

Saint George Antiochian Orthodox Cathedral

Sunday, March 07, 2021

# The Weekly Bulletin



كاتدرائية القديس جاورجيوس للروم الأرثوذكس

الأحد ٧ آذار ٢٠٢١

# النشرة الأسبوعية



## SUNDAY OF THE LAST JUDGEMENT (MEAT FARE SUNDAY)

### أحد الدينونة أي مرفع اللحم

The Orthodox Christian Faith proclaims the Gospel of Jesus Christ, the teachings of the Apostles, and the tradition and life of the living Church worldwide, free from error and distortion through worship, communion, witness, and service. We are one community of many in the One, Holy, Catholic (Universal), and Apostolic Church that has maintained, throughout the ages, a continuity of faith and love with the apostolic community—founded in God the Father, through Jesus Christ, and sustained by the Holy Spirit. Visitor(s), please feel at home in prayer and worship. Only those who have prepared themselves may approach the Chalice for Holy Communion. Everyone else is welcome to partake of the Blessed Holy Bread after the Divine Liturgy.

The Weekly Bulletin is an official publication of Saint George Antiochian Orthodox Cathedral, Coral Gables, Florida.

# Cathedral Administrative and Organizational Body

The Most Reverend Metropolitan JOSEPH, *Primate*

*Antiochian Orthodox Archdiocese of North America*

The Right Reverend Bishop NICHOLAS, *Diocesan Bishop*

*Diocese of Miami and the Southeast*

The Reverend Father Joseph Hector Abouid

*Cathedral Dean*



## Brotherhood of the Noble Joseph:

Rev. Fr. Joseph Hector Abouid, *Dean*

Sdn. Charles Khoury

Sdn. Elie Bardawil

Sdn. Sean Hatem

Sdn. Louis Hatem

Sdn. Hanna Soufia

Acolytes (servers)

Jackson King, *Choir Director/Lead Chanter*

Dr. Don Shalhub, *Chanter*

Yamil Zacur, *Lead Usher*

All Choir Members and Ushers

## Council Stewardship Committee:

Muazzi Hatem, *Finance*

Douglas Ede, *Legal*

Jamal Habib, *Membership*

Carmen Kostik, *Ministry Coordination*

Lama Elhaj, *Property Usage*

Yamil Zacur, *Property Management*

Noura Soufia, *Public Relations/Web Master*

Nasser Soufia, *Vision and Development*

## Orthodox Christian Arabic School

Reem Yazji, *Coordinator*

## Cathedral Office:

Mrs. Elsa Herrmann, *Office Secretary*

*“The disciples were first called Christians in Antioch.”*

*Acts 11:26*

## Cathedral Council:

Rev. Fr. Joseph Hector Abouid, *Presiding Officer*

Andrea Abu-Akel, *Chairlady*

Nasser Soufia, *Vice-Chairman*

Jackie Barakat-Wanna, *Secretary*

Farid Jahjah, *Treasurer*

Muazzi Hatem, *Financial Secretary*

Sdn. Elie Bardawil, *Member*

Zena Bardawil Farah, *Member*

Douglas Ede, *Member*

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Michael Malouf, *Member*

Afram Mirza, *Member*

Hannan Mounayyer, *Member*

Diana Nimer O'Brien, *Member*

Yamil Zacur, *Member*

Tony Zammar, *Member*

## Council ex officio Members:

Lama El Haj, *Sunday School Principal*

Yola Hayek, *Antiochian Women*

Noura Soufia, *Young Adult Fellowship*

Christopher Wanna, *SOYO*

Zena B. Farah, *Order of Saint Ignatius*

Tony Zammar, *Antiochian Men*

## SOYO Advisory Team:

Hannan Mounayyer, *Lead Advisor*

Andrea Abu-Akel

Said Elhaj

Muazzi Hatem

Nisreen Jadon

Sabah Khoury

# DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

## CHANGES IN THE DIVINE LITURGY

## تغييرات في القداس

At the beginning of the Divine Liturgy at 10:30 a.m., please turn to page 92 in the Red Service Book to follow along with the Divine Liturgy. Likewise, please follow along the inserts in this *Weekly Bulletin* for the changes in today's Divine Liturgy (SEE BELOW).

~ During the Little Entrance ~

### Resurrectional Apolytikion (Tone Six)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إِنَّ الْقُوَاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَرِيَمَ وَقَفَتْ عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ، فَسَيِّتَ الْجَحِيمِ وَلَمْ تُجَرَّبْ مِنْهَا، وَصَادَفَتْ الْبَتُولَ مَانِحًا الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.

### The Entrance Hymn (Tone Two)

*O Come, let us worship and fall down before Christ, our King and Our God. Save us, O Son of God, who art risen from the dead; who sing to Thee. Alleluia.*

هَلِّمُوا لِنَسْجُدَ وَنَرْكَعَ لِلْمَسِيحِ، مَلِكِنَا وَإِلَهِنَا. خَلَّصْنَا يَا ابْنَ اللَّهِ، اللَّهُ، يَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، لِنُرْتَّلَ لَكَ. هَلِّلُويَا.

~ After the Little Entrance ~

### Resurrectional Apolytikion (Tone Six)

When Mary stood at Thy grave, looking for Thy sacred body, angelic powers shone above Thy revered tomb; and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world, O Thou, Who art risen from the dead, O Lord, glory to Thee.

إِنَّ الْقُوَّاتِ الْمَلَائِكِيَّةَ ظَهَرُوا عَلَى قَبْرِكَ الْمُوقَّرِ، وَالْحُرَّاسَ صَارُوا كَالْأَمْوَاتِ، وَمَرِيْمَ وَقَفَتْ  
عِنْدَ الْقَبْرِ طَالِبَةً جَسَدَكَ الطَّاهِرَ، فَسَيِّئَتِ الْجَحِيْمَ وَلَمْ تُجَرَّبْ مِنْهَا، وَصَادَفَتْ الْبَتُولَ  
مَانِحًا الْحَيَاةَ. فَيَا مَنْ قَامَ مِنْ بَيْنِ الْأَمْوَاتِ، يَا رَبُّ الْمَجْدُ لَكَ.

### Apolytikion of Saint George (Tone Four)

Since thou art a liberator and deliverer of captives, a help and support of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among Martyrs, the victory-clad George; intercede with Christ God for the salvation of our souls.

بِمَا أَنَّكَ لِلْمَأْسُورِينَ مُحَرَّرٌ وَمُعْتَقٌ، وَلِلْفُقَرَاءِ وَالْمَسَاكِينِ عَاضِدٌ وَنَاصِرٌ وَلِلْمَرْضَى طَبِيبٌ وَشَافٍ  
وَعَنِ الْمُؤْمِنِينَ مُكَافِحٌ وَمُحَارِبٌ أَيُّهَا الْعَظِيمُ فِي الشُّهَدَاءِ جَاورِجِيوسُ اللَّابِسُ الظَّفَرَ تَشْفَعُ إِلَى  
الْمَسِيحِ الْإِلَهِ فِي خَلَاصِ نُفُوسِنَا.

