive oil.

In addition, two special feast days that fall during this period – **Annunciation (March 25)** and **Palm Sunday (April 9, this year)** – are kept as *Fish, Wine, and Oil Days*. On these days the fast is relaxed to permit fish with backbones, in addition to wine and olive oil.

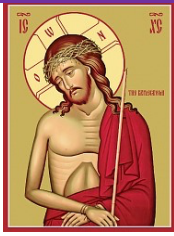
There are certain days of the Holy Week cycle that have special fasting rules.

- **Great and Holy Thursday (April 13, this year)** is observed as a *Wine and Oil Day* due to the commemoration of the institution of the Eucharist.
- **Great and Holy Saturday (April 15, this year)** is observed as a *Strict Fast Day* – the only Saturday of the year kept as a strict fast; however, wine (but not oil) is permitted.

Additional Notes:

1. Meals portions should be smaller than usual.
2. Fasting on the weekdays of the first week of Great Lent is especially severe. The strictest observance would be to take only 2 meals during this week – 1 on Wednesday evening and 1 on Friday evening after the services scheduled for those nights – keeping Clean Monday, Tuesday, and Thursday as absolute fasts (i.e., no food whatsoever). **For many this is impracticable.** A good starting place to work towards the strict observance is to keep the first day of Great Lent, Clean Monday, as an absolute fast and to limit meals on the other days.
3. It is a pious practice to observe Great and Holy Friday as an absolute fast. If one does not have the strength to do this, it is good to abstain from food until after venerating the epitaphios (winding sheet) during Vespers on this day.
4. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
5. Generally speaking, beginners plus children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

Please consult me before you attempt to strictly follow the fasting guidelines. Fasting is an ideal for which we should strive, but it is not end in itself. Becoming like Jesus is our ultimate goal.





2023 Great Lent and Holy Week Services

٢٠٢٣ الصيام العظيم وخدمات الأسبوع المقدس

March 20	٢٠ اذار	Monday: Great Compline Service	الاثنين: صلاة النوم الكبرى	7:00pm	مساء
March 22	٢٢ اذار	Wednesday: Presanctified Liturgy	الأربعاء: خدمة القديس السابق تقديسه	7:00pm	مساء
March 24	٢٤ اذار	Friday: Great Vespers with Forth Stasis of Akathist Hymn w/Potluck Dinner and Lenten Retreat	صلاة الغروب مع مديح الركوند الرابع – اعتزال روحي.	7:00pm	مساء
March 25	٢٥ اذار	Saturday: Festal Orthros and Festival Divine Liturgy. (Annunciation to the Most Holy Theotokos) followed by Lenten Retreat	القداس الإلهي لعيد البشارة (Annunciation to the Most Holy Theotokos) followed by Lenten Retreat	9:15 am	صباحا
		Great Vespers Service followed by Lenten Retreat.	صلاة الغروب – اعتزال روحي	5:00pm	مساء
March 26	٢٦ اذار	Sunday: Orthros and Divine Liturgy	الأحد: الخدمة السحرية و القداس الإلهي	9:15am	صباحا
March 27	٢٧ اذار	Monday: Great Compline Service	الاثنين: صلاة النوم الكبرى	7:00pm	مساء
March 29	٢٩ اذار	Wednesday: Little Compline with Full Great Canon of Repentance by St. Andrew of Crete and the Life of St. Mary of Egypt	صلاة النوم الصغرى مع القديس اندراوس الكريتي والقديسة مريم المصرية.	7:00pm	مساء
March 31	٣١ اذار	Friday: 5th Akathist (Madayeh) w/Potluck Dinner	صلاة المديح الخامسة.	7:00pm	مساء
April 1	١ نيسان	Saturday: Great Vespers Service	صلاة الغروب	5:00pm	مساء
April 2	٢ نيسان	Sunday: Orthros and Divine Liturgy	الأحد: الخدمة السحرية و القداس الإلهي	9:15am	صباحا
April 3	٣ نيسان	Monday: Great Compline Service	الاثنين: صلاة النوم الكبرى	7:00pm	مساء
April 5	٥ نيسان	Wednesday: Presanctified Liturgy	خدمة القديس السابق تقديس	7:00pm	مساء
April 7	٧ نيسان	Friday: Little Compline Canon of the Raising of Lazarus.	صلاة النوم وكانون اليعازر.	7:00pm	مساء
April 8	٨ نيسان	Saturday: Divine Liturgy for Lazarus	سبت اليعازر.	9:15am	صباحا
		Great Vespers Service	صلاة الغروب	5:00pm	مساء
April 9	٩ نيسان	Sunday: Divine Services for Palm Sunday	احد الشعانين.	9:15am	صباحا
April 9	٩ نيسان	Sunday: 1st Bridegroom Service	صلاة الختن الأولى.	7:00pm	مساء
April 10	١٠ نيسان	Great Monday: 2nd Bridegroom Service	صلاة الختن الثانية	7:00pm	مساء
April 11	١١ نيسان	Great Tuesday: 3rd Bridegroom Service	صلاة الختن الثالثة	7:00pm	مساء
April 12	١٢ نيسان	Great Wednesday: Holy Unction Service	صلاة الزيت المقدس	7:00pm	مساء
April 13	١٣ نيسان	Great Thursday: Divine Liturgy of St. Basil the Great followed by the Rite of the Washing of the Feet	قداس القديس باسيليوس العظيم ويتبع طقوس غسل الارجل	10:00am	صباحا
		Great Thursday: 12 Passion Gospels	صلاة الاثني عشر انجيل	7:00pm	مساء
April 14	١٤ نيسان	Great and Holy Friday: Royal Hours	الجمعة العظيمة: خدمة الساعات الملكية الكبرى	10:00am	صباحا
		Great Friday: Taking Down of Body from the Cross	إنزال المصلوب عن الصليب	3:00pm	مساء
		Great and Holy Friday: Lamentations.	جنائز السيد المسيح – سهرانيه الجمعة العظيم	7:00pm	مساء
		(GREAT FRIDAY SOYO/YAF All-Night Vigil to Follow)			
April 15	١٥ نيسان	Great and Holy Saturday: Vesperal Liturgy of Saint Basil	قداس باسيليوس العظيم	9:00am	صباحا
		Great and Holy Saturday: Rush Procession and Orthros followed by Paschal Liturgy	سبت النور، سحره العيد، الهجمة و قداس القيامة	10:00pm	مساء
April 16	١٦ نيسان	GREAT AND HOLY PASCHA Sunday: Agape Vespers Service (followed by Annual Egg Hunt)	عيد الفصح المجيد صلاة الباعوث	1:00pm	ظهرا

