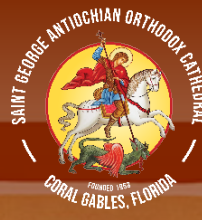


Saint George Antiochian Orthodox Cathedral

Sunday, October 2, 2022



كاتدرائية القديس جاورجيوس للروم الأرثوذكس

الأحد ٢ تشرين الأول ٢٠٢٢

# The Weekly Bulletin

# النشرة الأسبوعية

## SAINT GEORGE



SIXTEENTH SUNDAY AFTER PENTECOST & SECOND SUNDAY OF LUKE

الأحد السادس عشر بعد العنصرة و الأحد الثاني من لوقا الانجيلي

"The disciples were first called Christians in Antioch." Acts 11:26

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

**The Orthodox Christian Faith** proclaims the **Gospel of Jesus Christ**, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the **One, Holy, Catholic (Universal)**, and **Apostolic Church** that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in **God the Father**, through **Jesus Christ**, and sustained by the **Holy Spirit**. **Visitor(s)**, please feel at home in prayer and worship. Only those practicing Orthodox Christians who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

## **Cathedral Administrative and Organizational Body**

The Most Reverend Metropolitan JOSEPH, *Primate*

*Antiochian Orthodox Archdiocese of North America*

The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*

*Diocese of Miami and the Southeast*

Very Reverend Father Paul R. Solberg, *Pastor*



### **Brotherhood of the Noble Joseph:**

V. Rev. Fr. Paul Solberg, *Pastor*

Sdn. Charles Khoury

Sdn. Elie Bardawil

Sdn. Sean Hatem

Sdn. Louis Hatem

Sdn. Hanna Soufia

Acolytes (servers)

Jackson King, *Choir Director/Lead Chanter*

Dr. Don Shalhub, *Chanter*

Yamil Zacur, *Lead Usher*

All Choir Members and Ushers

### **Council Stewardship Committee:**

Muazzi Hatem, *Finance*

Douglas Ede, *Legal*

Jamal Habib, *Membership*

Lama Elhaj, *Property Usage*

Yamil Zacur, *Property Management*

Noura Soufia, *Public Relations/Web Master*

Nasser Soufia, *Vision and Development*

### **Orthodox Christian Arabic School**

Reem Yazji, *Coordinator*

### **Cathedral Office:**

Mrs. Elsa Herrmann, *Office Secretary*

### **Cathedral Council:**

V. Rev. Fr. Paul Solberg, *Pastor*

Andrea Abu-Akel, *Chairlady*

Nasser Soufia, *Vice-Chairman*

Jackie Barakat-Wanna, *Secretary*

Lora Khoury, *Treasurer*

Muazzi Hatem, *Financial Secretary*

Sdn. Elie Bardawil, *Member*

Zeina Bardawil Farah, *Member*

Douglas Ede, *Member*

Jamal Habib, *Member*

Dr. Don Shalhub, *Member*

Noura Soufia, *Member*

Hannan Mounayyer, *Member*

Antoine Nahas, *Member*

Yamil Zacur, *Member*

Tony Zammar, *Member*

### **Council ex officio Members:**

Lama El Haj, *Sunday School Principal*

Yola Hayek, *Antiochian Women*

Noura Soufia, *Young Adult Fellowship*

Emma El Haj, *SOYO*

Zeina B. Farah, *Order of Saint Ignatius*

Tony Zammar, *Antiochian Men*

### **SOYO Advisory Team:**

Hannan Mounayyer, *Lead Advisor*

Said Elhaj

# DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

## CHANGES IN THE DIVINE LITURGY

## تغييرات في القداس

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this *Weekly Bulletin* for the changes in today's Divine Liturgy (SEE BELOW).

### ~ During the Little Entrance ~

#### **Apolytikion of the Resurrection (Tone Seven)**

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment-bearing women into joy. And didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

حَطَمْتَ بِصَلِيْبِكَ الْمَوْتَ، وَفَتَحْتَ لِلصَّ الْفِرْدَوْسَ، وَحَوَّلْتَ نَوْحَ حَامِلَاتِ الطَّيِّبِ، وَأَمَرْتَ رُسُلَكَ أَنْ يَكْرِزُوا، بِأَنَّكَ قَدْ قُمْتَ أَيُّهَا الْمَسِيحُ إِلَهُ، مَانِحاً الْعَالَمَ الرَّحْمَةَ الْعُظْمَى

#### **The Entrance Hymn for Ordinary Sundays (Tone Two)**

*O come, let us worship and fall down before Christ, our King and our God. **Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.***

هَلُمُّوا لِنَسْجُدْ وَنَزْكَعْ لِلْمَسِيحِ مَلِكِنَا وَإِلَهِنَا. خَلَّصْنَا يَا ابْنَ اللَّهِ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، لِنُرْتِّلَ لَكَ. هَلِّلُوبِيَا.