### Kontakion for the Sunday of the Last Judgement (Tone One)

When Thou comest, O God, to earth with glory, and all creatures tremble before Thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at Thy right hand, O righteous Judge.

إِذَا أَتَيْتَ يَا اللَّهُ عَلَى الْأَرْضِ مِمَّجْدٍ، فَتَرْتَعِدُ مِنْكَ الْبَرَايَا بِأَسْرِهَا، وَنَهْرُ النَّارِ يَجْرِي أَمَامَ  
عَرْشِكَ، وَالصُّحُفُ تُفْتَحُ، وَالْخَفَايَا تُشْهَرُ، فَجَنِّبْنِي حِينئِدٍ مِنَ النَّارِ الَّتِي لَا تُطْفَأُ، وَأَهْلِنِي  
لِلْوَقُوفِ عَنِ يَمِينِكَ، أَيُّهَا الدَّيَّانُ الْعَادِلُ.

The Lord is my strength and my song.  
With chastisement has the Lord chastened me!

### The Reading from the First Epistle of St. Paul to the Corinthians. (8:8-9:2)

Brethren, food will not bring us closer to God; for neither if we eat, are we the better, nor if we do not eat, are we the worse. But take heed lest by any means this authority of yours become a stumbling block to those who are weak. For if any one sees you, as someone who has knowledge, reclining at a table in an idol's temple, will not the conscience of the one who is weak be emboldened to eat of the things sacrificed to idols, and through your knowledge the weak brother perishes, for whom Christ died? And thus, sinning against the brethren, and wounding their conscience when it is weak, you sin against Christ. Therefore, if food causes my brother to stumble, I will not eat meat forever, lest I cause my brother to stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are not you my work in the Lord? If to others I am not an apostle, yet at least I am to you; for the seal of my apostleship are you in the Lord.

قُوَّتِي وَتَسْبِيحَتِي الرَّبِّ.

أَدَبًا أَدَّبَنِي الرَّبُّ، وَإِلَى الْمَوْتِ لَمْ يُسَلِّمْنِي

فَصَلِّ مِنْ رِسَالَةِ الْقَدِيسِ بُولُسِ الرَّسُولِ الْأُولَى إِلَى أَهْلِ كورِنْثُوسِ

يَا إِخْوَةَ، إِنَّ الطَّعَامَ لَا يُقَرِّبُنَا إِلَى اللَّهِ، لِأَنَّا إِنِ أَكَلْنَا لَا نَزِيدُ وَإِنْ لَمْ نَأْكُلْ لَا نَنْقُصُ. وَلَكِنْ انظُرُوا أَنْ لَا يَكُونَ سُلْطَانُكُمْ هَذَا مَعْتَرَةً لِلضَّعْفَاءِ. لِأَنَّهُ إِنْ رَأَى أَحَدٌ يَأْكُلُ مِنْ لَحْمِ الْعِلْمِ مَتَّكِنًا فِي بَيْتِ الْأَوْثَانِ، أَفَلَا يَتَقَوَّى ضَمِيرُهُ، وَهُوَ ضَعِيفٌ، عَلَى أَكْلِ ذَبَائِحِ الْأَوْثَانِ. فَيَهْلِكُ بِسَبَبِ عِلْمِكَ الْأَخِ الضَّعِيفِ الَّذِي مَاتَ الْمَسِيحُ لِأَجْلِهِ؟ وَهَكَذَا إِذْ تُخْطِئُونَ إِلَى الْإِخْوَةِ وَتَجْرَحُونَ ضَمَائِرَهُمْ، وَهِيَ ضَعِيفَةٌ، إِنَّمَا تُخْطِئُونَ إِلَى الْمَسِيحِ. فَلِذَلِكَ إِنْ كَانَ الطَّعَامُ يُشَكِّكَ أَخِي، فَلَا أَكُلْ لِحَمَاءٍ إِلَى الْأَبَدِ لئَلَّا أَشَكَّكَ أَخِي. أَلَسْتُ أَنَا رَسُولًا؟ أَلَسْتُ أَنَا حُرًّا؟ أَمَا رَأَيْتُ يَسُوعَ الْمَسِيحَ رَبَّنَا؟ أَلَسْتُمْ أَنْتُمْ عَمَلِي فِي الرَّبِّ؟ وَإِنْ لَمْ أَكُنْ رَسُولًا إِلَى آخَرِينَ، فَإِنِّي رَسُولٌ إِلَيْكُمْ. لِأَنَّ خَاتَمَ رِسَالَتِي هُوَ أَنْتُمْ فِي الرَّبِّ.

# THE GOSPEL

*The reading from the Holy Gospel according to St. Matthew. (25:31-46)*

The Lord said, "When the Son of man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another as a shepherd separates the sheep from the goats, and He will place the sheep at His right hand, but the goats at the left. Then the King will say to those at His right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave Me food, I was thirsty and you gave Me drink, I was a stranger and you welcomed Me, I was naked and you clothed Me, I was sick and you visited Me, I was in prison and you came to Me.' Then the righteous will answer Him, 'Lord, when did we see Thee hungry and feed Thee, or thirsty and give Thee drink? And when did we see Thee a stranger and welcome Thee, or naked and clothe Thee? And when did we see Thee sick or in prison and visit Thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these My brethren, you did it to Me.' Then He will say to those at his left hand, 'Depart from Me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave Me no food, I was thirsty and you gave Me no drink, I was a stranger and you did not welcome Me, naked and you did not clothe Me, sick and in prison and you did not visit Me.' Then they also will answer, 'Lord, when did we see Thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to Thee?' Then He will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to Me.' And they will go away into eternal punishment, but the righteous into eternal life."

فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ الْقَدِيسِ مَتَى الْإِنْجِيلِيِّ الْبَشِيرِ، التَّلْمِيزِ الطَّاهِرِ