OUR JOURNEY TO PASCHA! 2023

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
Fast - Free Week FEBRUARY 5th	 <i>TRIODION WEEKS</i> Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14	Trust in God, not yourself! Ask for His help before every task this week!
Normal Fast Week FEBRUARY 12th	 The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32	Schedule a Confession. Use up/freeze meats this week.
The Last Judgment FEBRUARY 19th	 The Last Judgment (Meatfare) Reading: 1 Corinthians 8: 8-9; 2 Gospel: Matthew 25: 31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
Forgiveness Sunday FEBRUARY 26th	 Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY (Cheesefare)</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21	Ask each other for forgiveness each evening this week before bed.
1st Sunday of Lent MARCH 5th	 <i>GREAT FAST BEGINS with FORGIVENESS VESPERS</i> SUNDAY of ORTHODOXY Reading: Hebrews 11: 24-26, 32-12:2 Gospel: John 1: 43-51	Bring an icon to church for a procession.
2nd Sunday of Lent MARCH 12th	 SAINT GREGORY PALAMAS Reading: Hebrews 1:10-2:3 Gospel: Mark 2: 1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
3rd Sunday of Lent MARCH 19th	 VENERATION OF THE HOLY CROSS <i>HALFWAY TO PASCHA!</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:34-9: 1	Kneel in front of the cross every day, and remember that there is no resurrection without a cross!
4th Sunday of Lent MARCH 26th	 SAINT JOHN of the LADDER Reading: Hebrews: 6:13-20 Gospel: Mark 9: 17-31	Every time you climb stairs this week ask Saint John to help you reach Paradise with the sign of the cross!
5th Sunday of Lent APRIL 2nd	 SAINT MARY of EGYPT Reading: Hebrews 9: 11-14 Gospel: Mark 10: 32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
PALM SUNDAY! APRIL 9th GREAT WEEK BEGINS	 <i>GREAT and HOLY WEEK</i> ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 4-9 Gospel: John 12: 1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
GREAT AND HOLY FRIDAY APRIL 14th	 GREAT and HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE <i>BRIGHT WEEK</i>	Refrain from TV, Internet, and Phones to honor Christ's Death.
Feast of Feasts! APRIL 16th NO FASTING!	 HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1: 1-8 Gospel: John 1: 1-17	Greet everyone with "CHRIST IS RISEN!" and say it before good morning and goodnight!