## ~ After the Little Entrance ~

**Apolytikion of St. Cyprian (Tone Seven)**

By choosing the Apostles' way of life, thou hast succeeded to their throne. Inspired by God, thou didst find the way to divine contemplation through the practice of virtue. After teaching the Word of Truth without error, thou didst defend the Faith to the very shedding of thy blood, O Hieromartyr Cyprian. Entreat the Lord our God to save our souls.

صِرْتُ مُشَابِهًا لِلرُّسُلِ فِي أَحْوَالِهِمْ، وَخَلِيفَةً فِي كِرَاسِيهِمْ، فَوَجَدْتَ بِالْعَمَلِ الْمِرْقَاةَ إِلَى الثَّوَرِيَّاءِ يَا أَيُّهَا اللاهِجُ  
بِاللَّهِ. لِذَلِكَ تَتَبَّعْتَ كَلِمَةَ الْحَقِّ بِاسْتِقَامَةٍ، وَجَاهَدْتَ عَنِ الْإِيمَانِ حَتَّى الدَّمِ. أَيُّهَا الشَّهِيدُ فِي الْكَهَنَةِ  
كَبْرِيَانُوسَ، فَتَشَفَّعْ إِلَى الْمَسِيحِ إِلَهِ أَنْ يُخَلِّصَ نَفُوسَنَا

**Apolytikion of St. George (Tone Four)**

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls. بما أَنَّكَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمُعْتِقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ وَعَنِ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي الشُّهَدَاءِ جَوَارِجِيوسُ اللَّابِسُ الظَّفَرَ تَشَفَّعْ إِلَى الْمَسِيحِ إِلَهِ فِي خَلَاصِ نَفُوسِنَا.

**Ordinary Kontaktion (Tone Two)**

O protection of Christians that cannot be put to shame, mediation unto the Creator most constant, O despise not the suppliant voices of those who have sinned; but be thou quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession, and speed thou to make supplication, thou who dost ever protect, O Theotokos, them that honor thee.

يَا شَفِيعَةَ الْمَسِيحِيِّينَ غَيْرِ الْخَازِيَةِ، الْوَسِيطَةَ لَدَى الْخَالِقِ غَيْرِ الْمَرْدُودَةِ، لَا تُعْرِضِي عَنْ أَصْوَاتِ طَلِبَاتِنَا  
نَحْنُ الْخَطَاةَ، بَلْ تَدَارِكُنَا بِالْمَعُونَةِ بِمَا أَنَّكَ صَالِحَةٌ، نَحْنُ الصَّارِحِينَ إِلَيْكَ بِإِيمَانٍ: بِادِرِي إِلَى الشَّفَاعَةِ  
وَأُسْرِعِي فِي الطَّلِبَةِ، يَا وَالِدَةَ إِلَهِ، الْمُتَشَفَّعَةَ دَائِمًا بِمُكْرَمِيكِ



The Lord will give strength to His people.

Bring unto the Lord, ye sons of God, bring unto the Lord glory and honor.

## The Reading from the Second Epistle of St. Paul to the Corinthians (6:1-10)

Brethren, since we are fellow workers, we entreat you also not to receive the grace of God in vain. For He says, "At an acceptable season I hearkened unto thee, and in a day of salvation I helped thee"; behold, now is "the acceptable season"; behold, now is "the day of salvation"; giving no occasion of stumbling in anything, that the ministry is not blamed, but in everything commending ourselves, as ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labors, in vigils, in fasts, in purity, in knowledge, in longsuffering, in kindness, in the Holy Spirit, in love unfeigned, in the word of truth, in the power of God; by the weapons of righteousness on the right hand and on the left, by glory and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

الرَّبُّ يُعْطِي قُوَّةً لِشَعْبِهِ.

قَدِّمُوا لِلرَّبِّ يَا أَبْنَاءَ اللَّهِ، قَدِّمُوا لِلرَّبِّ مَجْدًا وَكَرَامَةً.

فَصَلُّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسِ الرَّسُولِ الثَّانِيَةِ إِلَى أَهْلِ كورنثوس.