قَالَ الرَّبُّ: مَتَى جَاءَ ابْنُ الْبَشَرِ فِي مَجْدِهِ وَجَمِيعُ الْمَلَائِكَةِ الْقَدِيسِينَ مَعَهُ، فَحِينَئِذٍ يَجْلِسُ عَلَى عَرْشِ مَجْدِهِ. وَتُجْمَعُ إِلَيْهِ كُلُّ الْأُمَّمِ، فَيَمَيِّزُ بَعْضَهُمْ مِنْ بَعْضٍ، كَمَا يَمَيِّزُ الرَّاعِي الْخِرَافَ مِنَ الْجِدَاءِ. وَيُقِيمُ الْخِرَافَ عَنْ يَمِينِهِ وَالْجِدَاءَ عَنْ يَسَارِهِ. حِينَئِذٍ يَقُولُ الْمَلِكُ لِلَّذِينَ عَنْ يَمِينِهِ: تَعَالَوْا يَا مُبَارِكِي أَبِي رَثُوا الْمَلِكَ الْمُعَدَّ لَكُمْ مِنْذُ أَنْشَاءِ الْعَالَمِ. لِأَنِّي جُعْتُ فَأَطْعَمْتُمُونِي، وَعَطِشْتُ فَسَقَيْتُمُونِي، وَكُنْتُ غَرِيبًا فَأَوَيْتُمُونِي. وَعُرِيانًا فَكَسَوْتُمُونِي، وَمَرِيضًا فَعَدَّيْتُمُونِي، وَمَحْبُوسًا فَاتَيْتُمُوكُمْ إِلَيَّ. حِينَئِذٍ يُجِيبُهُ الصِّدِّيقُونَ قَائِلِينَ: يَا رَبُّ مَتَى رَأَيْنَاكَ جَائِعًا فَأَطْعَمْنَاكَ، أَوْ عَطِشَانَ فَسَقَيْنَاكَ؟ وَمَتَى رَأَيْنَاكَ غَرِيبًا فَأَوَيْنَاكَ، أَوْ عُرِيانًا فَكَسَوْنَاكَ. وَمَتَى رَأَيْنَاكَ مَرِيضًا أَوْ مَحْبُوسًا فَاتَيْنَا إِلَيْكَ؟ فَيُجِيبُ الْمَلِكُ وَيَقُولُ لَهُمْ: الْحَقُّ أَقُولُ لَكُمْ، مِمَّا أَنْتُمْ فَعَلْتُمْ ذَلِكَ بِأَحَدِ إِخْوَتِي هَؤُلَاءِ الصِّغَارِ فَبِي فَعَلْتُمُوهُ. حِينَئِذٍ يَقُولُ أَيْضًا لِلَّذِينَ عَنْ يَسَارِهِ: اذْهَبُوا عَنِّي يَا مَلَاعِينُ إِلَى النَّارِ الْأَبَدِيَّةِ الْمُعَدَّةِ لِإِبْلِيسَ وَمَلَائِكَتِهِ. لِأَنِّي جُعْتُ فَلَمْ تُطْعِمُونِي، وَعَطِشْتُ فَلَمْ تَسْقُونِي. وَكُنْتُ غَرِيبًا فَلَمْ تُؤْوُونِي، وَعُرِيانًا فَلَمْ تَكْسُونِي، وَمَرِيضًا وَمَحْبُوسًا فَلَمْ تَزُورُونِي. حِينَئِذٍ يُجِيبُونَهُ هُمْ أَيْضًا قَائِلِينَ: يَا رَبُّ، مَتَى رَأَيْنَاكَ جَائِعًا أَوْ عَطِشَانًا أَوْ غَرِيبًا أَوْ عُرِيانًا أَوْ مَرِيضًا أَوْ مَحْبُوسًا وَلَمْ نَخْدَمْكَ؟ حِينَئِذٍ يُجِيبُهُمْ قَائِلًا: الْحَقُّ أَقُولُ لَكُمْ، مِمَّا أَنْتُمْ لَمْ تَفْعَلُوا ذَلِكَ بِأَحَدِ هَؤُلَاءِ الصِّغَارِ، فَبِي لَمْ تَفْعَلُوهُ. فَيَذْهَبُ هَؤُلَاءِ إِلَى الْعَذَابِ الْأَبَدِيِّ، وَالصِّدِّيقُونَ إِلَى الْحَيَاةِ الْأَبَدِيَّةِ.

# THE SYNAXARION



On March 7 in the Holy Orthodox Church, we commemorate the **Hieromartyrs of Cherson: Basil, Ephraim, Eugene, Kapiton, Elpidios, Agathodoros and Aetherios; Venerable Laurence; and Venerable Paul the Simple, disciple of Venerable Anthony the Great.**

Today, we commemorate the Second and impartial Coming of our Lord Jesus Christ.

It is the Sunday of the Last Judgment—known also as Meat Fare Sunday—the lesson of which occurs in today’s Holy Gospel. Jesus illustrates to us God’s ineffable goodness and His great love for mankind. And so lest some who are lazy should loiter and spend the time appropriate to their salvation in the pursuit of sin, and be suddenly overtaken by death, the divine Fathers decree that on this day the remembrance of the Second Appearance of Christ may be celebrated. The intention is to remind them that, as God is good and loving to mankind, He is also a very righteous Judge Who recompenses each according to his deeds. Our Lord teaches us that when we minister to our brother or sister, we really minister to Him. This brings us righteousness and life eternal.

By Thine ineffable love for mankind, O Christ God, make us worthy of Thy devoted voice, number us among Thy righteous ones and have mercy on us. Amen.



TODAY

March 07, 2021

EPISTLE READER

English: Andrea Abu-Akel

Arabic: Yolla Hayek



## HOLY BREAD OFFERING

<p>TODAY March 07</p>	<p>- George and Zakieh Samaan For the good health of their family especially Zakieh's Father Michel Babi</p> <p>- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families</p>
<p>March 14</p>	<p>- George and Widaa Khoury For the good health of their family and in memory of all their beloved departed ones</p> <p>- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families</p>
<p>March 21</p>	<p>- Yamil and Salma Zacur For the good health of Zacur and Zedan families</p> <p>- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families</p>
<p>March 28</p>	<p>- Zena Bardawil Farah In loving memory of Elias and Daisy Bardawil, and William George and Nelly Bardowell</p> <p>- Majed and Miry Barjoud For the good health of the Barjoud and Besalis families</p>
<p>April 04</p>	<p>- <b>OPEN</b></p>

The Holy Bread and Coffee Hour are ministries of the Antiochian Women. Please see the coordinator of these ministries, Mrs. Salma Zacur, to inquire on scheduling and requirements.



## ALTAR VIGIL CANDLE

The Candle remains lit for an entire month on the Holy Altar. There is no fee required to offer the Altar Vigil Candle. The offering is by donation only. Please see schedule below (in order of submission by month).

<b>March</b>	Mouna Dahlan & Family
<b>April</b>	Mouna Dahlan & Family
<b>May</b>	Mouna Dahlan & Family Zena Bardawil Farah in memory of +Emile Farah
<b>June</b>	Mouna Dahlan & Family

## PRAYER LIST

Prayer List of the Living	Prayer List of the +Departed
<p><b>George Sr., Zakieh, Kim, &amp; George Samaan Jr.; Michel Babi; Majed, Miry, Wisam, and Tony Barjoud; Bishoy and Christine Hanna; Tabte Habib; Tony Nahas; Majed Barjoud; Samira Ghawi; Duha Kalleel; The Entire Sayfie Family; George Samaan Sr.; Mouna and Laura Dahlan, Wadih Mabardi, Susan Panayotti Elias, Aregash Gebriel, George and Charme Elias, Virginia Elias, Gwynn Elias, Dr. Richard Elias, Dr. Lewis and Deanna Elias, Julian Kazal, Jean Joseph, Elias Dababneh, Martha Alfonso, Tala Ayyad, Kiwan Khoury; Mary Bikhazi, Najat Zacur, Marwan Farah, Reemah Khouryieh, Yolanda Warwar-Feanny, Salam Al-Issa, Rita Zaidan, Sharon Lynne Ostrowski, &amp; Elsa La Hoz de Merino.</b></p>	<p><b>+Gerald Arida</b>  <b>+Boulos Samaan</b>  <b>+Archdeacon David Nimer</b>  <b>+Samira Abou Rjaily</b>  <b>+Dr. Maurice Bardawil</b>  <b>+Ibrahim Khoury</b>  <b>+Michel Husson</b>  <b>+Michael Dahlan</b>  <b>+Dr. Eugene Sayfie</b>  <b>+Jorge Diab Zacur</b>  <b>+Kareem Zakharia</b></p>