طريقنا إلى الفصح! 2023

الأحد	الموضوع / الإنجيل	كيفية المشاركة
لا صيام هذا الأسبوع 5 شباط	أسابيع التريودي الفريسي والعشار الرسالة: 2 تيم 10:3-15 الإنجيل: لوقا 14:10-18	تقوا بالله، لا بأنفسكم! أصرخوا مع العشار طالبين من الله الرحمة.
صيام عادي هذا الأسبوع 12 شباط	أحد الإبن الشاطر! الرسالة: 1 كور 12:6-20 الإنجيل: لوقا 11:32-15	أذهبوا إلى الاعتراف. إستنفذوا اللحم من بيتكم خلال هذا الأسبوع.
يوم الدينونة 19 شباط	يوم الدينونة (مرقع اللحم) الرسالة: 1 كور 8:8-9:2 الإنجيل: متى 25:31-46	صلي مواجهة الشرق هذا الأسبوع. المسيح يعود من المشرق وسوف ننظره! إستنفذوا البيض من بيتكم خلال هذا الأسبوع.
يوم الغفران 26 شباط	طرده آدم وحواء من الفردوس يوم الغفران (مرقع الجبن) الرسالة: رومية 13:11-14، 14:1-6 الإنجيل: متى 6:14-21	أطلوا المَغْفِرَةَ مِنْ بَعْضِكُم البعض هذا الأحد قبل الخلود إلى النوم.
الأحد الأول من الصوم 5 آذار	أحد الأرثوذكسية الرسالة: عب 11:24-26، 12:32-32 الإنجيل: يوحنا 1:43-51	إجلبوا أيقونة إلى الكنيسة للمشاركة في زياح الأيقونات.
الأحد الثاني من الصوم 12 آذار	القديس غريغوريوس بالاماس الرسالة: عب 1:1-2:10 الإنجيل: مرقس 2:1-12	إجلبوا مسيحة صلاة أرثوذكسية لتبريكها في الكنيسة! إستعملوها وصلوا صلاة يسوع يومياً في هذا الأسبوع.
الأحد الثالث من الصوم 19 آذار	السجود للصليب المقدس نصف الطريق الى الفصح! الرسالة: عب 4:14-5:6 الإنجيل: مرقس 8:34-9:1	أسجدوا للصليب كل يوم متذكرين أن لا قيامة من دون صليب!
الأحد الرابع من الصوم 26 آذار	القديس يوحنا السلمي الرسالة: عب 6:13-20 الإنجيل: مرقس 9:17-31	فيما تتسَلَقون سلمَ الفَضَائِلِ، أطلبوا من القديس يوحنا المُسَاعِدَةَ لبلوغ الفردوس، وأنتم ترسمون إشارة الصليب!
الأحد الخامس من الصوم 2 نيسان	القديسة مريم المصرية الرسالة: عب 9:11-14 الإنجيل: مرقس 10:32-45	أطلبوا من العذراء والدة الإله أن تمنحك وتمنح العالم أفكاراً طاهرة.
أحد الشعانين 9 نيسان	بدء الأسبوع العظيم المقدس دخول السيد إلى اورشليم الرسالة: قليبي 4:4-9 الإنجيل: يوحنا 12:1-18	زِنُوا الأيقونات بسنغف النخل في بيتكم وسياراتكم!
الجمعة العظيمة 14 نيسان	الجمعة العظيمة موت المسيح على الصليب تحقق من أوقات الصلوات في هذه الأيام المقدسة سبت النور	إمتنعوا عن التلفزيون والإنترنت وعن استخدام هواتفكم.
عيد الأعياد 16 نيسان	الفصح المقدس! (المسيح قام!) الرسالة: اعمال 1:1-8 الإنجيل: يوحنا 1:1-17	القوا التحية قائلين "المسيح قام" عوضاً عن صباح الخير أو مساء الخير!



Saint George Antiochian Orthodox Cathedral

320 Palermo Avenue, Coral Gables, FL 33134

Phone: (305) 444-6541 Fax: (305) 445-6530

Email: Office@StGMiami.org Website: www.StGMiami.org



2023 Stewardship Commitment Form

“So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver.” (II Corinthians 9:7)

Step 1: Family Name: _____

Step 2: If any changes, please use Membership Information Form to update all personal information.
Membership Information Form located at the church front entrance / or ask for a Stewardship Committee member

Step 3: Know your Membership Number: _____

Step 4: Be a Steward! – Share your Time and Talent by volunteering for a ministry! (Visit Website)

Step 5: Be a Steward! – Share your Treasure by making your Stewardship Commitment TODAY!

Please consider “prayerfully and sincerely” about your 2023 Stewardship Commitment.

In gratitude for God’s blessings, I/we offer the following 2023 ‘WEEKLY’ Stewardship Commitment

(Please Select):

- \$20/Week (\$1,040 Annually)
 \$30/Week (\$1,560 Annually)
 \$50/Week (\$2,600 Annually)
 \$100/Week (\$5,200 Annually)
 Other \$____/Week (\$____ Annually)

Step 6: Please complete Payment Information below

Payment Options: (please select option A, B, or C)

(A) - Credit Card (please complete the following credit card information)

VISA MasterCard Discover

Name on Credit Card (Please Print): _____

Credit card number: _____ **Expiration Date:** ____/____

CSC code (back of card): _____ **Zip Code of billing address:** _____

Email address of credit card holder (used to send credit card receipt): _____

Authorization: By completing and signing this Credit Card Authorization form, I authorize *Saint George Cathedral* to charge my Credit Card the amount stated below for my 2023 Stewardship Pledge unless I provide a written cancellation.