يَا إِخْوَةُ، إِنَّمَا أَنَا مُعَاوِنُونَ، نَطْلُبُ إِلَيْكُمْ أَنْ لَا تَقْبَلُوا نِعْمَةَ اللَّهِ فِي الْبَاطِلِ. لِأَنَّهُ يَقُولُ "إِنِّي فِي وَقْتٍ مَقْبُولٍ اسْتَجَبْتُ لَكَ، وَفِي يَوْمِ خَلَاصٍ أَعْنَتُكَ." فَهَؤُذَا الْآنَ وَقْتُ مَقْبُولٍ. هَؤُذَا الْآنَ يَوْمُ خَلَاصٍ. وَلَسْنَا نَأْتِي مَعْتَرَةً فِي شَيْءٍ لِئَلَّا يَلْحَقَ الْخِدْمَةُ عَيْبٌ بَلْ نُظْهِرُ فِي كُلِّ شَيْءٍ، أَنْفُسَنَا كَخَدَّامِ اللَّهِ، فِي صَبْرٍ كَثِيرٍ، فِي شِدَائِدٍ، فِي ضَرُورَاتٍ، فِي ضِيقَاتٍ، فِي جَلَدَاتٍ، فِي سُجُونٍ، فِي اضْطِرَابَاتٍ، فِي أَتْعَابٍ، فِي أَسْهَارٍ، فِي أَصْوَامٍ، فِي طَهَارَةٍ، فِي مَعْرِفَةٍ، فِي طَوْلِ أَنَاةٍ، فِي رَفْقٍ، فِي الرُّوحِ الْقُدُسِ، فِي مَحَبَّةٍ بِلا رِيَاءٍ، فِي كَلِمَةِ الْحَقِّ، فِي قُوَّةِ اللَّهِ، بِأَسْلِحَةِ الْبِرِّ عَنِ الْيَمِينِ وَعَنِ الْيَسَارِ، بِمَجْدٍ وَهَوَانٍ، بِسُوءِ صِيَةٍ وَحُسْنِهِ. كَأَنَّا مُضِلُّونَ وَنَحْنُ صَادِقُونَ، كَأَنَّا مَجْهُولُونَ وَنَحْنُ مَعْرُوفُونَ، كَأَنَّا مَائِتُونَ وَهَآ نَحْنُ أَحْيَاءُ، كَأَنَّا مُؤَدَّبُونَ وَلَا نُقْتَلُ، كَأَنَّا حَزَانِي وَنَحْنُ دَائِمًا فَرِحُونَ، كَأَنَّا فَقَرَاءُ وَنَحْنُ نُغْنِي كَثِيرِينَ، كَأَنَّا لَا شَيْءَ لَنَا وَنَحْنُ نَمْلِكُ كُلَّ شَيْءٍ.

**The Reading from the Holy Gospel according to St. Luke (6:31-36)**

The Lord said: "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for He is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

فَصَلُّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِّيسِ لُوقَا الْإِنْجِيلِيِّ الْبَشِيرِ وَالتَّلْمِيزِ الطَّاهِرِ.

قَالَ الرَّبُّ: كَمَا تُرِيدُونَ أَنْ يَفْعَلَ النَّاسُ بِكُمْ، كَذَلِكَ افْعَلُوا أَنْتُمْ بِهِمْ. فَإِنَّكُمْ إِنْ أَحْبَبْتُمْ الَّذِينَ يُحِبُّونَكُمْ، فَأَيَّةُ مَنَّةٍ لَكُمْ؟ فَإِنَّ الْخَطَاةَ أَيْضاً يُحِبُّونَ الَّذِينَ يُحِبُّونَهُمْ. وَإِذَا أَحْسَنْتُمْ إِلَى الَّذِينَ يُحْسِنُونَ إِلَيْكُمْ، فَأَيَّةُ مَنَّةٍ لَكُمْ؟ فَإِنَّ الْخَطَاةَ أَيْضاً يَصْنَعُونَ. وَإِنْ أَقْرَضْتُمْ الَّذِينَ تَرْجُونَ أَنْ تَسْتَوْفُوا مِنْهُمْ، فَأَيَّةُ مَنَّةٍ لَكُمْ؟ فَإِنَّ الْخَطَاةَ أَيْضاً يَقْرِضُونَ الْخَطَاةَ لِكَيْ يَسْتَوْفُوا مِنْهُمْ الْمِثْلَ. وَلَكِنْ، أَحِبُّوا أَعْدَاءَكُمْ، وَأَحْسِنُوا وَأَقْرِضُوا غَيْرَ مُؤَمِّلِينَ شَيْئاً، فَيَكُونَ أَجْرُكُمْ كَثِيراً، وَتَكُونُوا بَنِي الْعَلِيِّ. فَإِنَّهُ مُنْعِمٌ عَلَى غَيْرِ الشَّاكِرِينَ وَالْأَشْرَارِ. فَكُونُوا رُحَمَاءَ كَمَا أَنَّ أَبَاكُمْ هُوَ رَحِيمٌ.