# Cathedral Calendar



<b>Today:</b>	Orthros (Matins)	9:15 a.m.
	Divine Liturgy	10:30 a.m.
	Sunday School (Pre-K to 1 <sup>st</sup> ) via ZOOM	1:30 p.m.
	Sunday School (2 <sup>nd</sup> to 6 <sup>th</sup> ) via ZOOM	1:30 p.m.
	Sunday School (7 <sup>th</sup> to 12 <sup>th</sup> ) via ZOOM	1:30 p.m.
<b>Tues., Mar. 9</b>	Cathedral Council Meeting	6:30 p.m.
	Arabic Classes - Adults (New Students)	7:00 p.m.
<b>Wed., Mar. 10</b>	Sunday School Staff Meeting (Virtual)	8:00 p.m.
<b>Thurs., Mar. 11</b>	Antiochian Women General Meeting (Virtual)	7:00 p.m.
<b>Fri., Mar. 12</b>	Arabic Classes - Teens (Returning Students)	5:00 a.m.
<b>Sat., Mar. 13</b>	Arabic Classes - Adults (Returning Students)	9:00 a.m.
	Arabic Classes - Children (Returning Students)	10:30 a.m.
	Arabic Classes - Teens (New Students)	4:00 p.m.
	Great Vespers	5:00 p.m.

## Save the Date!

Cheesefare Sunday	March 14 <sup>th</sup> , 2021
Beginning of Great Lent (Clean Monday)	March 15 <sup>th</sup> , 2021
Lenten Humanitarian Drive	March 15 <sup>th</sup> - May 2 <sup>nd</sup> , 2021

## GREAT LENT 2021 SCHEDULE OF SERVICES

Monday March 15	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday March 17	Presanctified Liturgy	(القُدُّسات السَّابِق تَقْدِيسُهَا)	6:00 p.m.
Friday March 19	1st Akathist	(صلاة المديح)	6:00 p.m.
Saturday March 20	Great Vespers	(صلاة الغروب)	5:00 p.m.

### SUNDAY OF ORTHODOXY

Monday March 22	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday March 24	Great Vespers for Annunciation	(صلاة الغروب)	6:00 p.m.
Thursday March 25	Feast of the Annunciation	(عيد البشارة)	6:00 p.m.
Friday March 26	2nd Akathist	(صلاة المديح)	6:00 p.m.
Saturday March 27	Great Vespers	(صلاة الغروب)	5:00 p.m.

### SUNDAY OF ST. GREGORY OF PALAMAS

Monday March 29	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday March 31	Presanctified Liturgy	(القُدُّسات السَّابِق تَقْدِيسُهَا)	6:00 p.m.
Friday April 02	3rd Akathist	(صلاة المديح)	6:00 p.m.
Saturday April 03	Great Vespers	(صلاة الغروب)	5:00 p.m.

### SUNDAY OF THE HOLY CROSS

Monday April 05	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday April 07	Presanctified Liturgy	(القُدُّسات السَّابِق تَقْدِيسُهَا)	6:00 p.m.
Friday April 09	4th Akathist	(صلاة المديح)	6:00 p.m.
Saturday April 10	Great Vespers	(صلاة الغروب)	5:00 p.m.

### SUNDAY OF ST. JOHN CLIMACUS

Monday April 12	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday April 14	Presanctified Liturgy	(القُدُّسات السَّابِق تَقْدِيسُهَا)	6:00 p.m.
Friday April 16	Great Akathist	(صلاة المديح الكبير)	6:00 p.m.
Saturday April 17	Great Vespers	(صلاة الغروب)	5:00 p.m.

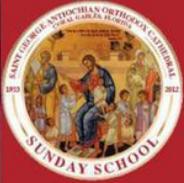
### SUNDAY OF ST. MARY OF EGYPT

Monday April 19	Great Compline Service	(صلاة النَّوم الكُبرى)	6:00 p.m.
Wednesday April 21	Presanctified Liturgy	(القُدُّسات السَّابِق تَقْدِيسُهَا)	6:00 p.m.
Friday April 23	Canon of St. Lazarus	(قانون العازر)	6:00 p.m.
Saturday April 24	Lazarus Saturday	(سَبْت العازر)	10:00 a.m.
	Great Vespers	(صلاة الغروب)	5:00 p.m.

# OUR JOURNEY TO PASCHA! 2021

Created by Fr. Jonathan Bannon (ACROD)

SUNDAYS	THEMES / GOSPEL READING	HOW TO PARTICIPATE:
<b>Meatfare</b> <b>MARCH 7th</b> FAREWELL TO MEAT TODAY	 <b>The Last Judgement</b> Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46	Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.
<b>Cheesefare</b> <b>MARCH 14th</b> FAREWELL TO CHEESE TODAY	 <b>Adam and Eve are cast from Paradise!</b> FORGIVENESS SUNDAY Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21	Ask each other for forgiveness each evening this week before bed.
<b>1st Sunday of Lent</b> <b>MARCH 21st</b>	 <b>SUNDAY of ORTHODOXY</b> Epistle: Hebrews 11:24-26, 32:12:2 Gospel: John 1:43-51	Bring an icon to church for a procession.
<b>2nd Sunday of Lent</b> <b>MARCH 28th</b>	 <b>ST GREGORY PALAMAS</b> Epistle: Hebrews 1:10-2:3 Gospel: Mark 2:1-12	Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.
<b>3rd Sunday of Lent</b> <b>APRIL 4th</b>	 <b>VENERATION OF THE HOLY CROSS</b> HALF WAY TO PASCHA! Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1	Wear your cross to church and kiss the cross each morning with a bow!
<b>4th Sunday of Lent</b> <b>APRIL 11th</b>	 <b>ST JOHN of the LADDER</b> Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31	Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!
<b>5th Sunday of Lent</b> <b>APRIL 18th</b>	 <b>ST MARY of EGYPT</b> Epistle: Hebrews 9:11-14 Gospel: Mark 10:32-45	Ask the Theotokos to offer you and the world pure thoughts and ideas this week.
<b>FLOWERY (PALM) SUNDAY!</b> <b>APRIL 25th</b> GREAT WEEK BEGINS	 <b>ENTRY OF OUR LORD INTO JERUSALEM</b> Epistle: Philippians 4:4-9 Gospel: John 12:1-18	Place your palm branches and pussywillows behind an icon at home and in your car!
<b>GREAT AND HOLY FRIDAY</b> <b>APRIL 30th</b>	 <b>GREAT AND HOLY FRIDAY</b> JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE	Refrain from TV, Internet & Phones to honor Christ's Death.
<b>FEAST OF FEASTS!</b> <b>MAY 2nd</b> NO FASTING!	 <b>HOLY PASCHA! (CHRIST IS RISEN!)</b> Epistle: Acts 1:1-8 Gospel: John 1:1-17	Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!