Please select:

\$ _____ monthly (recurring donation)

\$ _____ one-time donation

Credit Card Authorization Signature: _____ **Date:** _____

(B) - Check/Cash (check is safer and better for your records and the Church records)

(C) - One-time check enclosed

Step 7: Please sign below

By signing this form, I commit myself / family as a Steward of Saint George Cathedral.

Signature: _____ **Print Name:** _____ **Date:** _____

Please note: For the General Assembly voting privilege in 2024, this form must be completed and 2023 pledge fulfilled.

CONFIDENTIAL: May not be distributed or reproduced / For Authorized Parish Personnel only

Please return your completed form to the Cathedral Office promptly.

For office use only

Received by: _____ **Date entered:** _____



Saint George Antiochian Orthodox Cathedral, Coral Gables, FL 82 Stewardship Commitments received as of March 20, 2023

Thank you for your generous support and growing the Saint George Cathedral Family!!!

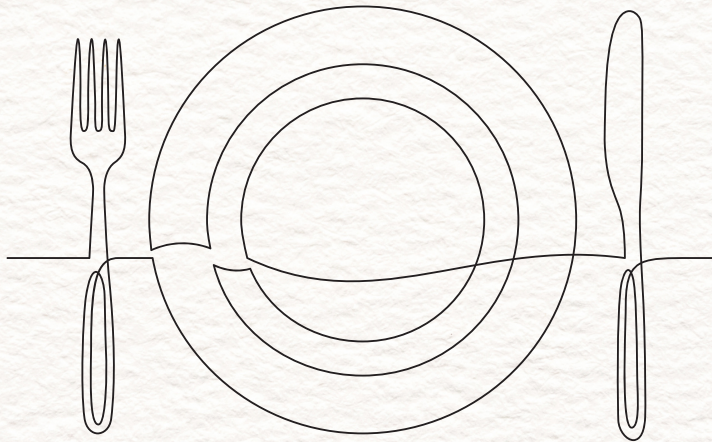
V. Rev. Father Paul and Khourieh Jane Solberg	Mr. & Mrs. Judeh and Muna Ghawali	Mr. Sammy Mounayyer
Mr. Alex Abu-Akel	Ms. Jamal Habib	Prof. & Mrs. Antoin and Hiam Nahas
Mr. & Mrs. Atalla and Andrea Abu-Akel	Mrs. Tabte Habib	Mr. & Mrs. Mike and Mary Nasr
Mrs. Ghada Al-Rahib	Mr. & Mrs. John and Lisa Nasr Haddy	Shamasseh Pat Nimer
Mrs. Veronica Assaf	Mr. Amal Hakim	Mr. Roger Nimer
Mr. & Mrs. Eile and Mela Attie	Mr. & Mrs. Muazzi and Michelle Hatem	Mr. & Mrs. Charles & Diana O'Brien
Mr. & Mrs. Marcos Aguiar and Jennifer Bandi	Mr. & Mrs. Mikhael and Yolla Hayek	Mr. & Mrs. Richard and Karen Razook
Mr. George Barakat	Mr. & Mrs. Fadi and Belgica Hernandez Mourad	Mr. & Mrs. George and Zakieh Samaan
Mrs. Jacqueline Barakat-Wanna	Mr. Bassem Jadon	Mrs. Judy Sayfie
Sdn. & Mrs. Eile and Theresa Bardawil	Mr. Farid Jahjah	Mr. Justin Sayfie
Mr. & Mrs. Majed and Mary Barjoud	Mr. & Mrs. Osama and Nadia Jahjah	Dr. Don Shalhuh
Mr. Christopher Barker	Mr. Marwan Michael Jarrouge	Dr. & Mrs. Waleed and Marie Snejj
Mr. Christopher Buzzetta	Drs. Hani and Ferial Jumean	Mr. & Mrs. Nasser and Tania Soufia
Mr. James Calder	Mr. & Mrs. George and Myrna Khouri	Ms. Noura Soufia
Ms. Danielle Marie Cassis	Mr. & Mrs. George & Widaa Khoury	Mrs. Amleset Tekle
Dr. Daniel L. Cassis	Mr. George Mayez Khoury	Mr. & Mrs. Suhel and Najwa Turjman
Mr. Daniel Lee II Cassis	Mr. Waseem Khoury	Ms. Amani Wanna
Mrs. Mouna Dahlan	Mr. & Mrs. Vladimir and Carmen Kostik	Mr. & Mrs. Salah and Soraya Wassef
Mr. Abdallah Daiha	Mr. & Mrs. Eddie and Maha Mabardi	Mrs. & Mrs. Youssef and Reem Yazji
Ms. Denise Ede-Aloise	Dr. Nicholas Mabardi	Mr. & Mrs. Basel and Hiba Zacur
Dr. Diane Ede-Nichols	Mr. & Mrs. Bashir and Razan Malouf	Mrs. Nejat Zacur
Mr. Douglas Ede	Mr. & Mrs. Michael and Tatiana Malouf	Mr. & Mrs. Yamil and Salma Zacur
Mr. and Mrs. Elias and Ernestine Ede	Mr. & Mrs. Samir and Theresa Mekhail	Mr. Castan Georges Zaineh
Mr. & Mrs. Said and Lama El-Haj	Mrs. Sally (Salwa) Mobayed	Mr. & Mrs. Bassam and Xiomara Zammam
Mr. & Mrs. David and Dannie Esper	Mr. Sebastian Moreno	Mr. & Mrs. Antoine and Vivian Zammam
Mr. Wajdy Fahel	Mr. Christian Mounayyer	Mr. & Mrs. George and Naife Zammam
Mrs. Zeina Farah	Mr. & Mrs. Salem and Hannan Mounayyer	Ms. Lilian Zammam
		Mr. & Mrs. Michael and Edilia Zammam