# THE SYNAXARION



On October 2 in the Holy Orthodox Church, we commemorate **The Holy Hieromartyr Cyprian and the Virgin Martyr Justina.**

Saint Justina who was from Damascus, lived in virginity for the sake of Christ. Saint Cyprian, who was from Antioch, began as an initiate of magic and worshipper of the demons. A certain foolish young man who had been smitten with Justina's beauty hired Cyprian to draw her to love him; when Cyprian had wed every demonic device he knew, and had failed, being repulsed by the power of Christ Whom Justina invoked, he understood the weakness of the demons and came to know the truth.

Delivered from demonic delusion, he came to Christ and burned all his books of magic, was baptized, and later ascended the episcopal throne in his country. Later, he and Justina were arrested by the Count of Damascus, and having endured many torments at his hands, they were sent finally to Diocletian in Nicomedia, where they were beheaded about the year 304.

The Mystery of Repentance: Every Christian feels a natural yearning of the heart towards God, a true desire to taste the sweetness of communion with Him as He created us to be. This longing for inner peace can be fulfilled as we participate in the spiritual life within the Orthodox Church. In particular, the Mystery of Repentance (Holy Confession) restores us to a blessed union with the Living God.

Confessions are heard after Saturday Vespers or by contacting Fr. Paul for an appointment on Tuesdays-Fridays. An excellent resource to assist us in preparing for confession is available at: <http://www1.antiochian.org/orthodox-prayers/self-examination-confession>.





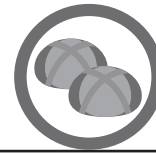
TODAY

October 2, 2022

EPISTLE READER

English: Yara Yazji

Arabic: Antonio Mourad



## HOLY BREAD OFFERING

TODAY  
October 2

Nasser and Tania Soufia

For the good health of the Soufia Family and for Hanna Soufia on the occasion of his birthday

For the Good Health and long life of Louie and Ernestine Ede on the occasion of their 69th Wedding Anniversary by their children, grandchildren and great grandchildren

Kevin and Elsa Hermann

For the good health of Elsa Merino, Maritze & Rosalbe Merino and sons

October 9

Joudeh and Muna Ghawali

For the good health of their family

October 16

Said and Lama El-Haj

For the good health of their family

Paula Bardawil and Family

In memory of Dr. Maurice Bardawil

October 23

Nasser and Tania Soufia

For the good health of the Soufia Family and for Gianna Soufia on the occasion of her birthday

## COFFEE HOUR SPONSOR

TODAY  
October 2

Nasser and Tania Soufia

For the good health of the Soufia Family and for Hanna Soufia on the occasion of his birthday

October 9

Joudeh and Muna Ghawali

For the good health of their family

October 16

Said and Lama El-Haj

For the good health of their family

October 23

Nasser and Tania Soufia

For the good health of the Soufia Family and for Gianna Soufia on the occasion of her birthda

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.



## ALTAR VIGIL CANDLE

The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).

October

Mouna Dahlan & Family  
Tony and Vivian Zammar & Family  
For the good health of their family  
Shammaseh Pat Nimer and the Nimer & Ameen Families  
In loving memory of +Archdeacon David Nimer

November

Shammaseh Pat Nimer and the Nimer & Ameen Families  
In loving memory of +Archdeacon David Nimer

December

Shammaseh Pat Nimer and the Nimer & Ameen Families  
In loving memory of +Archdeacon David Nimer

## PRAYER LIST

### Prayer List of the Living

Nasser, Tania, Noura, Hanna, and Gianna Soufia; Elias and Ernestine Ede and family; Rev. Fr. Gustavo and Kh. Margarita Alfonso and Family; Kevin and Elsa Hermann, Elsa Merino, Maritze & Rosalbe Merino and sons; All those affected by Hurricane Ian; Aid Abu-Akel, Alex Abu-Akel; Carol Bardawil and Hala Massani; Mouna and Lauren Dahlan; Tony and Vivian Zammar & Family; Shammaseh Pat Nimer and the Nimer & Ameen Families; Tabte, Jamal, and Mona Habib; Souad Nahas; Laila Soufia; Jeanette Haddad-Stern; Elsa Merino; Roger Nimer, The Entire Sayfie Family; Aregash Gabriel, Susan Panayotti Elias, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Jean Joseph, Martha Alfonso, Kiwan Khoury; Najat Zacur, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan.