Saint George Cathedral



**THE SUNDAY SCHOOL AND ANTIOCHIAN WOMEN  
ARE PARTNERING FOR THE ANNUAL**

# **LENTEN HUMANITARIAN DRIVE**

Please donate nonperishable food items to help multiple charities like Feeding South Florida and Pack the Pantry.

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**DROP OFF FOOD ITEMS AT  
SAINT GEORGE CATHEDRAL UNTIL  
GOOD FRIDAY, APRIL 30, 2021.**

320 Palermo Ave Coral Gables, FL | 305.444.6541 |  
SundaySchool@StGMiami.org



**SAINT GEORGE CATHEDRAL  
YOUNG ADULT FELLOWSHIP**

*Spiritual  
Discussion and  
Fellowship*

**FRIDAY, MARCH 19, 2021**

**COLLEGE & UP**

**LOCATION: SAINT GEORGE CATHEDRAL**

**TIME: AFTER MADAYEH SERVICES**

**305-444-6541 | [YAF@STGMIAMI.ORG](mailto:YAF@STGMIAMI.ORG)**

# COVID VACCINATION UPDATES

In an effort to assist our Saint George Community, the Cathedral Council COVID-19 Committee will track and update all Covid Vaccine sites and availability of vaccines as information becomes available. The updates will be posted to our Cathedral Facebook page ([www.Facebook.com/StGMiami](http://www.Facebook.com/StGMiami)). While it is everyone's personal choice as to whether or not one wishes to be vaccinated, it is our hope that all those eligible and who wish to be vaccinated will benefit by these updates. We are thankful to Mrs. Diana O'Brien for her commitment to research and update this information alongside with our Public Relations Committee for working with Diana to keep this information current on Facebook. May God bless and keep all of our Community safe during this pandemic.

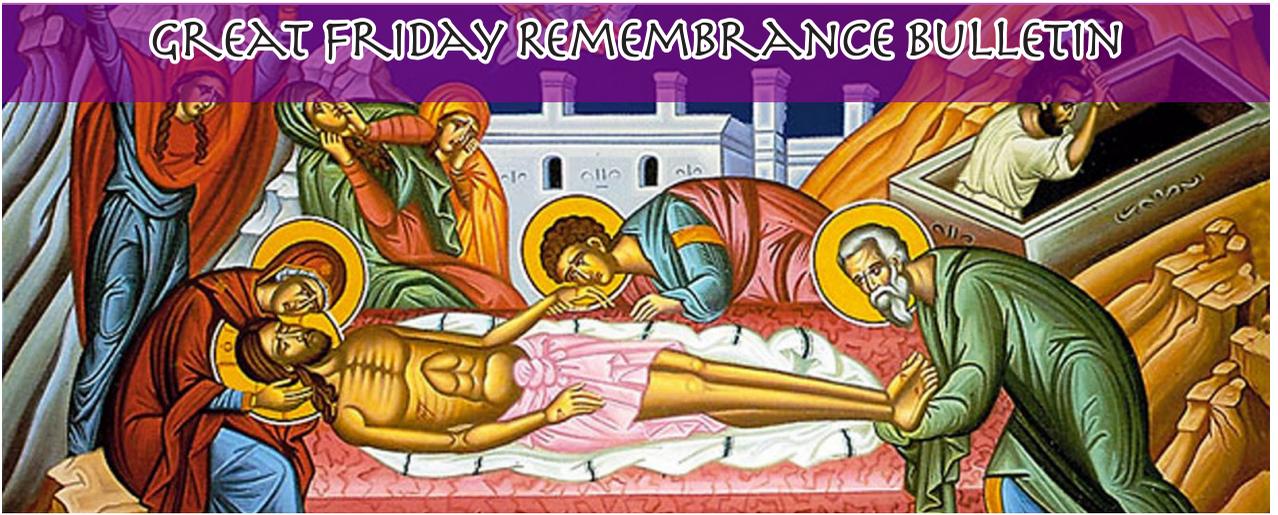
#LOVEYOURNEIGHBORWEARAMASK

# LOVE YOUR NEIGHBOR

**WEAR A FACE MASK  
(Must Cover Nose and Mouth Please!  
Thank You!)**



# GREAT FRIDAY REMEMBRANCE BULLETIN



On Great and Holy Friday, as the Church commemorates the suffering, crucifixion, and burial of the Lord Jesus Christ, the Church anticipates the Resurrection of the Lord and those whom God will raise up – all your loved ones departed this life. On this Great and Holy Friday (celebrated on April 30), the Antiochian Women of the Cathedral will publish the Great Friday Remembrance Bulletin commemorating the names of all your loved ones departed this life and who have fallen asleep in the Lord. To have the names of your departed loved ones who have fallen asleep in the Lord included in the Great Friday Remembrance Bulletin, please complete the information below and return it to the Cathedral Office with your donation no later than Thursday, April 22, 2021.

\*\*\*Your departed loved ones, whose names you include below, will be remembered at the Holy Saturday morning Liturgy on Holy Saturday, May 1, 2021, at 9:00 a.m.\*\*\*

Enclosed is my donation in the amount of \$ \_\_\_\_\_.

Family Name: \_\_\_\_\_

Please print the names of your departed loved ones below as you wish them to appear in the Great Friday Remembrance Bulletin:


Mailing Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

2021 Saint George Cathedral Paschal (Easter) Bake Sale  
 Sponsored by Saint George Cathedral Antiochian Women, Coral Gables, Florida  
 Delicious Middle Eastern Pastries

## ADVANCE ORDER FORM

**ORDERING DEADLINE: Sunday, April 11, 2021**

**PICK-UP DATE: Saturday Night, May 1, 2021 (After Paschal Service Blessing of Baskets)  
 Sunday Afternoon, May 2, 2021 (After Agape Vespers Service)**

Let the Antiochian Women of Saint George Cathedral prepare your Easter Desserts

Items	1 Dozen	Quantity	Total
 Paschal Basket	\$50		
 <u>Mammoul Dates</u> Delectable date stuffed buttery cookie.	\$22		
 <u>Mammoul Nuts</u> Elegant buttery cookie stuffed with sweet walnuts and sprinkled with powdered sugar	\$22		
<b>Total:</b>			

**Ordering Deadline: will be Sunday, April 11, 2021**

**ALL PASTRIES ITEMS FREEZE WELL!**

TO ORDER: Please mail check payable to "St. George Cathedral" with order form to:  
 St. George Cathedral, 320 Palermo Avenue, Coral Gables, FL 33134

Name: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) Email Address: \_\_\_\_\_

# PASCHAL BASKET ITEM DESCRIPTION

On paschal night we bring a wicker basket full of food we abstained from during Great Lent. After the midnight Paschal Liturgy, we all gather together to bless the Paschal baskets and enjoy breaking the fast. We light the candles and the priest offers the special Paschal Blessing to celebrate the Resurrection of Christ! These baskets have been prepared with many of the foods from which we've been fasting during Great Lent. Several foods are traditionally included in the basket: yeast bread, wine, cheese, Sausage, Mamoul Nuts and Dates, Kaak Bihalib and a red eggs. Each item in the basket has symbolic meaning.