If you have not already done so, please complete and submit a 2023 Stewardship Form- keeping our records accurate is important to us.
Any errors above, please contact the Church Office.



Saint George Cathedral
ANTIOCHIAN MEN

AMEN LUNCHEON



Sunday, April 2, 2023
Falafel Lunch After Liturgy to
Support the Antiochian Men

320 Palermo Ave, Coral Gables, FL 33134
305-444-6541



GREAT FRIDAY REMEMBRANCE BULLETIN



On Great and Holy Friday, as the Church commemorates the suffering, crucifixion, and burial of the Lord Jesus Christ, the Church anticipates the Resurrection of the Lord and those whom God will raise up – all your loved ones departed this life.

On this Great and Holy Friday (celebrated on April 14), the Antiochian Women of the Cathedral will publish the ***Great Friday Remembrance Bulletin*** commemorating the names of all your loved ones departed this life and who have fallen asleep in the Lord.

To have the names of your departed loved ones who have fallen asleep in the Lord included in the ***Great Friday Remembrance Bulletin***, please complete the information below and return it to the Cathedral Office or Lama El Haj with your donation **no later than Thursday, April 5, 2023.**

Your departed loved ones, whose names you include below, will be remembered at the Holy Saturday morning Liturgy on Holy Saturday, April 15, 2023, at 9:00 a.m.

Enclosed is my donation in the amount of \$_____.

FAMILY NAME EXACTLY AS YOU WISH IT TO APPEAR IN THE BULLETIN: _____

PLEASE PRINT the names of your departed loved ones below **EXACTLY** as you wish them to appear in the ***Great Friday Remembrance Bulletin***:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Mailing Address: _____

Telephone No: _____ Email Address: _____







2023 Saint George Cathedral Paschal (Easter) Bake Sale
 Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida
 Delicious Middle Eastern Pastries

ADVANCE ORDER FORM

ORDERING DEADLINE: Sunday, April 2, 2023

PICK-UP DATE: Saturday night, April 15, 2023 (after Paschal Service)
 Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total
 Paschal Basket	\$60		
 Mammoul Dates Delectable date stuffed buttery cookie.	\$25		
 Mammoul Nuts Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	\$25		
 Ka'ak Bihaleeb Traditional Shortbread cookie flavored with a hint of Anise	\$20		
			\$

Ordering Deadline: will be Sunday, April 2, 2023

ALL PASTRIES ITEMS FREEZE WELL!

TO ORDER: Please mail check payable to "Saint George Cathedral" with order form to:
 Saint George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name: _____

Phone: (_____) Email Address: _____

PICK- Up Date: Saturday Night April 15, 2023(after Paschal Service)

For more information, please contact Amal Hakim | 320 Palermo Ave, coral Gable, Fl. 33134| 305 – 444 - 6541.

Paschal Basket

On paschal night we bring a wicker basket full of food they abstained from during Great Lent. After the midnight Paschal Liturgy, all gather around the priest to bless the Paschal baskets and enjoy breaking the fast. Candles are lit and the Priest offers the special Paschal Blessing to celebrate the Resurrection of Christ!

These baskets have been prepared with many of the foods from which people abstain from during Great Lent. Several foods are traditionally included in the basket: yeast bread, wine, cheese, Sausage, Mamoul Nuts and Dates, Ka'ak Bihalib and a red colored egg. Each item in the basket has symbolic meaning.



Paschal – a sweet, yeast bread, rich in eggs and butter. Symbolic of Christ Himself, who is “the Bread of Life.” (John 6:35). This bread is usually a round loaf baked with a golden crust and decorated with a cross.



Cheese – a reminder of the Promised Land, re-opened to us by Christ’s Resurrection and the “land” we find in the Church, “a land of milk and honey.” (Exodus 3:17).



Sausage – a spicy, smoked, garlic sausage of beef products indicates God’s favor and generosity.



Hard Boiled Eggs – As the chick emerges from the confinement of the shell, so Christ resurrects from the tomb. St. Mary Magdalene appeared to Tiberius Caesar and greeted him with a red egg and the words, “Christ is Risen!”