### Prayer List of the +Departed

+Archdeacon David Nimer  
+All those departed due to Hurricane Ian  
+Kareem Zakharia  
+William Bardawil  
+Sean Nicholas O'Brien  
+Dr. Maurice Bardawil  
+Emile Farah  
+Ibrahim Khoury  
+Michel Husson  
+Michael Dahlan  
+Samira Abou Rjaily  
+George Chukrallah Habib  
+Jorge Diab Zacur



# Cathedral Calendar



<b>Today</b>	Orthros (Matins)	9:15 a.m.
	Divine Liturgy	10:30 a.m.
<b>Today</b>	Sunday School Classes	following Divine Liturgy
<b>Today</b>	AMEN General Meeting	following Divine Liturgy

## Save the Date!

"SOYO Month"	October 2022
Teen SOYO Baking	October 8, 2022
AW Baking for Festival	October 8, 2022 (9:30 a.m)
Teen SOYO Bake Sale benefiting Breast Cancer Awareness	October 9, 2022
Sunday School Fun Day	October 22, 2022
Sunday School Staff Meeting	October 23, 2022
Middle Eastern Festival	November 5-6, 2022
Teen SOYO Pilgrimage	January 2023

### **Everyone is invited to checkout our upcoming Catechumen Classes!**

In the near future, a series of Catechumen Classes will be announced. Our times of instruction and dialogue will be in person and possibly via 'Zoom Video Conferencing' as well. The purpose of the instruction is to cover the basic essentials of Orthodox Christianity that will lead to a blessed union with the Lord. There are several ways in which we learn more and more concerning our Christian life such as our participation in divine services, prayer, study, community fellowship and service. Because there is no official Orthodox Catechism in the English language, each catechumen will be encouraged to listen a series of beneficial and informative Catechetical Lectures by The V. Rev. Fr. Josiah Trenham. The topics include salvation, the Holy Trinity, the Church, the Theotokos, mans relationship to God and the importance of the Holy Mysteries. More information will be shared in the near future regarding this spiritual journey.

+Father Paul



His Eminence  
The Most Reverend  
Metropolitan JOSEPH

The Right Reverend  
Bishop JOHN



Archbishop of New York and  
Metropolitan of  
All North America

Chairman of the Temporary  
Operating Committee

## ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

October 2022

**To be read from the pulpit and printed in the bulletin.**

Beloved Hierarchs, reverend Clergy, and Christ-loving Faithful of our Archdiocese,

Greetings in the name of our Lord Jesus Christ!

October is Youth Month in our archdiocese, a time to focus on the place of young people in the Church. Throughout this month, we ask them to read the epistle and pass the collection tray, but this is not the extent of their service to God. These visible roles are just a symbol of the fact that we consider them, even at this young age, to be true partners within the Body of Christ. We recognize that each of them is called to contribute his or her work to our common life and ministry. We need them to serve in many ways now and to prepare for even greater service in the future.

To our youth I say this: Boldly and courageously follow Christ. As St. Paul says, “Let no one despise your young age, but be an example for the believers in word, in behavior, in love, in faith, and in purity” (1 Timothy 4:12). Out of love for Christ, turn away from the empty distractions of worldly life and follow the hard path of virtue. Dedicate your lives to God as a sacrifice, a holy gift of love that pleases Him. Serve God, the Church, and humanity with all the energy and idealism of your age. Your growth in virtue, in service, and in devotion to Christ will bring us the greatest joy.

October is also Seminary Month, a reminder of our seminaries’ and theological institutions’ critical role in preparing the next generation of priests, deacons, youth workers, chanters, iconographers, chaplains, and teachers. Since this year has been dedicated to the theme of vocations, I ask our young people to prayerfully discern whether they are being called to one of these particular ministries. We especially need faithful young men, full of love and zeal, to consider a calling to the priesthood. I encourage our youth to talk to their bishops, priests, youth workers, and parents to seek help in discovering and following their vocations in the Church. And I ask our adults to do everything they can to support them in following these callings from God.

Finally, in light of Seminary Month, we ask all our parishes to take a special collection in support of our seminaries and theological institutions. Please give generously to support these schools in their essential mission. May the Lord bless all our efforts to train future clergy and church workers.

Yours in Christ,

Bishop JOHN, Chairman  
Temporary Operating Committee  
Antiochian Orthodox Christian Archdiocese of North America

*“The disciples were first called Christians in Antioch” (Acts 11: 26)*

358 Mountain Road, P.O. Box 5238, Englewood, NJ 07631-5238  
(201) 871-1355 T Archdiocese@antiochian.org (201) 871-7954 F

# HURRICANE IAN ASSISTANCE



## IAN LEAVES CATASTROPHIC DAMAGE IN FLORIDA, TENS OF THOUSANDS IN SHELTERS

Our hearts go out to everyone affected by Hurricane Ian's catastrophic damage. We know this is a challenging time. It will be days before the full scope of the damage that Ian left behind is revealed, and the danger isn't over.