Paschal – The Easter Bread, a sweet, yeast bread, rich in eggs and butter. Symbolic of Christ Himself, who is “the Bread of Life.” John 6:35. This bread is usually a round loaf baked with a golden crust and decorated with a cross.



Cheese - Remind us of the Promised Land, re-opened to us by Christ's Resurrection and which “land” we find in the Church, “a land of milk and honey.” Exodus 3:17



Sausage – a spicy, garlic sausage of pork products indicates God's favor and generosity. Smoked and fresh kielbasa are customarily in the basket.



Hard Boiled Eggs – As the chick emerges from the confinement of the shell, so Christ resurrects from the tomb. St. Mary Magdalene appeared to Tiberius Caesar and greeted him with a red egg and the words, “Christ is Risen!” As we crack our hard-boiled eggs on Easter, it is traditional for two people to crack them together. The first says, “Christ is Risen!” and the second replies, “Indeed, He is Risen!”



Cover- These articles are placed in a sizable wicker basket and a light colored or pastel ribbon is tied to the handle. A decorated candle is included in the basket along with the foods and is lighted at the time of the blessing and during the Resurrection meal. A linen covering usually embroidered with the Resurrection of Christ or with symbols or words, «Christ Is Risen!» is placed over the food basket as a protective and decorative cover when it is brought to be blessed.

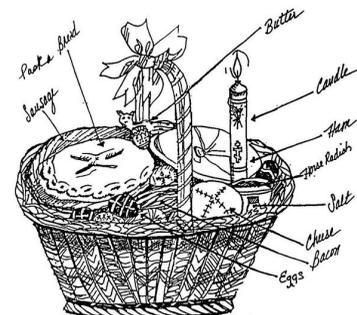


Mamoul Dates- It symbolized the crown of thorn they put on top of Christ's head.

Mamoul Nuts- It symbolized the tomb where Christ was buried and resurrected from.

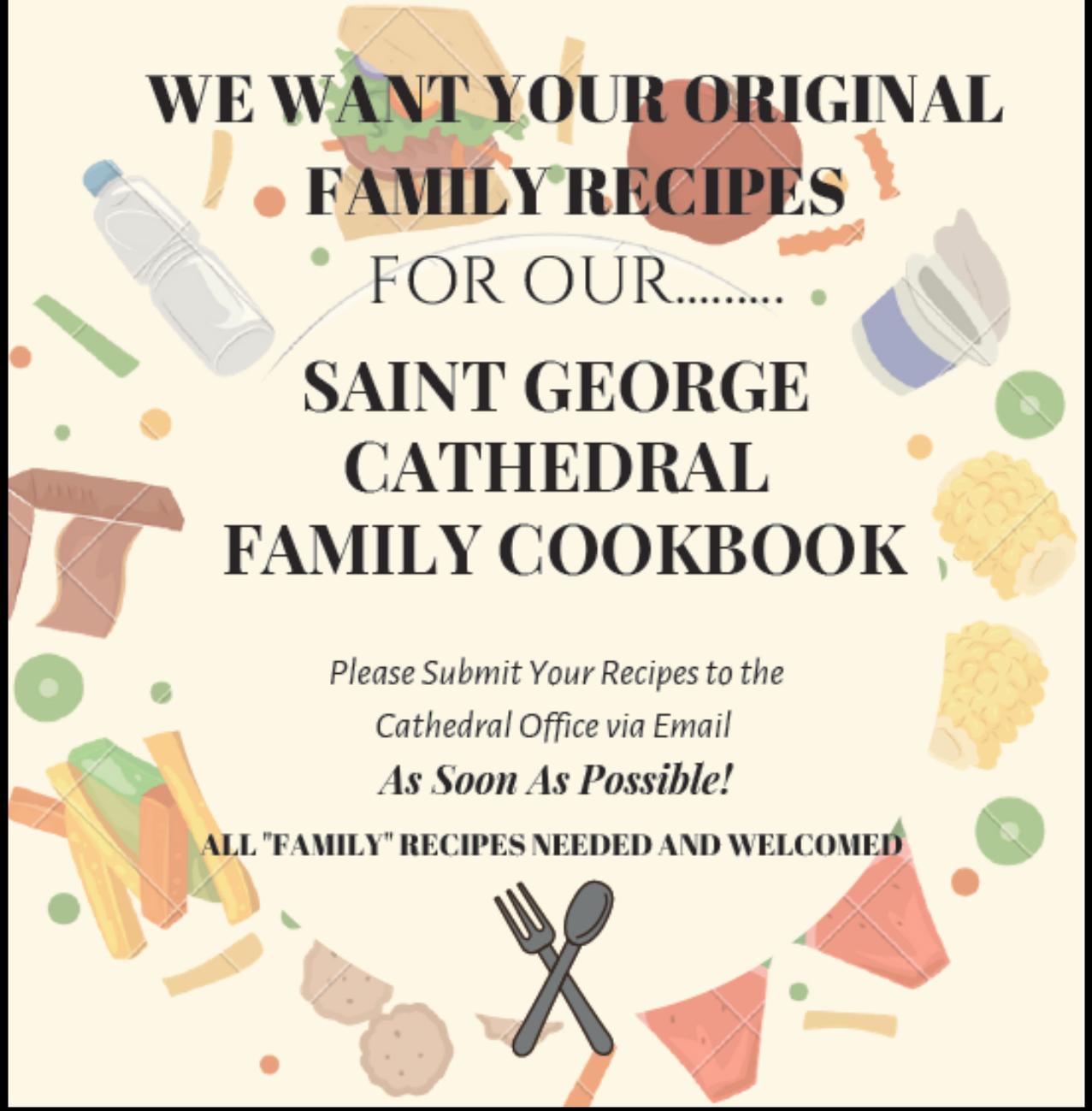


Wine- Represents the blood of Christ.



SAINT GEORGE CATHEDRAL

ANTIOCHIAN WOMEN



**WE WANT YOUR ORIGINAL  
FAMILY RECIPES  
FOR OUR.....  
SAINT GEORGE  
CATHEDRAL  
FAMILY COOKBOOK**

*Please Submit Your Recipes to the  
Cathedral Office via Email  
As Soon As Possible!*

**ALL "FAMILY" RECIPES NEEDED AND WELCOMED**

# RECIPE SUBMISSION FORM

(ONE RECIPE PER PAGE)

For Committee use

Recipe # \_\_\_\_\_

## RECIPE CATEGORIES

- Appetizers, Beverages,  
& Dips
- Soups & Salads
- Breads & Pastries

- Vegetables & Side Dishes
- Main Dishes
- Meats and Fish
- Lenten Dishes

- Desserts
- Lenten Desserts
- Miscellaneous

\_\_\_\_\_  
RECIPE TITLE

\_\_\_\_\_  
SUBMITTED BY

(PRINT EXACTLY AS YOU WANT IT TO APPEAR IN THE BOOK)

**INGREDIENTS** List of abbreviations: C. = cup; tsp. = teaspoon; T. = tablespoon; lb. = pound; oz. = ounces; pkg. = package; pt. = pint; qt. = quart