As we crack our hard-boiled eggs on Pascha, it is traditional for two people to crack them together. The first says, “Christ is Risen!” and the second replies, “Indeed, He is Risen!”



Cover- These articles are placed in a sizable wicker basket and a light colored or pastel ribbon is tied to the handle. A decorated candle is included in the basket along with the foods and is lighted at the time of the blessing and during the Resurrection meal. A linen covering is placed over the food basket as a protective and decorative cover when it is brought to be blessed.



Mamoul Dates - It symbolizes the crown of thorn, which was placed upon the pure head of Christ.



Mamoul Nuts - It symbolizes the tomb where Christ was buried and resurrected from.



Ka'ak Bihalib - containing milk, a sign of new life, this cookie symbolizes the resurrection of Christ.



Wine- represents a new beginning, which is the salvation through the blood of Christ. Wine is used to celebrate this new beginning.



Saint George Antiochian Orthodox Cathedral, Coral Gables, FL

SOYO

2023 All-Night VIGIL Consent Form



Dear Parents of SOYO Members (ages 12-18),

Greetings in the name of the Lord and Savior Jesus Christ!

Thank you for being a part of Saint George SOYO's new growth! With God's Grace, we shall continue to prosper and be the strength of the parish. Every year, on Great and Holy Friday, All members of the Orthodox Church celebrate the entombing of the crucified Lord with a Vigil held on Friday until the morning of Holy Saturday. The Vigil is done in order to guard the Tomb of Christ and every year parishioners, including Teens, participate in this sacred task.

This year's **Annual Great Friday Vigil will begin at 9:00 p.m. after the Lamentation Services on Great Friday, April 14, 2023 in the Church.** This year's Vigil will include: a Scripture Reading Schedule, the Sacrament of Confession, Candlelight Prayer service, a Lenten meal, Bible Study, group activities, and more. The Holy Saturday Liturgy Service will be celebrated at 9:00 a.m. on Saturday, April 15. This form needs to be **completed and returned** to the Church Office no later than Holy Friday, April 14, 2023. **Dismissal will be on Saturday morning after Liturgy! DUE TO THE SACREDNESS OF THIS ENTIRE NIGHT, APPROPRIATE BEHAVIOR AND ATTIRE ARE IMPERATIVE!**

Below, the Parental Consent form states the importance of the SAFETY of all children. For this reason, your child/children will not leave the building for any reason between **Check-In and Check-Out**. Several parental chaperones are needed to assist with managing, setting up, and monitoring. You may contact the Lead Advisor, Hannan Mounayyer, to volunteer.

****Children under 12 MUST be accompanied by parent/guardian****

PARENTAL CONSENT FORM

I, _____, as legal parent/guardian of _____ grant my sons(s)/ daughter(s) permission to participate in and attend the **2023 GREAT FRIDAY VIGIL**, to be held at Saint George Antiochian Orthodox Cathedral, Coral Gables, FL, from **Check-In** at 9:00 p.m. on Friday, April 14, 2023, through **Check-Out** at 10:30 a.m. on Saturday, April 15, 2023. I understand my child/children will not be allowed to leave the Church premises, for his/her/their safety, during the time of the Vigil. **BOTH, MY CHILD/CHILDREN AND I, UNDERSTAND THERE WILL BE A POLICY OF ZERO TOLERANCE FOR MISBEHAVIOR! PARENTS WILL BE NOTIFIED TO PICK UP THEIR CHILD/CHILDREN FOR ANY NON-COMPLIANCE DURING ANY HOUR OF THE VIGIL.**

Please check one:

_____ I shall be present at the VIGIL to take responsibility for my child, and volunteer as a parental chaperone.

_____ I am unable to attend the VIGIL and I do absolve Saint George Antiochian Orthodox Cathedral of Coral Gables, FL of any liability in the event of accident or injury.

Parent's / Guardian's signature: _____ Date: _____

Address: _____

Emergency Telephone: _____

WHAT TO BRING:

- Notebook/pen
- Appropriate change of clothes
- Toiletries-toothbrush, towel, etc.
- Sleeping bag, blanket, pillow

WHAT NOT TO BRING:

- Cell phones
- I-Pods, mp-3 players, CD players, etc.
- Game-boys
- Personal DVD players

Children will certainly be able to use phones **if necessary**. Should parents need to contact their children, they may call the following phone numbers: Hannan Mounayyer (305) 815-5913 Fr. Paul Solberg (716) 983-1145



SAINT GEORGE CATHEDRAL

THE SUNDAY SCHOOL AND THE ANTIOCHIAN WOMEN

Lenten Humanitarian Drive

Toiletries Kit

- Deodorant
- Soap
- Shampoo & Conditioner
- Razor (Men's/Women's)
- Nail clippers
- Foot powder
- Lotion