We call on all of you for your support for all affected. Your donation will assist in arranging for hot meals, establishing shelters for thousands of people with no place else to go, and many other services to bring comfort to those in need.

### HOW CAN YOU HELP?

There will be two separate collections -  
**today, Sunday, October 2 and next week Sunday, October 9.**

Donations will also be accepted online (please designate "Hurricane Relief") or by mailing your personal check to the Cathedral. A donation from the Cathedral on your behalf will be made to the Red Cross who has established a separate outreach to those affected by Hurricane Ian.

*"Give and it will be given to you: good measure, pressed down, shaken together,  
and running over will be put into your bosom. For with the same measure that you use,  
it will be measured back to you." Luke 6:38*

God bless you all and thank you for your generosity!

Dear Cathedral Family

*“Bear one another’s burdens, so fulfill the law of Christ.” Galatians 6:2*

All of us are called to be servants of Christ in our own way!

As Hurricane Fiona begins her move toward the gulf side of Florida, may we be thankful to God that we are not directly impacted and fervently pray for those who are now in her path. May we also be thankful for the many blessings God bestows upon us each and every day.

As we enter the last phase of hurricane season, we would like to ask your help in establishing a "Hurricane Assistance Team." It is our hope that we can offer assistance to parishioners who are unable to secure their homes; offer to deliver supplies to those homebound, offer to help remove debris, and many other services.

We ask each of you – if you are able – to volunteer and be a part of this amazing team. **Even if you only have a few hours to offer, any commitment is welcome.** Please reach out to the Cathedral Office within the next few days and let Elsa know what services you are able to offer.

This beautiful team of volunteers from the parish will be part of a WhatsApp chat group and when calls come through to the Cathedral in these tough times, we will reach out to this Group for assistance.

Once a team is established, we will reach out again to all of you with more details.

May God bless you abundantly and always for your love and graciousness toward others.

*Fr. Paul*  
Fr. Paul Solberg  
Cathedral Dean

*Andrea M. Abu-Akel*  
Andrea M. Abu-Akel  
Cathedral Council Chairlady



# **A Guide to Church Etiquette**

## **How to Show Proper Respect and Reverence in Church**

### **CHURCH ETIQUETTE**

The Holy Orthodox Church is perhaps one of the last social institutions where dignity, protocol, respect, and reverence are maintained. This is primarily because when we come to the church and its services we are entering the Kingdom of God on earth, His habitation, and we choose to honor this sacred place by our attentiveness to what is proper and ordered. We have the opportunity to reflect the image of Christ within us by our actions. "You are a chosen generation, a royal priesthood, a holy nation" (1 Peter 2:9).

This guide is meant for personal reflection, not as a means of judging others. Keep in mind that there are different traditions even among the Orthodox faithful. We come to church to pray and worship God above all else, and that should be our only focus.

### **LIGHTING OF CANDLES**

It is a pious Orthodox tradition to light candles for personal petitions and intercessions when entering the church. Most parishes have designated candle stands or holders for these candles.

It is not proper to light candles at certain times during the service—generally the same times when you should not enter the church, such as during the Little and Great Entrances, when the priest is censing the icons and congregation or giving the homily, or during the reading of the Epistle or Gospel.

The candles should be allowed to burn all the way down without being extinguished early, since the burning candle symbolizes our prayers rising to heaven and the light of Christ in our midst. Please do not allow young children to light candles alone, for safety reasons. It is customary to make a donation for each candle.

### **ADDITIONAL PIOUS CUSTOMS**

- **Crossing oneself**—It is always appropriate to cross oneself at the mention of the Holy Trinity—Father, Son, and Holy Spirit; whenever entering or leaving the church; at the beginning of the Liturgy; when passing in front of the altar; when venerating an icon, the Gospel, or the cross; and at times for personal petitions.

It is not necessary to cross oneself when the priest is giving a blessing or censing the congregation. Instead, one should bow to receive the blessing.

- **Bowing**—Orthodox Christians bow when the Theotokos and Christ are petitioned. They also bow to the priest at his blessing, and when he asks forgiveness before the Great Entrance and again before Holy Communion. It is traditional for the Orthodox faithful to bow and cross themselves when they enter and leave the church, and when they pray before the icons.
- **Kneeling**—In some Orthodox traditions there are times when kneeling is a pious practice in the Liturgy, the most notable being at the Consecration of the Holy Gifts. However, kneeling is prohibited during the Paschal season, from Pascha to Pentecost, in honor of the Resurrection.
- **Touching the priest's vestments**—It is a tradition in some parishes to touch the hem of the priest's vestment or phelonion as he passes by in the Great Entrance with the Holy Gifts. This custom imitates the woman who was healed by touching the hem of Christ's robe. When touching the hem of the priest's phelonion, one should be careful not to step in front of the procession, to pull or tug on the garment, or to push anyone away.