_____	_____
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**DIRECTIONS** (PLEASE BE VERY CLEAR AND THOROUGH IN YOUR INSTRUCTIONS)

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If necessary, continue on back of sheet. Please circle **OVER**

## Basic Church-life Needs

A very natural and loving manner in which Orthodox Christians can participate in the life of the Church is by simply providing even the most basic items. If we provide our own home with the necessities, how much more should we take care that the House of God is properly supplied? This is not to replace monetary stewardship but rather a beautiful opportunity to keep The House of God, in all aspects of our life, the top priority. Please consider, the next time you are buying for yourself, to also buy for God's house:

ITEMS	APPROXIMATE DONATION VALUE	STATUS
Candles for Lenten Season	\$ 250	OPEN
Sacramental Wine	\$ 350	OPEN
Flowers Week 1 Akathist Icon Theotokos	\$ 65	DONATED
Flowers Week 2 Akathist Icon Theotokos	\$ 65	OPEN
Flowers Week 3 Akathist Icon Theotokos	\$ 65	OPEN
Flowers Week 4 Akathist Icon Theotokos	\$ 65	OPEN
Flowers Week 5 Akathist Icon Theotokos	\$ 65	OPEN
Sunday of the Veneration of The Holy Cross	\$ 70	OPEN
Palm Sunday Palms	\$ 220	DONATED
Olive Oil - Holy Wednesday	\$ 20	OPEN
Wreath Flowers Holy Thursday	Any amount is welcomed	OPEN
Ribbons: Holy Friday/Pascha	\$ 50	OPEN
Bay Leaves Holy Saturday Morning	\$ 95	OPEN
Paschal Lillies	\$ 100	OPEN

To donate towards one or more of these items, please contact Mrs. Yolla Hayek or Fr. Joseph.

**LIVESTREAM**



**With  
His Grace,  
Bishop  
NICHOLAS!**

Every Sunday  
3pm ET/2pm CT



Join the DOMSE Band Channel:

<https://band.us/@domse>



# Saint George Antiochian Orthodox Cathedral

520 Palermo Avenue, Coral Gables, FL 33154

Phone: (305) 444-6541 Fax: (305) 445-6530

Email: [Office@StGMtiam.org](mailto:Office@StGMtiam.org) Website: [www.StGMtiam.org](http://www.StGMtiam.org)



## 2021 Stewardship Commitment Form

*"So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver." (II Corinthians 9:7)*

**Step 1: Family Name:** \_\_\_\_\_

**Step 2: If any changes, please use Membership Information Form to update all personal information.**

Membership Information Form located at the church front entrance / or ask for a Stewardship Committee member

**Step 3: Know your Membership Number:** \_\_\_\_\_

**Step 4: Be a Steward! – Share your Time and Talent by volunteering for a ministry! (Visit Website)**

**Step 5: Be a Steward! – Share your Treasure by making your Stewardship Commitment TODAY!**

Please consider "prayerfully and sincerely" about your 2021 Stewardship Commitment.

In gratitude for God's blessings, I/we offer the following 2021 'WEEKLY' Stewardship Commitment (Please Select):

\$20/Week       \$30/Week       \$50/Week       \$100/Week       Other \$\_\_\_\_\_/Week  
(\$1,040 Annually)    (\$1,560 Annually)    (\$2,600 Annually)    (\$5,200 Annually)    (\$\_\_\_\_\_ Annually)

**Step 6: Please complete Payment Information below**

**Payment Options:** (please select option A, B, or C)

**(A)** -  Credit Card (please complete the following credit card information)

VISA     MasterCard     Discover     Amex

**Name on Credit Card** (Please Print): \_\_\_\_\_

**Credit card number:** \_\_\_\_\_ **Expiration Date:** \_\_\_\_/\_\_\_\_

**CSC code** (back of card): \_\_\_\_\_ **Zip Code of billing address:** \_\_\_\_\_

**Email address of credit card holder** (used to send credit card receipt): \_\_\_\_\_

**Authorization:** By completing and signing this Credit Card Authorization form, I authorize Saint George Cathedral to charge my Credit Card the amount stated below for my 2021 Stewardship Pledge unless I provide a written cancellation.

**Please select:**

\$\_\_\_\_\_ weekly (on the day you enroll to Tithely)  
 \$\_\_\_\_\_ monthly (on the day you enroll to Tithely)  
 \$\_\_\_\_\_ one-time amount

**Credit Card Authorization Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**(B)** -  Check/Cash (check is safer and better for your records and the Church records)

**(C)** -  One-time check enclosed

**Step 7: Please sign below**

By signing this form, I commit myself / family as a Steward of Saint George Cathedral.

**Signature:** \_\_\_\_\_ **Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**Saint George Antiochian Orthodox Cathedral, Coral Gables, FL**  
**57 Stewardship Commitments received as of March 02, 2021**  
**Thank you for your generous support and growing the Saint George Cathedral Family!!!**

Fr. Joseph and Khouriah Carol Aboud	Ms. Jamal Habib	Mr. Roger Nimer
Mr. & Mrs. Atalla and Andrea Abu-Akel	Mr. & Mrs. John and Lisa Haddy	Mr. & Mrs. Charles & Diana O'Brien
Mr. & Mrs. Emil and Lillian Asha	Mrs. Amal Hakim	Mr. & Mrs. Richard and Karen Razook
Mr. & Mrs. Elie and Mela Attie	Mr. & Mrs. Muazzi and Michelle Hatem	Ms. Jannet Salman
Mr. & Mrs. Marcos Aguiar and Jennifer Bandi	Mr. & Mrs. Mikhael and Yolla Hayek	Mrs. Judith Sayfife
Mrs. Jacqueline Barakat-Wanna and Family	Dr. & Mrs. Donald and Marti Howard	Mr. Justin Sayfife
Sdn. & Mrs. Elie and Theresa Bardawil	Mrs. Shirley Husson	Mr. & Mrs. Wayne and Tara Elias Schuchts
Ms. Rima Bardawil	Mr. Bassem Jaddon	Mr. & Mrs. Oscar and Carol Seikaly
Mr. & Mrs. Russell and Helene Bassett	Mr. Farid Jahjah	Mrs. Marie Shaleesh
Mrs. Mouna Dahlan	Drs. Hani and Ferial Jumean	Mr. & Mrs. Souheil and Jacqueline Skaf
Mr. Abdallah Daiha	Mr. & Mrs. George & Widaa Khoury	Mr. Michael Snavely
Mr. Douglas Ede	Mr. George Mayer Khoury	Ms. Gianna Marie Soufia
Mr. and Mrs. Elias and Ernestine Ede	Mr. & Mrs. Vladimir and Carmen Kostik	Mr. & Mrs. Nasser and Tania Soufia
Dr. & Mrs. Richard and Susan Elias	Mr. & Mrs. Michael and Tatiana Malouf	Ms. Noura Soufia
Mr. & Mrs. Said and Lama El-Hajj	Mr. Afram Mirza	Mrs. Amleset Tekle
Mrs. Salam Ekeni	Mr. & Mrs. Salem and Hannan Mounayyer	Mr. & Mrs. Yousef and Reem Yazji
Mr. Wajdy Fahel	Mr. Sammy Mounayyer	Mr. & Mrs. Yamil and Salma Zacur
Mrs. Zena Bardawil-Farah	Mr. & Mrs. Michel and Mary Nasr	Mr. & Mrs. Antoine and Vivian Zammam
Mr. & Mrs. George and Tabte Habib	Mr. & Mrs. Antoine and Hiam Nahas	Mr. & Mrs. Michael and Edilia Zammam

If you have not already done so, please complete and submit a 2021 Stewardship Form- keeping our records accurate is important to us.  
 Any errors above, please contact the Church Office.