Dental Care Kit

- Toothbrush
- Toothpaste
- Dental floss
- Mouthwash

Women's Hygiene Kit

- Sanitary napkins
- Tampons
- Moist towelettes

**PILLOWS and
BLANKETS**

All items must be travel size

Deadline to donate will be

April 9, 2023

320 Palermo Ave, Coral Gables | 305 444 6541 | sundayschool@stgmiami.org



Saint George Antiochian Orthodox Cathedral



2023 Creative Arts Festival

**Theme: "Let us make man in our image,
according to Our likeness." Genesis 1:26**

Our Sunday School Students will express themselves
artistically

Through these 5 categories
each student can submit in:

Arts
Photography
Digital Art
Writing
Poetry

Deadline to submit is April 1st, 2023

for any questions please contact: Lama Elhaj (305)7725904 or
email at sundayschool@stgmiami.org

**Saint George Antiochian Orthodox Cathedral
Order of St. Ignatius of Antioch**



3rd Annual Golf Outing



April 29, 2023

**Registration and lunch at 12 pm, Shotgun start at 1 pm
Dinner and Award Ceremony to follow**



Miccosukee Golf & Country Club

6401 Kendale Lakes Dr,
Miami, FL 33183

All proceeds benefit the Dr. Ernest Sayfie Camp Scholarship Fund,
the Dr. Eugene Sayfie Educational Scholarship Fund,
and the Saint Ignatius Educational Scholarship Fund
Your contribution is Tax Deductible Under Section 170 (c) (2)

Cost

\$175 per golfer or \$600 per foursome -
Includes golf cart, practice tee, swag bag,
refreshments, boxed lunch, and dinner
Dinner ticket only- \$50

Sponsorships available



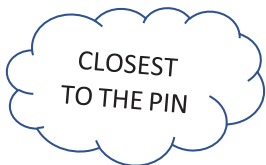
Register Here



3rd Annual Golf Outing



Registration Form



Saturday, April 29th, 2023

Registration and Lunch at 12 pm, Shotgun start at 1 pm

Dinner and Award Ceremony to Follow

Cost

\$175 per golfer or **\$600** per foursome

-Includes golf cart, practice tee, swag bag, refreshments, boxed lunch, and dinner

Miccosukee Golf and Country Club

6401 Kendale Lakes Dr

Miami, FL 33183

Dinner ticket only- \$50

Golfer's Name	Phone Number	Email Address
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Register Online:



If you have a group you want to play with, please submit all the names on one form, not exceeding four.

Singles: fill out the first line and we will add you to a group.

You may email your entry form and credit card payment to TheOrder@StGMiami.org Or fax to (305) 445-6530

For Information, please contact The Order Cathedral Office at (305)444-6541 or

TheOrder@StGMiami.org

All Proceeds will benefit the Dr. Ernest Sayfie Camp Scholarship Fund & Dr. Eugene Sayfie Educational Scholarship Fund, and the Order of St. Ignatius Scholarship Fund

Your contribution is Tax Deductible Under Section 170 (c) (2)



Saint George Antiochian Orthodox Cathedral | The Order of Saint Ignatius of Antioch



3rd Annual Golf Outing

Sponsorship Information

Saturday, April 29th, 2023

Registration and Lunch at 12 pm
Shotgun start at 1 pm

Miccosukee Golf and Country Club
6401 Kendale Lakes Dr
Miami, FL 33183



All Proceeds will benefit the Dr. Ernest Sayfie Camp Scholarship Fund, Dr. Eugene Sayfie Educational Scholarship Fund, and the Order of St. Ignatius Scholarship Fund

Your contribution is Tax Deductible

Sponsorship Levels

DIAMOND SPONSOR - \$2,500

- Includes free registration for 4 golfers
- EXCLUSIVE advertising at a single hole of your choice
- "Longest Drive" - hole prize sponsorship
- Corporate specialty plaque
- Listing as a major sponsor in literature
- Acknowledgments will be given throughout the day

PLATINUM SPONSOR - \$1,000

- "Closest to the Pin" prize sponsorship
- Platinum Specialty Plaque
- Hole (Tee) Sponsor Signs on 6 holes
- Acknowledgments will be given throughout the event

GOLD SPONSOR- \$500

- Gold Specialty Plaque
- Hole (Tee) Sponsor Signs on 3 holes

SILVER SPONSOR - \$300

- Silver Specialty Plaque
- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin

DRINK CART SPONSOR - \$500

- Hole (Tee) Sponsor Sign
- Includes Cathedral Bulletin name insert
- Appreciation Plaque
- Hole (Tee) Sponsor Sign

BOXED LUNCH SPONSOR - \$500

- Hole (Tee) Sponsor Signs on 3 holes
- Includes Cathedral Bulletin name insert
- Appreciation Plaque