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For the next few weeks, the Cathedral Bulletin will feature excerpts from the Antiochian Orthodox Christian Archdiocese booklet "A Guide to Parish Etiquette." We pray it is helpful to all who come to worship - new attenders and visitors (wishing to know more about the practices of the Orthodox faith) and life-long members as well. A printed copy of the entire booklet is located in the Narthex of the Church. Please reach out to our ushers who will gladly provide you with your own personal copy.

We are thankful you are here today praying with the Cathedral Community!



**Saint George Cathedral, Coral Gables, FL**

# *Middle Eastern Festival*

***Saturday, Nov. 5, 2022 - 12PM - 12AM***

**Live Entertainment by  
Singer FARAH FARAH & Maestro Haitham Zbib  
\$20 Entrance Fee After 6PM**

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***Sunday, Nov. 6, 2022 - 12PM - 7PM***

**DJ Music | Grand Raffle Drawing  
Winning Prize: 7 Day Caribbean Cruise for 2**

320 Palermo Avenue, Coral Gables, FL, 33134  
305.444.6541





# Middle Eastern Festival

November 5-6, 2022 | Sponsorships List



G O L D	Entertainment #1	-	\$500.00	-	OPEN
	Entertainment #2	-	\$500.00	-	OPEN
	Entertainment #3	-	\$500.00	-	OPEN
	Entertainment #4	-	\$500.00	-	OPEN
	Entertainment #5	-	\$500.00	-	OPEN
	Food #1	-	\$500.00	-	<b>DONATED</b>
	Food #2	-	\$500.00	-	<b>DONATED</b>
	Food #3	-	\$500.00	-	<b>DONATED</b>
	Food #4	-	\$500.00	-	<b>DONATED</b>
	Food #5	-	\$500.00	-	<b>DONATED</b>

S I L V E R	Decorations #1	-	\$250.00	-	OPEN
	Decorations #2	-	\$250.00	-	OPEN
	Decorations #3	-	\$250.00	-	OPEN
	Games #1	-	\$250.00	-	OPEN
	Games #2	-	\$250.00	-	OPEN
	Games #3	-	\$250.00	-	OPEN
	Games #4	-	\$250.00	-	OPEN
	Games #5	-	\$250.00	-	OPEN

B R O N Z E	Raffle Printing #1	-	\$100.00	-	OPEN
	Raffle Printing #2	-	\$100.00	-	OPEN
	Raffle Printing #3	-	\$100.00	-	OPEN
	Raffle Printing #4	-	\$100.00	-	OPEN
	Raffle Printing #5	-	\$100.00	-	OPEN
	Drinks #1	-	\$100.00	-	OPEN
	Drinks #2	-	\$100.00	-	OPEN
	Drinks #3	-	\$100.00	-	OPEN
	Drinks #4	-	\$100.00	-	OPEN
	Drinks #5	-	\$100.00	-	OPEN

**GOLD LEVEL** Sponsors - Receive Complimentary Book of Raffle Tickets & Two Festival Entrance Passes

**SILVER LEVEL** Sponsors - Receive Two Complimentary Festival Entrance Passes

**BRONZE LEVEL** Sponsors - Receive Complimentary Book of Raffle Tickets

**Partial Proceeds to Support the Children's Relief Fund!**

**Please see Noura Soufia to Donate**





# Middle Eastern Festival



November 5-6, 2022

## **COOKING PREPARATION**

STARTING 9:00AM EACH DAY

Saturday, September 24, 2022

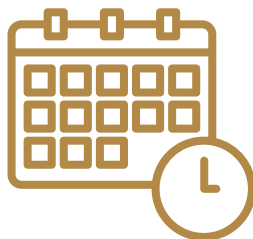
Saturday, October 1, 2022

Saturday, October 8, 2022

Saturday, October 15, 2022

Saturday, October 29, 2022

Let's get ready for this year's festival!  
All are welcome to attend the cooking  
preparation dates to begin cooking  
for our annual festival.