# Food for Hungry People 2021

## 47<sup>th</sup> Anniversary

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>MARCH 15</p> <p>How many clocks do you have in your home? Deposit .25 for each in your Food for Hungry People Box because "time" is running out for those who are starving.</p>	<p>16</p> <p>"Put a little love in your heart," get FFHP off to a good start. Put in a dime for all the "loves" in your life.</p>	<p>17</p> <p>Count the number of Bibles in your home and deposit .50 for each, because Jesus said, "I was hungry and you gave me food."</p>	<p>18</p> <p>Count the number of soda cans or water bottles in your home. Put in .15 each, because Jesus said, "I was thirsty and you gave me drink."</p>	<p>19</p> <p>How many tablets do you own? Deposit .25 each. Tablets can be a means of communication. Let's communicate our love for the hungry.</p>	<p>20</p> <p>Count the number of steps (inside and outside) of your home. Pay .10 for each step. Help the hungry "step" into a new future.</p>
<p>21</p> <p>How many mirrors are in your home? Pay .15 for each. Let your "mirror" reflect the image of one who cares.</p>	<p>22</p> <p>Count the locks in your home. Pay .20 for each lock. Let's "unlock" the door that gives hope to the hungry.</p>	<p>23</p> <p>How many rings do you have? Deposit .15 per ring. This will help us b"ring" food to the hungry!</p>	<p>24</p> <p>How many eggs are in your refrigerator? Pay .15 for each. Hungry people have to "scramble" for their food.</p>	<p>25</p> <p>How many doors does your home have? Pay .20 for each. Help open a "door" to a better future for the world's hungry.</p>	<p>26</p> <p>Have everyone in the family deposit all the loose change they have in their pockets or purses. It makes "cents" to help the hungry</p>	<p>27</p> <p>How many electrical outlets are in your kitchen and living room? Pay .15 each. You'll get a "charge" out of feeding the hungry.</p>
<p>28</p> <p>"Button up your overcoat" - so simple to do. They are not only hungry but very cold too. Deposit .50 for each coat in your home.</p>	<p>29</p> <p>For every cellphone in your home, pay .30. It is "long distance" to hungry areas in most parts of the world. Let's make it a toll free number.</p>	<p>30</p> <p>How many extension cords do you have in your home? Pay .25 for each. Let's "extend" a helping hand to those who need it.</p>	<p>31</p> <p>For each pie or cake in your home, deposit .40. We should never "dessert" the hungry.</p>	<p>April 1</p> <p>How many Apple products do you own? For every one deposit .35. Let's never "tune out" the hungry.</p>	<p>2</p> <p>For every salt and pepper shaker, pay .25. Let's all "sprinkle" their lives with a little seasoning.</p>	<p>3</p> <p>For every TV show that was watched today pay .35. TV helps us see around the world, this money will help us feed the hungry around the world.</p>
<p>4</p> <p>How many computers do you own? Pay .30 for each. Let's take a "byte" out of hunger!</p>	<p>5</p> <p>How many pictures do you have on your walls? Just "picture" yourself without food &amp; deposit .15 for each picture.</p>	<p>6</p> <p>Pay .30 for each pair of contacts or eyeglasses you have. This will help us "see" clearly the need of caring for the hungry.</p>	<p>7</p> <p>Do you have musical instruments in your home? Pay .75 for each. This is a "key" to sharing and caring.</p>	<p>8</p> <p>How many phone chargers can you find in your home? Pay .25 for each. You'll get a "charge" out of helping the hungry.</p>	<p>9</p> <p>Count your tea or coffee cups and deposit .10 each. Our "cup" runneth over, so let's fill theirs.</p>	<p>10</p> <p>"I've got my love to keep me warm," that's true, but the hungry have only you. Pay .15 for each blanket in your home.</p>

11 How many cars are in your family? You can't "Dodge" the hungry, but you can af"Ford" to pay .50 for each car.	12 "Day by day," from dawn till night, Hunger knows no hour - nor if it's day or night. Pay .20 for each lamp in your home.	13 How many cameras do you have? Pay .30 for each. This will help us make all "negatives" positives.	14 Pick up all the loose change laying around the house. Put it in your FFHP Box. This will help make a "change" in the world!	15 Count the scissors you have in your home and pay .25 for each pair. Let's "cut-out" the hunger in hunger-y!	16 How many members are in your family? Pay .20 for each. The hungry have families to feed also; let's make this a real "family affair!"	17 How many towels are in your home? If you pay .05 for each towel, this may help us "wipe out" hunger for all people.
18 "Hey Big Spender" drop a coin in the slot - give unto others what they haven't got! Put in a coin or bill of your choice.	19 How many heads of lettuce are in your refrigerator? Pay .30 for each. "Lettuce" show the hungry that we care.	20 Count the cans in your cupboard. Pay .05 for each. Don't let their cupboards be like "Old Mother Hubbard's!"	21 How many friends do you have on Facebook? Pay .05 for each friend. Let's be-"friend" those in need.	22 How many sweaters do you have? Pay .10 for each. Sweaters keep you warm. This is one time they won't mind if we "pull the wool over their eyes."	23 How many chairs are in your home? Pay .15 per chair. We can't just "sit" around when so many people are hungry.	24 How many cookbooks do you own? Pay .20 for each. We will be able to "cook up" a better recipe for the hungry to live by.
25 How many eggs are you going to color for Pascha? Pay .05 for each. Let's help "color" their world with love!	26 "Brother can you spare a dime?" or maybe two? The FFHP program really depends on you. Put your dimes in the box.	27 How many songs are on your playlist? Pay .05 for each song. Let's make this a "record- breaking" year for FFHP!!!	28 How many songs have you listened to today? Pay .15 for each. Let's stay "in tune" with the hungry.	29 How many crosses do you have? Pay .15 each. Crosses remind us of Christ's suffering, let's not make the hungry suffer anymore.	30 "A dream is a wish your heart makes," and our dream is for hunger to stop. For the wish that we are wishing, is for FFHP program to go over the top!	May 1 We pray you have been generous in your almsgiving. "For inasmuch as you have done it unto the least of these my brethren, you have done it unto ME!"

2  
**PASCHA**

**Christ  
Is  
Risen!**



**FOOD  
FOR  
HUNGRY  
PEOPLE**

Don't forget to pick up your *Food For Hungry People Coin Box!* Please remember to return the Coin Boxes filled during Holy Week.

"He who is kind to the poor lends to the Lord, and he will reward him for what he has done." Proverbs 19:17



## Contact Information



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