SWAG BAG SPONSOR (100 items) - \$250

- Includes Cathedral Bulletin name insert
- Appreciation Plaque

TEE BOX SIGN SPONSOR- \$100 each

- One (1) tee sign with the company logo displayed

50/50 RAFFLE TICKETS

1 for \$5 OR 5 for \$20

All Sponsorship Levels have the option of adding a foursome for \$500



3rd Annual Golf Outing



Sponsorship Form

Sponsor Information

Company _____

Name _____

Address _____

City, State, Zip Code _____

Phone _____

Email Address _____

Payment

- Check
Make check payable to St. George Cathedral
- Visa
- Mastercard
- American Express

Cardholder's Name _____

Card Number _____

Exp. Date _____

Security Code _____

Zip Code _____

Cardholder's Signature _____

Sponsorship Selections

Choose all that apply

Sponsorships

- Diamond
- Platinum
- Gold
- Silver
- Drink Cart
- Boxed Lunch
- Swag Bag
- Tee Box

Add Golf Players

- Single Player(s): _____
- Foursome(s): _____
- Raffle tickets: _____

Total: _____

- Diamond Sponsor- \$2,500
- Platinum Sponsor - \$1,000
- Gold Sponsor- \$500
- Silver Sponsor - \$300
- Drink Cart Sponsor - \$500
- Boxed lunch sponsor - \$500
- Swag Bag Sponsor (100 items) - \$250
- Tee Box Sign Sponsor - \$100 each

50/50 Raffle Tickets - 1 for \$5 or 5 for \$20

Single Golfer \$175

All sponsorship levels have the option of adding a foursome for \$500

please see attached flyer for details

Your contribution is Tax Deductible Under Section 170 (c) (2)

"Let Us make man in Our image, according to Our likeness."

Genesis 1:26



2023 Parish Life Conference
Diocese of Miami and the Southeast
Miami, Florida

Hosted by St. George Cathedral Coral Gables, Florida



**EVENT & HOTEL
REGISTRATION
NOW OPEN!**

**14-17
June
2023**

Bible Bowl

Oratorical

Creative Arts Festival

Workshops

Organization Meetings



**Embassy Suites by Hilton Miami
International Airport**
Room Rate: \$145/night



Event Registration at
www.miamiplc.org

Saint George Cathedral looks forward to hosting all of you in June!



2023 Parish Life Conference Sponsorships

The PLC committee humbly requests you to consider being a sponsor of one of the below listed events. As hosts, of the 40+ churches in our Diocese, your love and support is greatly appreciated!

<i>Event Type</i>	<i>Suggested Amount</i>	<i>Status</i>
Chapel	\$1,000*	OPEN
Wednesday – Clergy and Clergy Wives’ Dinner w/ BISHOP NICHOLAS	\$1,000*	OPEN
Wednesday – Meet and Greet	Any Amount Welcome*	OPEN
Wednesday – Kids Club	\$150	DONATED
Thursday – Breakfast Buffet	Any Amount Welcome*	OPEN
Thursday – Kids Club	\$150	OPEN
Thursday – Dinner Buffet and Evening Social	Any Amount Welcome*	OPEN
Friday – Breakfast Buffet	Any Amount Welcome*	OPEN
Friday – Kids Club	\$150	OPEN
Friday – Dinner Buffet	Any Amount Welcome*	OPEN
Organizational Meetings (AW, AMEN & SOYO)	Any Amount Welcome*	OPEN
SOYO Outing	Any Amount Welcome*	OPEN
YAF Outing	Any Amount Welcome*	OPEN
Bible Bowl	\$500*	OPEN
Oratorical Festival	\$500*	OPEN
General Donation	Any Amount Welcome*	OPEN

SILVER LEVEL Sponsors – Donation of \$500 – Receive One Ticket for The Order of Saint Ignatius Lunch

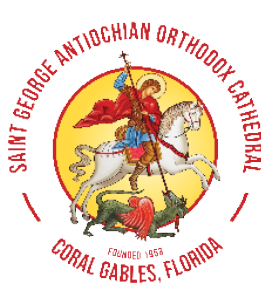
GOLD LEVEL Sponsors – Donation of \$1,000 – Receive One Complimentary Book of Tickets

PLATNIUM LEVEL Sponsors – Donation of \$1,500 – Receive Two Complimentary Book of Tickets

To donate toward one or more of the above items, please see Fr. Paul, PLC Chairlady, Jackie Barakat-Wanna, or Hannan Mounayyer. Thank you for your continued support!

*** Multiple donors are welcome to participate.**

All donations are tax deductible.



Contact Information



Office Hours: Monday - Friday 10:30 a.m. - 4:00 p.m.
Address: 320 Palermo Ave., Coral Gables, FL 33134
Phone: (305)444-6541 Fax: (305)445-6530
Office Email: Office@stgmiami.org
Webmaster: Webmaster@stgmiami.org
Website: www.stgmiami.org

Concerns, care, input, please call:
V. Rev. Fr. Paul Solberg
(716) 983-1145

Follow us on Social Media:
Like us on Facebook: www.facebook.com/stgmiami
Follow us on Instagram: @StGMiami
Subscribe to our YouTube Channel!