320 Palermo Ave, Coral Gables, FL 33134 | 305.444.6541

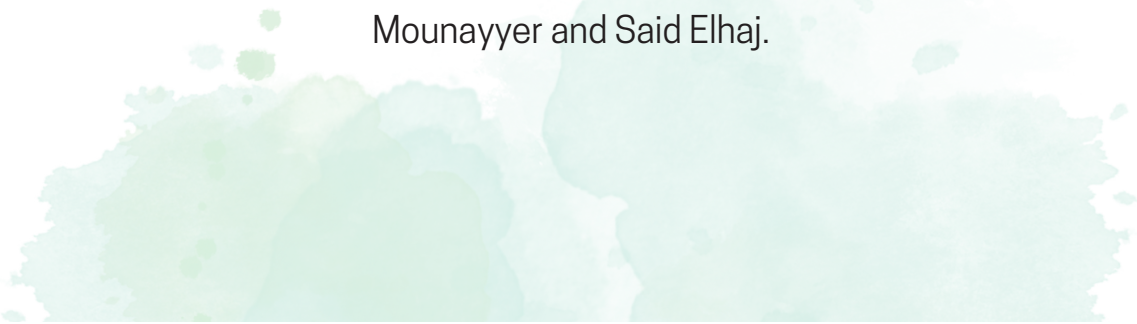


# Teen SOYO Pilgrimage

JANUARY 14-16, 2023

Teen SOYO's Annual Pilgrimage is back and we are on our way to Toledo, Ohio! Our teens will travel to engage with the teens of St. Elias and Saint George Cathedral in Toledo, as well as the Basilica of Saint Mary in Livonia and St. George in Detroit, Michigan!

SAVE THE DATE: January 14- 16, 2023. There is limited spacing so if your teen is interested, please talk to one of the Teen SOYO Advisors – Hannan Mounayyer and Said Elhaj.





SAINT GEORGE CATHEDRAL  
ANTIOCHIAN MEN

# GENERAL MEETING

CALLING ALL MEN!



ORGANIZATION MEETING  
AFTER CHURCH ON  
SUNDAY, OCTOBER 2, 2022

320 Palermo Avenue, Coral Gables, FL 33134

# Congratulations

## TO THE NEWEST MEMBERS OF THE ORDER OF SAINT IGNATIUS OF ANTIOCH

**Mrs. Belgica Hernandez Mourad**

*Sponsored by Mrs. Jacqueline Barakat-Wanna*

**Dr. Nicholas Mabardi**

*Sponsored by Dr. Antoine Nahas*

**Dr. Waleed Snejj**

*Sponsored by Dr. Hani Jumean*

**Mrs. Marie Totari Snejj**

*Sponsored by Mr. Elias Ede*





ST. GEORGE CATHEDRAL  
SUNDAY SCHOOL

# Sunday School Fun Day

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SATURDAY, OCTOBER 22, 2022

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11am-2pm

Please join us for a day of  
exciting activities, games and  
more!

Lunch will be provided in the church hall

Fun For The  
Entire Family

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320 Palermo Ave Coral Gables, FL | 305.444.6541 |  
SundaySchool@StGMiami.org

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Saint George Cathedral  
SOYO

# OCTOBER IS SOYO MONTH

Saturday, October 8, 2022 at 10AM –  
Baking Desserts for SOYO Fundraiser

Sunday, October 9, 2022 – PINK SUNDAY,  
in Honor of Breast Cancer Awareness, Everyone  
Wear Pink to Church!

Sunday, October 16, 2022 – Collection and  
Fundraiser to Support Special Olympics

Sunday, October 23, 2022 –  
Sports Tournament after Church

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During this month, SOYO members participate  
in the service by reading the epistle and  
ushering. Please see a SOYO officer or advisor  
if you'd like to participate.

[SOYO@StGMiami.org](mailto:SOYO@StGMiami.org) | 305.444.6541



**St. Philip's Church**  
**Annual Fall Dinner Haffl**

*an evening with*

**Richard Corey**

**Fadi Hardan, Elias Kilzi & Walid Abusad**



**Saturday, October 29, 2022**

**Doors Open**

**at 7:30 PM**



**Adults \$65pp**

**Students & Children**

**11 - 17 \$30pp**

**10 & Under free**

**Catered Dinner**  
**included**

**Cash Bar**

**Great Music**

**50/50 Raffle**

**Door Prize**

**RSVP by email:**  
**office@orthodoxfl.com**  
**or Pam Black**  
**(954) 224-9228**



**sponsored by:**

**The Parish Council**  
**4860 Griffin Road**  
**Davie, FL 33314**



## Contact Information



Office Hours: Monday - Friday 10:30 a.m. - 4:00 p.m.  
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Phone: (305)444-6541 Fax: (305)445-6530  
Office Email: Office@stgmiami.org  
Webmaster: Webmaster@stgmiami.org  
Website: www.Stgmiami.org

Concerns, care, input, please call:  
V. Rev. Fr. Paul Solberg  
(716) 983-1145

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